

Non-Fiction

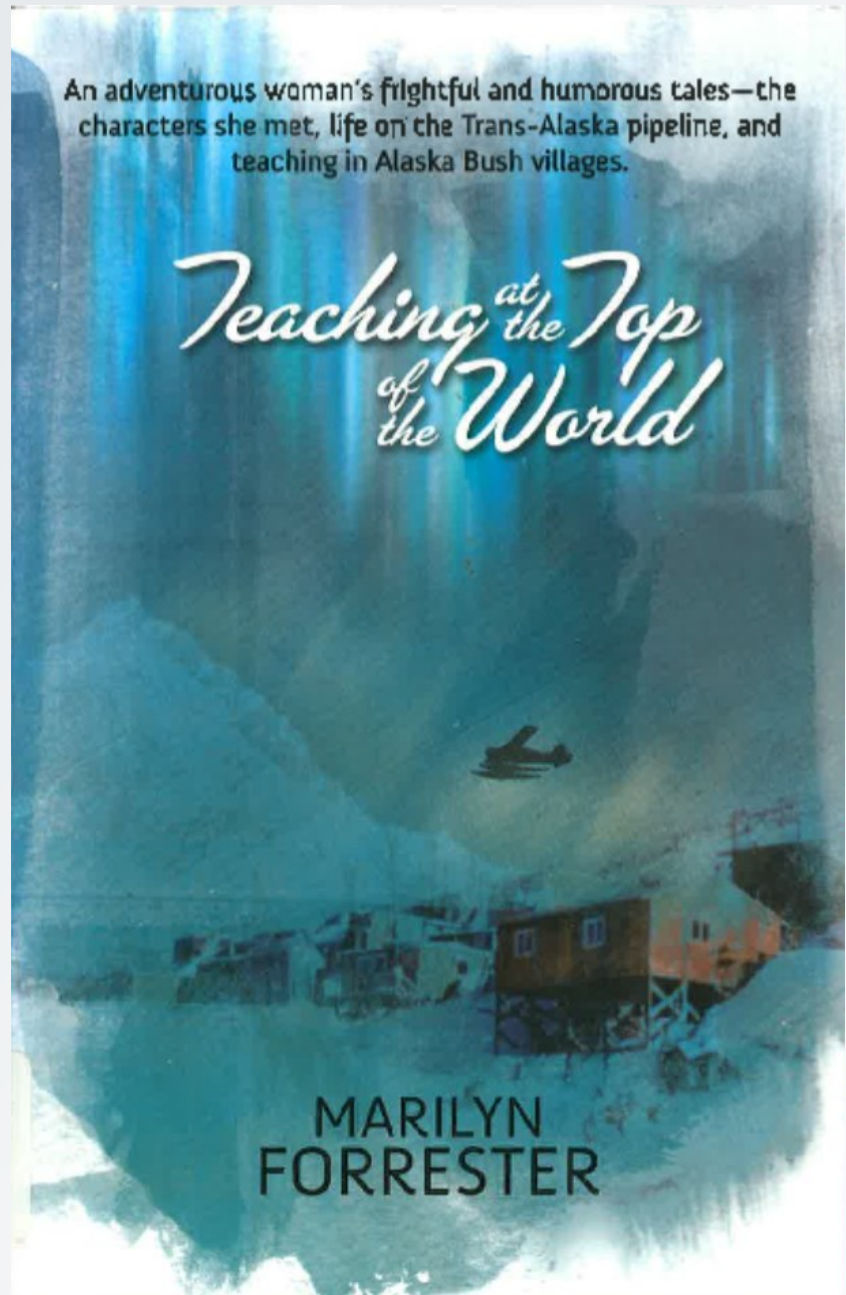
On the Alaska Mail Services Shelves

Winter/Spring 2017

Juneau Public Libraries

292 Marine Way
Juneau, AK 99801

“An adventurous woman's
frightful and humorous tales -
the characters she met, life on
the Trans-Alaska pipeline, and
teaching in Alaska Bush
villages.”



Phone: 907-586-5379
Fax: 907-586-5383

Email: mailsvcs@juneau.org
Website: www.juneau.org/library

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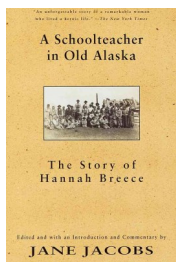
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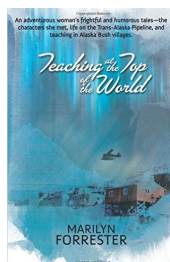
Odds & Ends..... 22-23

Non-Fiction Alaskana



A Schoolteacher in Old Alaska by Jane Jacobs

Over fifty years ago Hannah Breece bestowed upon her great niece, Jane Jacobs, her manuscript, roughly culled together from diaries and letters from when she was a school teacher in Alaska and the Yukon. In the summer of 1994, Ms. Jacobs traveled to Alaska to do the research necessary to complete her great aunt's book.



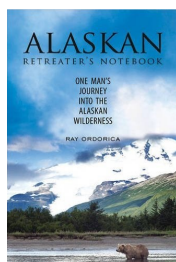
Teaching at the Top of the World by Marilyn Forrester

An adventurous woman's frightful and humorous tales - the characters she met, life on the Trans-Alaska pipeline, and teaching in Alaska Bush villages.



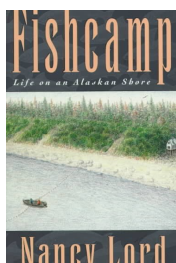
Dog Man by Martin Buser

Join mushing legend Martin Buser as he reveals his life's journey and takes the reader with him on the adventures, misadventures, and lessons learned from his devoted relationship with his canine friends.



