



Juneau Parks & Recreation Youth Sports COVID-19 Mitigation Protocol for Juneau School District/Community Schools Facilities

April 5, 2022

Mitigation Plan Overview

This mitigation plan is intended to provide guidance to protect the health and safety of our staff, coaches and our participants when using Juneau School District (JSD) facilities during the 2021-22 school calendar year for Parks & Recreation programs and activities.

This plan may be suspended or adjusted any time based on the level of community transmission defined by the guidelines and protocols set forth by the CBJ Assembly and/or State Mandates.

Players/Participants

Parks & Recreation will require a COVID-19 Assumption of Risk and Waiver of Liability agreement to be signed during the registration of players and any other activities administered by Parks & Recreation prior to start of league play. Participants must agree to not participate in any activity if they:

- Have tested positive for COVID-19 within the past 14 days.
- Have had symptoms consistent with COVID-19 within the last 72 hours, such as:
 - Fever or chills
 - Cough
 - Shortness of breath or difficulty breathing
 - Fatigue
 - Muscle or body aches
 - Headache
 - New loss of taste or smell
 - Sore throat
 - Congestion or runny nose
 - Nausea or vomiting
 - Diarrhea

**This list does not include all possible symptoms. Find CDC's list [here](#).*

Participants must agree to inform Parks & Recreation staff within 24 hours if they test positive for COVID-19 after participating in a league game, practice or activity. Parks & Recreation will notify other participants that a fellow participant has become sick so they can monitor for symptoms and practice recommended social distancing measures.

General Public Health & Social Distancing Guidelines

- **As of April 4th, 2022, a face mask or face covering is not required in school gyms or while participating in P&R activities. You may choose to wear one**
- **Community Schools gym capacity limit is 50 people. This includes players and coaches. 1 spectator per family will be allowed in the gym.**

- Handshakes, high-fives, congratulatory hugs, etc. are not permitted.
- Players will maintain 6 feet distance apart unless play brings them close to each other.
- Players will remain spread out prior to the start and at the conclusion of each match and will refrain from gathering in groups with other players outside of their team.
- Coaches/team managers will enforce social distancing requirements.
- Bathrooms will be available in the gym/facility where soap will be made available.
- Bathrooms will be cleaned/sanitized by JSD staff daily.
- Stay at home if you or any household members feel sick or exhibit any COVID-19 symptoms.

Player & Staff Hygiene Protocols

- Wash hands or use hand sanitizer before and after league matches.
- Avoid touching eyes, nose and mouth. Always cover mouth and nose with a tissue when coughing/sneezing or use the inside of elbow.
- There will be no sharing of food or beverages.
- If teams have after game snacks, players will not eat them in gym or in the commons areas of schools.
- Players will be required to supply their own water/hydration products.
- Players are required to bring their own face masks/coverings.
- Parks & Recreation will provide sanitizer, disinfectant wipes and extra masks for players, coaches and managers.
- Home team will sanitize game balls and back-up balls prior to each game.

League Format/Game Play

- Game start times may be adjusted to allow for longer periods between games and/or stagger player arrivals/departures.
- Participation limits will be based on current state and local health orders regarding group- gathering size.
- League divisions might be changed, combined or eliminated based on current public health guidance and mitigation requirements.
- Leagues may be cancelled or postponed at any time based on public health orders.

Covid-19 Exposure protocol

- If a person who has been vaccinated within the last six months or has also completed the series and been boosted is a close contact and exposed to Covid-19, they do not need to isolate. The participant should continue to wear a mask and watch for symptoms. If symptoms develop, they should seek a PCR test. The participant may attend practices and games.
- An unvaccinated person, who has been exposed or is a close contact, must isolate 5 days and test on the 6th day. If the participant is negative, they may return to games and practices. If they develop symptoms, please seek a PCR test and stay home.

Travel protocol

- Regardless of vaccination status, players, coaches and spectators must test negative after travel before attending a game or practice.

These guidelines and protocols will be modified as CBJ and/or State Mandates are updated. Thank you for being mindful of your safety and the safety of others in adhering to Parks & Recreation's Adult and Youth Sports mitigation plan.