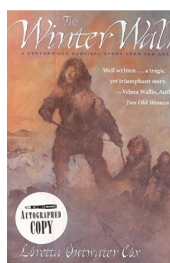
The Alaskan Retreater's Notebook by Ray Ordorica

In the fall of 1978 Ray Ordorica packed everything he thought he would need into his Toyota LandCruiser and drove north to Alaska. He came to a land he had never seen, to find something he wasn't even sure existed: a wilderness cabin he could use for a year or more to live, think, relax, read, and write. Ordorica's life in that cabin fulfilled a dream he had had for more than ten years.



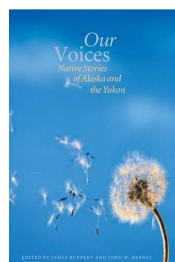
Fishcamp : Life on an Alaskan Shore by Nancy Lord

Nancy Lord celebrates a great good place-Cook Inlet, Alaska, where she and her partner have made a life together for more than twenty years.. With poetic cadence and magical tone, Lord writes of her life from June to August, days filled with the mending of nets, the muscle-wrenching labor of the catch, the exquisite pleasure of an improvised hot-tub, and the often subtle beauty of the inlet's flora and fauna.



The Winter Walk by Loretta Outwater Cox

Cox, an Inupiat Eskimo woman, tells the true story of her great-grandmother's desperate bid for survival after her husband died, leaving her stranded far from their village with two young children and a baby on the way.

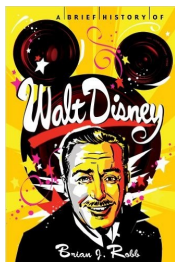


Our Voices edited by James Ruppert

20 storytellers representing Athabaskan and related languages of Alaska and the Yukon recount tales of ancient times that describe the origins of social institutions and cultural values, as well as meaningful and intimate stories about their own lives and families or the history of their people.

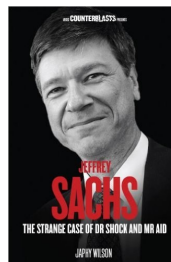
Non-Fiction

Biography & Memoir



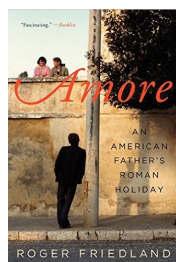
A Brief History of Walt Disney by Brian Robb

Animator, innovator, and business magnate, Walt Disney undeniably had a huge impact on American culture. Here Robb presents both an illuminating account of Disney's own significant artistic creations and an insightful history of the entertainment behemoth he created.



Jeffrey Sachs by Japhy Wilson

Sachs is one of the most prominent intellectuals in the Western world, shaping mainstream economic theory, advising governments on development policy, and appearing as a talking head in major media outlets. This is an account of how he rebranded himself as an evangelical development expert and savior of the Third World.



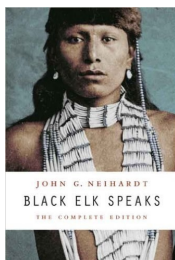
Amore: An American Father's Roman Holiday by Roger Friedland

Part memoir, part cultural exploration, Amore follows an American father as he and his teenage daughters journey into the heart of Rome, into the way Romans love and what they have to teach about its erosion in America.



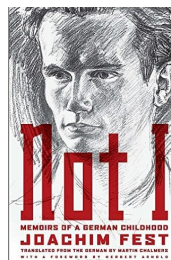
My Story by Elizabeth A Smart

The daughter of a close-knit Mormon family, who was abducted, held captive, and repeatedly raped, recounts the constant fear she endured, her determination to maintain hope, her escape, and her transformation from victim to advocate.



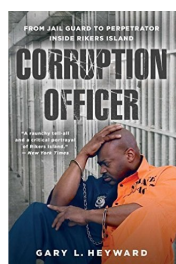
Black Elk Speaks by Black Elk

The story of the Oglala Lakota visionary and healer and his people during momentous twilight years of the nineteenth century. Whether appreciated as the poignant tale of a Lakota life, a history of a Native nation, or an enduring spiritual testament, the book is unforgettable.



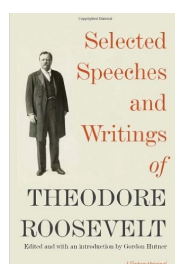
Not I: Memoirs of a German Childhood by Joachim Fest

The historian shares the story of his childhood and youth during which he experienced World War II in a German household opposed to the Nazis and was forced to come to terms with his father's strong political convictions.



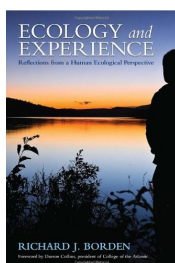
Corruption Officer by Gary Heyward

In this shocking memoir from a former corrections officer, Gary Heyward shares an eye-opening, gritty, and devastating account of his descent into criminal life, smuggling contraband inside the infamous Rikers Island jails.



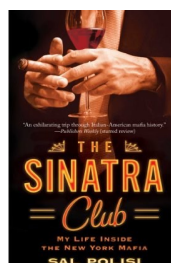
Selected Speeches and Writings of Theodore Roosevelt

A collection of the twenty-sixth president's writings reflects his views on topics ranging from public policy and immigration to international politics and the environment in the United States.



Ecology and Experience by Richard Borden

A philosophical and narrative memoir, this is a thoughtful, engaging recounting of the author's life entwined in an overview of the intellectual and institutional history of human ecology—a story of life wrapped in a life story.

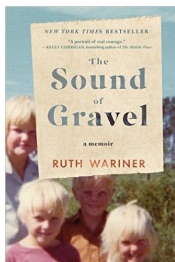


The Sinatra Club by Salvatore Polisi

Polisi was raised as a member of the Colombos, one of the New York Mob's feared Five Families, and came of age when the Mafia was at the height of its power. Here, he paints a picture of the inner workings of an extensive and secret underworld that, thanks to guys like him, no longer exists.

Non-Fiction

Biography & Memoir



The Sound of Gravel by Ruth Wariner

Recounted from the innocent and hopeful perspective of a child, *The Sound of Gravel* is the remarkable memoir of one girl's fight for peace and love. This is an intimate, gripping tale of triumph, courage, and resilience.



Young, Brave and Beautiful by Tania Szabó

SOE agent Violette Szabo was the daughter of an English father and French mother, and widow of a French army officer killed in action in North Africa in 1942. On her second mission she was captured by the Germans, interrogated and tortured, and deported to Germany, where she was eventually executed at Ravensbrück concentration camp. The bare bones of her story say nothing of the sabotage, gun battles, betrayal.

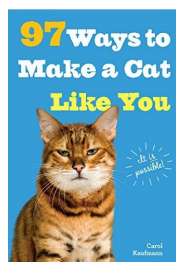


The Sun & The Moon & The Rolling Stones by Rich Cohen

A panoramic narrative history that will give readers a new understanding of the Rolling Stones, viewed through the impassioned and opinionated lens of the *Vanity Fair* contributor—and co-creator of HBO's *Vinyl*—who was along for the ride as a young reporter on the road with the band in the 1990s

Non-Fiction

Cats & Dogs



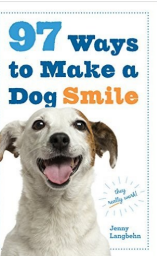
97 Ways to Make a Cat Like You by Carol Kaufmann

Here is the perfect interactive guide to these mysterious, fickle, seemingly aloof—yet really, just particular—pets. Paired with a full-color photograph of friendly, extroverted, happy cats (in case you've forgotten what a cat looks like when he "likes" you), the 97 inspired, occasionally silly but always behaviorally-based tips and tricks prove that when a cat is treated right, he or she will respond in kind. Within reason.



Bread and a Dog by Kuwahara Natsuko

Curiosity. Longing. Hunger. *Bread and a Dog* is a quirky photographic journey into the psychic trauma of living with a professional food stylist... as a dog. Japanese food stylist Kuwahara Natsuko photographs her breakfast, laid out every morning, in beautifully arranged aerial tableaux with an unexpected twist, her omnipresent, exceptionally well-trained dog.



97 Ways to Make a Dog Smile by Jenny Langbehn

Developed by Jenny Langbehn, a veterinary nurse who has a gift for making dogs happy, here are 97 foolproof methods and tricks for putting any dog into a state of pure pleasure. Enhancing each entry is an adorable, full-color photograph of the guaranteed result—a smiling dog.

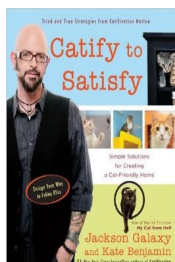


Cat High the Yearbook by Terry Gruber

This hilarious parody yearbook explores the ups and downs of a year in the life of the senior class cats at Paw Paw High School.

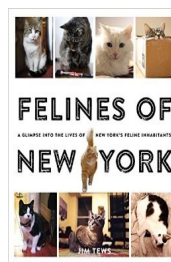
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Cats & Dogs



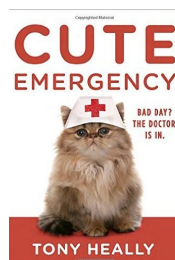
Catify to Satisfy: Simple Solutions for Creating a Cat-Friendly Home by Jackson Galaxy

In this book, Jackson Galaxy, star of Animal Planet's hit show My Cat from Hell, and Kate Benjamin, cat design wizard, show cat guardians everywhere how to use home design tricks to address everyday cat care issues. Featuring the amazing projects cat guardians from around the world have shared with Jackson and Kate this book is the ultimate guide to creating a happy home for cat guardian and cat alike.



Felines of New York by Jim Tews

Featuring more than 100 photos and quotes from cats in America's most glamorous city, Felines of New York exposes the furry underbelly of New York City's most glamorous, self-important residents.



Cute Emergency by Tony Heally

If the thought of animals in adorable situations makes you feel just a little bit happier, then Cute Emergency is the book for you. Based on the popular Twitter feed, it is the antidote to all of life's little annoyances. Not even the coldest curmudgeon could stay frazzled when faced with the heart-melting animals and witty captions contained in these pages.

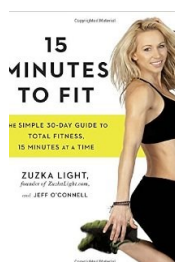


Idiot's Guides: Dog Tricks by Debra Eldredge

Idiot's Guides: Dog Tricks demonstrates more than 80 popular tricks with detailed, step-by-step instructions and eye-catching full-color photographs. The book provides helpful information on using positive training, rewards, cues, and body language to facilitate training.

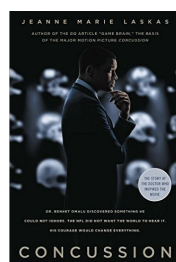
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Health & Fitness



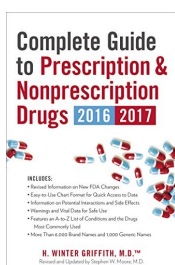
15 Minutes to Fit by Zuzka Light

YouTube workout video star Zuzka Light presents her long-awaited debut fitness book, with a 30-day fitness regime of powerful, effective 15-minute workouts.



Concussion by Jeanne Marie Laskas

Concussion is the riveting, unlikely story of Dr. Bennet Omalu, the pathologist who made one of the most significant medical discoveries of the twenty-first century, a discovery that challenges the existence of America's favorite sport and puts Omalu in the crosshairs of football's most powerful corporation: the NFL.



Complete Guide to Prescription & Nonprescription Drugs '16-'17 by H Winter Griffith

The classic guide to all major prescription and nonprescription drugs, featuring revised, up-to-date FDA information and an A-Z list of illnesses for easy reference. Includes coverage of dosage and length of time before a drug takes effect; side effects; special precautions; interactions with other food and drugs; standards for use by different age groups; and more.

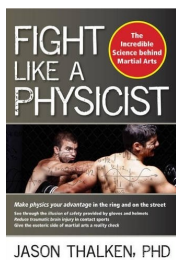


Core Fitness Solution by Michael de Medeiros

The promise of building a six-pack is found in many places--Results, however, are not. With Core Fitness Solution, those results are finally attainable. With more than 5,000 customizable solutions in this book, you pick the exercises. You decide the workout, the location, the duration and the intensity.

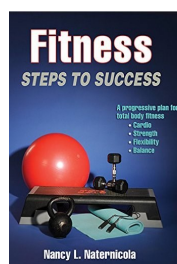
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Health & Fitness



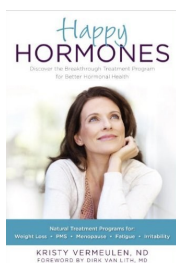
Fight Like a Physicist by Jason Thalken

Fight Like a Physicist provides an in-depth, sometimes whimsical look into the physics behind martial arts for sport and self-defense. Whether you are an experienced martial artist or a curious enthusiast, this book can give you an "unfair advantage" by unraveling the complex science of effective fighting techniques and examining the core principles that make them work.



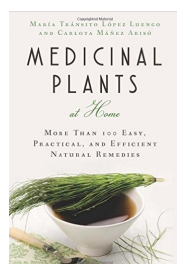
Fitness Steps to Success by Nancy Naternicola

Packed with group and home exercises, recreational activities, yoga, balance work, core work and nutrition essentials, *Fitness: Steps to Success* provides a variety of options to create perfect, individual fitness programs.



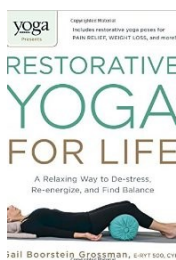
Happy Hormones by Kristy Vermeulen

Discover the breakthrough treatment program for better hormonal health: natural treatment programs for weight loss, PMS, menopause, fatigue, and irritability.



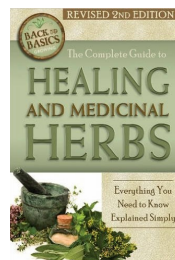
Medicinal Plants at Home by Maria Transito Lopez

In *Medicinal Plants at Home*, you will find a selection of plants from which you can create natural remedies for every occasion. Learn how to grow and use these medicinal plants, and discover what they can do to boost your family's health. More than one hundred types of natural plants are presented in this book, grouped by the conditions that they most effectively treat.



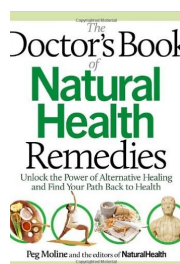
Restorative Yoga for Life by Gail Boorstein Grossman

Restorative Yoga for Life teaches you how to practice restorative yoga--a form of yoga that focuses on physical and mental relaxation through poses aided by props. It's a gentle yet empowering style that helps you de-stress and re-energize.



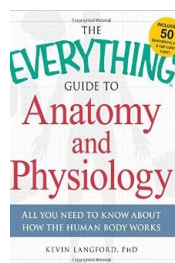
The Complete Guide to Healing and Medicinal Herbs by Wendy Vincent

You will learn all the basics of healing herbs, starting with a breakdown of the healing herbs known to be easily cultivated in temperate climates. Matching the right herbs to your region, you will then be able to start learning about how herbs grow, what they need from the soil, water, and weather. Learn how you can make a number of common treatments for various ailments with your herbs and how you can benefit best from your new garden.



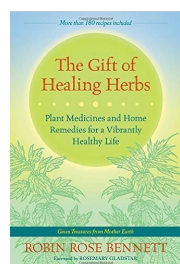
The Doctor's Book of Natural Health Remedies by Peg Moline

With health care costs rising, insurance systems in flux, doctors and hospitals overwhelmed, the only person who can really take charge of your health and the health of your family is you.



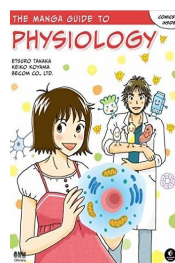
The Everything Guide to Anatomy and Physiology by Kevin Langford

A plain-English guide to the human body and how it works. Looking for a companion text for your anatomy and physiology class? Need a refresher for a course you took years ago? Or are you just interested in learning more about how the human body works? Professor Kevin Langford walks you through all the structures of the body, from cells to organs to systems and how they interact.



The Gift of Healing Herbs by Robin Rose Bennett

Guides and inspires readers to explore herbal remedies and home recipes for health and encourages readers to discover the personal, symbolic story that lies underneath manifestations of illness.

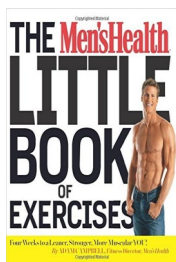


The Manga Guide to Physiology by Etsuro Tanaka

Join Kumiko in *The Manga Guide to Physiology* as she examines the inner workings of the body while training hard for the campus marathon. You'll also gain insight into medical procedures like electrocardiograms, blood pressure tests, spiograms, and more.

Non-Fiction

Health & Fitness



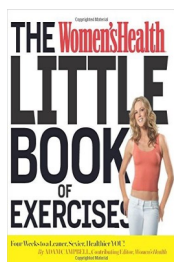
The Men's Health Little Book of Exercises

Complete with fast, effective workouts for home use or to take to the gym, this easy-to-tote packages gives readers access to their favorite routines wherever they go.



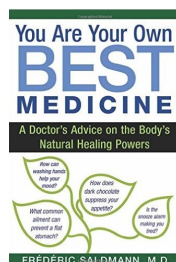
Trim Healthy Mama Plan by Pearl Barret and Serene Allison

Counting calories is out. All the food groups are in. Becoming trim and healthy doesn't have to be difficult or painstaking anymore. After trying almost every fad diet out there, Serene and Pearl took matters into their own hands. They created the TRIM HEALTHY MAMA PLAN, the breakthrough lifestyle program to help readers of all ages and stages get healthy, slim down and keep off the weight once and for all.



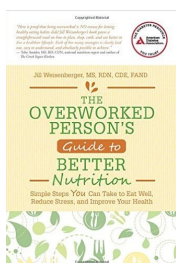
The Women's Health Little Book of Exercises

This portable handbook offers readers step-by-step instructions (and color photos) on how to perfectly execute the best fat-torching, muscle-toning exercises ever choreographed.



You Are Your Own Best Medicine by Frederic Saldmann

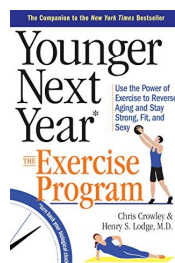
In *You Are Your Own Best Medicine*, Frédéric Saldmann, M.D., verifies the common sense of folk medicine with the latest medical research to reveal simple do-it-yourself remedies that activate the body's natural healing powers and address common ailments like allergies, sleep disorders, cardiovascular problems, sexual dysfunction, and excess weight.



The Overworked Person's Guide to Better Nutrition by Jill Weisenberger

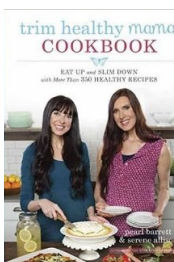
Offers bite-sized tips for busy people who want to make time for good nutrition, but feel trapped by their hectic schedules.

Weisenberger built this busy-person's guide to nutrition and health to show that everyone feels busy, but healthy habits can fit into any schedule.



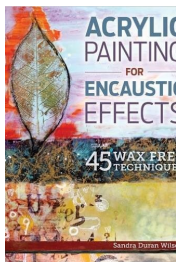
Younger Next Year: The Exercise Program by Chris Crowley

The exercise book that takes the intimidation out of starting a workout routine. Based on the science that shows how we can turn back our biological clocks by a combination of aerobics and strength fitness, it's a guide that will show every reader how to live with newfound vibrancy, strength, endurance, confidence, and joy—and it goes deep enough to be your exercise companion for life, even if you eventually take it to Masters levels.



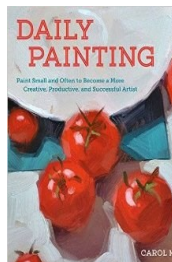
Trim Healthy Mama Cookbook by Pearl Barret and Serene Allison

In their debut cookbook, the Trim Healthy Mama's share hundreds of delicious, healthy recipes to help readers successfully slim down while eating well. This companion cookbook to the bestselling Trim Healthy Mama Plan is just what readers have been waiting for. It features simple, mouthwatering, recipes for breakfast, lunch and dinner.



Acrylic Painting for Encaustic Effects by Sandra Duran Wilson

Discover 45 innovative ways to use acrylic paints, mediums and a variety of mixed-media art supplies to achieve the look of encaustic without the wax or the heat usually required. Compose and create intriguing works of art with fun techniques that include creating crackles, carving with stencils, making wax-like elements, adding image transfers and so much more!



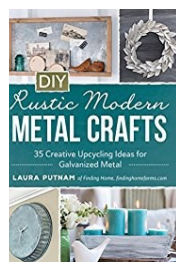
Daily Painting by Carol Marine

A unique system for jump-starting artistic creativity, encouraging experimentation and growth, and increasing sales for artists of all levels, from novices to professionals.



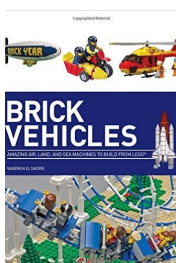
Animal Heads: Trophy Heads to Crochet by Vanessa Mooncie

Imagine a majestic ram head over your family room fireplace...a playful mouse head decorating a child's room...or even a cuddly bear head hanging in your basement. But here's the difference with these trophy pieces—they're all homemade and crocheted! Animal Heads, a do-it-yourself crafting book, features an amazing collection of 10 fabulous trophy animal heads to crochet, including a mouse, ram, bear, and zebra.



DIY Rustic Modern Metal Crafts by Laura Putnam

With this guide, you can finally get the rustic style you love--without having to spend a fortune! Filled with 35 creative ideas, you will learn how to use galvanized metal in a variety of projects, from stunning wall art to whimsical garden planters.



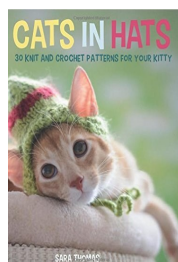
Brick Vehicles: Amazing Air, Land and Sea Machines to Build from LEGO by Warren Elmore

In Brick Vehicles, Elmore puts the "GO" in LEGO with an exploration of the history of transportation. Starting with the humble wheel and rolling through centuries of land, sea, and air travel innovations, Elmore showcases 40 fantastic vehicles in LEGO form.



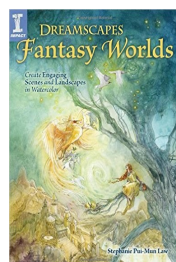
DIY Wrap Bracelets by Keiko Sakamoto

Whether wrapping beads and leather cord, or embroidery floss and rhinestones around a bangle, these 28 jewelry designs are all style. In addition to bracelets, you get coordinating necklace, earring and brooch designs made from a variety of materials, such as leather, gemstones, pearls, beads, fabric and thread.



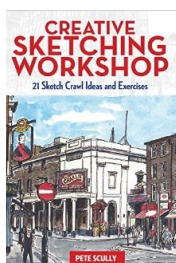
Cats in Hats by Sara Thomas

A collection of 30 hat patterns to knit or crochet to fit every feline friend in your home.



Dreamscapes Fantasy Worlds by Stephanie Law

Law leads you, step-by-step, in the creation of the forests, mountains, skies, stars and vistas in which heroes and heroines seek their fortunes.



Creative Sketching Workshop by Pete Scully

Inspired by the sketch crawls that have been embraced by artists around the world, this book will breathe fresh air into your art life. Inside you'll find 20 slice-of-life workshops, presented by 12 accomplished artists. Each workshop is comprised of various challenges that ask you to slow down, look closer and explore the endless, often unexpected sketching opportunities in the world around you.

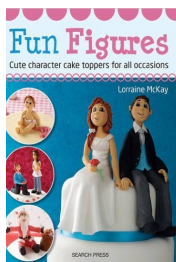


Family-Friendly Knits by Courtney Spainhower

Create garments and accessories your entire family will love with Family-Friendly Knits. Designer and mom Courtney Spainhower offers up a collection of designs you'll love to knit and everyone will want to wear. Modern silhouettes and clever construction techniques make every project enticing to knit and functional for daily life.

Non-Fiction

How-To, DIY & Crafts



Fun Figures by Lorraine McKay

This gorgeous book guides you through McKay's distinctive sugar art style, showing you how to create cute, characterful sugar figures for 10 special occasion cakes, from weddings and graduations to baby showers and birthdays.



Manga Workshop Characters by Sophie-Chan

Create your own manga characters! The manga universe is diverse--full of cute chibis, soulful romantics, cunning villains and sassy schoolgirls. Whether you want to tell love stories, create fantasy worlds or explore the drama of everyday life, you can do it with the help of self-taught manga artist and YouTube celebrity Sophie-Chan.



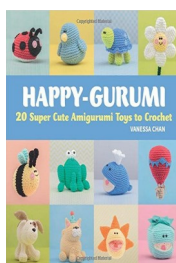
Half Yard Gifts by Debbie Shore

Half Yard Gifts is the latest title from sewing guru Debbie Shore, and the next book in her best-selling half yard series. It contains 22 projects to sew and give away, each made using less than half a yard of fabric.



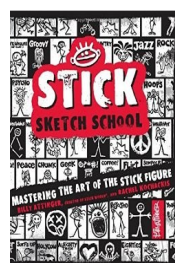
Quilted Celebrations by Amanda Murphy

Don't let the important occasions in life pass you by. Quilt them! Gift meaningful milestone quilts for bar mitzvahs, graduations, anniversaries, important birthdays, and more.



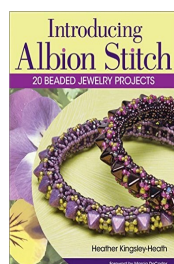
Happy-gurumi by Vanessa Chan

A collection of 20 patterns in three themes: party time, animal friends, and the great outdoors. Crochet everything from a friendly dog and funny frog to a hot air balloon.



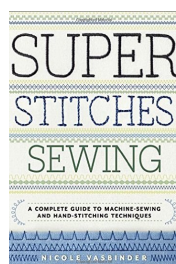
Stick Sketch School by Billy Attinger

Without motion, emotion, and personality, a stick figure drawing is only what its name implies - flat, crude, and two-dimensional. Billy Attinger's Stick Sketch School guides artists through the surprising nuance of creating compelling stick figures. With dozens of handy "lessons" and over fifty creative prompts.



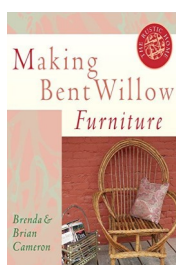
Introducing Albion Stitch by Heather Kingsley-Heath

Albion stitch is truly a new invention by world known bead artist Heather Kingsley-Heath. This book includes 20 new projects, all shown in various colorways, using the newest bead shapes like spikes, gum drops, rulla, and more. From her beadwork to her photography and illustrations, Heather's work is beautifully colored and crafted, and the book reflects her playful sense of color and organic designs.



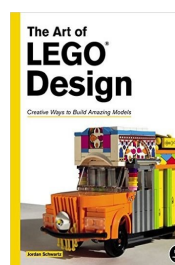
Super Stitches Sewing by Nicole Vashbinder

This essential guide to machine and hand stitches will teach you how to use any and every stitch for professional-looking seams, hems, gathers, darts, and more. Complete with detailed step-by-step tutorials and illustrations.



Making Bent Willow Furniture by Brenda & Brian Cameron

Includes instructions for creating such items as a chair, quilt ladder, children's table & chair, hanging baskets, loveseat, bed headboard, and wheelbarrow plant stand.

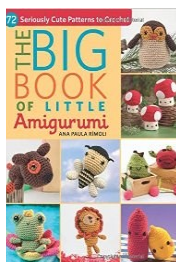


The Art of LEGO Design by Jordan Schwartz

The wide-ranging collection of creative techniques will help you craft your own amazing models as you learn to see the world through the eyes of some of the greatest LEGO builders.

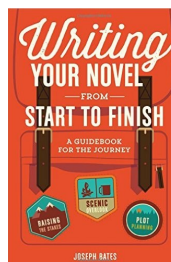
Non-Fiction

How-To, DIY & Crafts



The Big Book of Little Amigurumi by Ana Paula Rimoli

With these Amigurumi patterns by popular designer Ana Paula Rimoli, you can quickly stitch zany, roly-poly toys for girls and boys. Find 72 wildly creative crochet projects in one book.

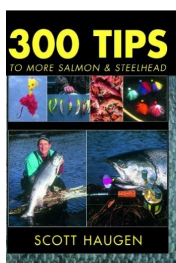


Writing Your Novel from Start to Finish by Joseph Bates

Starting a novel is exciting, but finishing it—that's the real challenge. The journey from beginning to end is rife with forks in the road and dead ends that lead many writers off course. With *Writing Your Novel from Start to Finish: A Guidebook for the Journey*, you'll navigate the intricacies of crafting a complex work of fiction and complete the journey with confidence and precision.

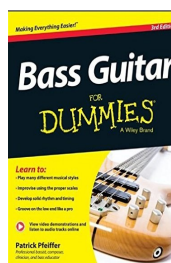
Non-Fiction

How-To, DIY & Crafts



300 Tips to More Salmon and Steelhead by Scott Haugen

Short, concise, tips to help improve the odds of catching more salmon and steelhead with the purpose of increasing angler catch rates on river-running steelhead and salmon. If looking to maximize your fishing time, and catch more fish, this book is a must.



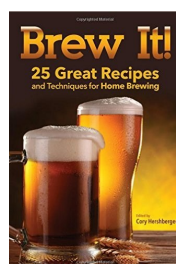
Bass Guitar for Dummies by Patrick Pfeiffer

Contains expert advice on the basics, like deciding what kind of bass to buy, plus step-by-step instructions for getting started, from how to hold your bass to reading notation and understanding chords, scales, and octaves to playing solos and fills.



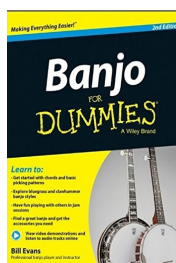
Backyard Ice Rink: A Step-by-Step Guide by Joe Proulx

Simple, easy-to-follow instructions for building a compact (and removable) skating rink in your own backyard



Brew It! by Corey Herschberger

A complex concoction involving a little chemistry, biology, and physics, beer is essentially a multi-step process of fermentation. This colorful DIY guide demystifies malt, hops, and yeast and will soon be leading readers toward amber mugs of all-grain beer!



Banjo for Dummies by Bill Evans

Written by Bill Evans, an accomplished five-string banjo player, teacher, writer, and historian, this book includes access to "how-to" videos and is ideal for anyone who wants to learn to play this classic instrument.

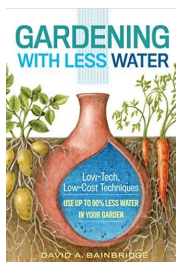


Essential Road Bike Maintenance Handbook by Todd Downs

Distills the core fundamentals and is a guide to repairing and maintaining one's bike, with step-by-step photos, links to videos, troubleshooting tips, and helpful sidebar material.

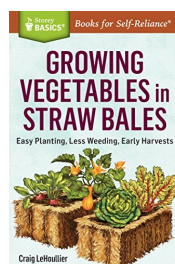
Non-Fiction

How-To, DIY & Crafts



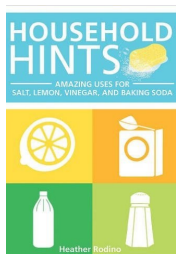
Gardening with Less Water by David A Bainbridge

Gardening with Less Water offers simple, inexpensive, low-tech techniques for watering your garden much more efficiently — using up to 90 percent less water for the same results. With illustrated step-by-step instructions, David Bainbridge shows you how to install buried clay pots and pipes, wicking systems, and other porous containers that deliver water directly to a plant's roots with little to no evaporation.



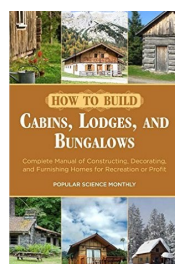
Growing Vegetables in Straw Bales by Craig LeHoullier

Straw bale gardening is an inexpensive, low-maintenance way to grow a bounty of food in a small space. All you need is a bale of straw, some fertilizer, and your favorite vegetable seeds! Craig LeHoullier's step-by-step instructions show you how to do everything from sourcing the straw and setting up your bale to planting, dealing with weeds and pests, and harvesting.



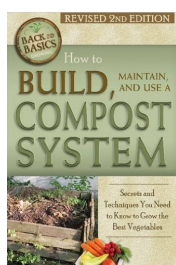
Household Hints by Heather Rodino

Trying to avoid all those harmful chemicals in your home and looking for natural solutions? Household Hints has hundreds of fresh, safe, and effective tips, techniques, and recipes--and many are made from the wholesome ingredients already in your kitchen and garden.



How to Build Cabins, Lodges, and Bungalows from the editors of Popular Science Monthly

A complete manual of constructing, decorating, and furnishing homes for recreation or profit.



How to Build, Maintain, and Use a Compost System by Kelly Smith

This book provides a detailed outline of how anyone with a little extra space and a garden can start composting today. You will learn about all of the different ways that composting can be helpful to you, as well as the different reasons why people choose to compost and what you and your vegetables might benefit from when you decide to start composting yourself.



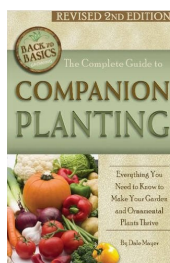
Jig Fishing for Steelhead & Salmon by Dave Vedder

All the information you need to find and catch steelhead, coho, chinook, pink and chum salmon in rivers as well as complete chapters on making your own jigs and on fishing lead jigs in the ocean for salmon.



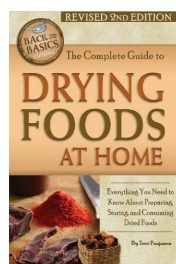
Make Your Own Soaps, Lotions, & Moisturizers by Jinaika Jakuszeit

Handmade beauty products are the ultimate skin-care luxury for yourself or for those lucky enough to receive them as gifts! By making your own soaps and lotions, you know exactly what is in them and can control elements such as scent, texture, and bottle design for concoctions that are uniquely customized just for you!



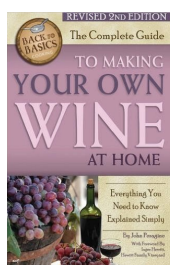
The Complete Guide to Companion Planting by Dale Mayer

The idea of companion planting has arisen in the gardening community as an extremely viable new take on how plants should be situated, grown, and cultivated. Matching certain plants together and separating others, as outlined in studies such as the National Sustainable Agriculture Society's report on the subject that shows each crop with at least three companionable crops and as many as four incompatible crops.



The Complete Guide to Drying Foods by Terri Paaanen

This completely revised edition provides you with instructions on how to dry foods using a food dehydrator, an oven, microwave, or even the sun. You will learn what equipment you need to get started and how to properly store your food to ensure optimal freshness. You will learn how to prepare foods for young children and pets.

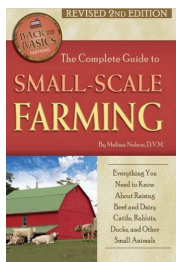


The Complete Guide to Making Your Own Wine by John N Peragine

This book walks every potential winemaker through every process necessary in creating and enjoying wine from the comfort of your own home. From the basics of distillation to the ingredients used, homemade wine can be on your table and wowing guests in no time. You will learn the basics, starting with the wide array of ingredients available to you, including grapes and berries.

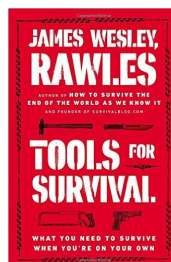
Non-Fiction

How-To, DIY & Crafts



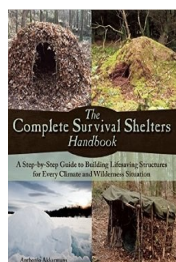
The Complete Guide to Small Scale Farming by Melissa Nelson

This book covers every aspect of raising farm animals. You will learn how to care for chickens, geese and ducks from choosing the correct breeds, feeding, housing, breeding, and selecting egg production. You will also learn about egg incubation, maintaining poultry health, and how to raise them for meat. Other animals you will learn how to care for include rabbits, goats, sheep, dairy cows, and beef cattle.



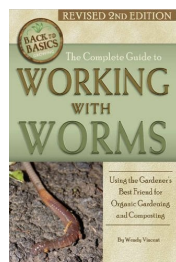
Tools for Survival by James Wesley

Details the tools needed to survive anything from a short-term disruption to a long-term, grid-down scenario. Rawles covers tools for every aspect of self sufficient living, including: Food Preservation and Cooking; Welding and Blacksmithing; Timber, Firewood, and Lumber; Firefighting



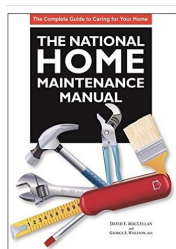
The Complete Survival Shelters Handbook by Antonio Akkermans

With structures ideally suited for any weather condition, this book presents emergency shelter designs built from a variety of elements, including 100 percent gathered items, a combination of natural and store-bought supplies and even durable construction materials.



Working With Worms by Wendy Vincent

This book will help you with problems you may encounter while working with your squirming friends, including what to do with extra worms, how to deal with them escaping from the compost bin, how to tell if they are healthy, and what to do if they are not eating. You will learn the proper way to maintain your compost and use it in your garden after the composting cycle is complete. This practical guide will offer you solutions and suggestions to keep your garden healthy and happy.

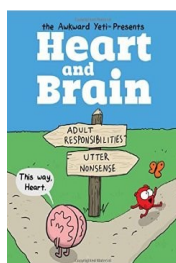


The National Home Maintenance Manual by David MacLellan

This practical guide offers a comprehensive list of home maintenance guidelines that lets the homeowner know when and how often to perform essential maintenance tasks.

Non-Fiction

Humor



Heart and Brain An Awkward Yeti Collection

New York Times best seller, Heart and Brain: An Awkward Yeti Collection illustrates the relationship between the sensible Brain and its emotionally driven counterpart, the Heart. From paying taxes and getting up for work to dancing with kittens and starting a band, readers everywhere will relate to the ongoing struggle between Heart and Brain.

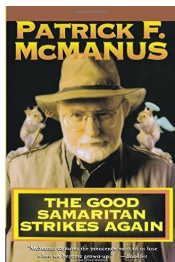


I'll Have What She's Having by Rebecca Harrington

A hilarious look at the eating habits of the fit and famous--from Gwyneth's goji berry and quail egg concoctions to Jackie Kennedy's baked potato and Beluga caviar regimen--Harrington leaves no cabbage soup unstirred in her wickedly funny, wildly absurd quest to diet like the stars.

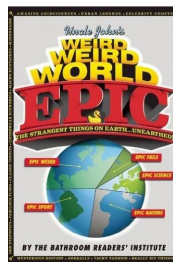
Non-Fiction

Humor



The Good Samaritan Strikes Again by Patrick McManus

More witty cautionary tales of outdoor life, by everybody's favorite expert on the subject.



Uncle John's Weird, Weird World by Bathroom Readers' Institute

The second fully illustrated, hardcover book in Uncle John's popular new Weird, Weird World series opens up a portal to the bizarre. It's page after page of unbelievable history, odd origins, tales of amazing luck, kooky conspiracy theories, epic fails, astounding facts, and some things that are so weird that they defy description.

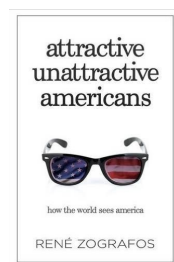


The Lady in the Van and Other Stories by Alan Bennett

In this new collection, drawn from his wide-ranging career, you'll read some of Bennett's finest work, including the title story, the basis for a new feature film starring Maggie Smith. The book also includes the rollicking comic masterpiece "The Laying on of Hands" and the bittersweet "Father! Father! Burning Bright," Bennett's classic tale of the tense relationship between a man and his dying father.

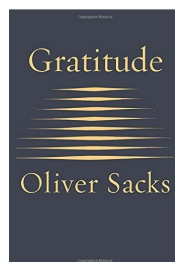
Non-Fiction

Inspiration & Philosophy



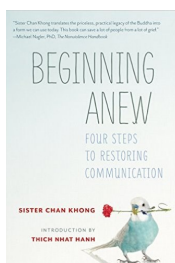
Attractive Unattractive Americans by René Zogرافos

Almost every human being on the planet today knows something - and feels something - about America. It's the "land of the free and the home of the brave." It's responsible for hamburgers and Coca-Cola and color TV. It's the center of the universe, with the greatest athletes, tallest buildings, most famous movie stars, and biggest dreamers. But what does a world that contains seven billion people really think about the most talked about - and controversial - nation on earth?



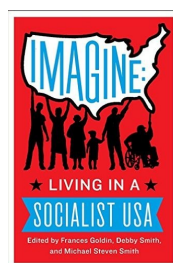
Gratitude by Oliver Sacks

No writer has succeeded in capturing the medical and human drama of illness as honestly and as eloquently as Oliver Sacks. During the last few months of his life, he wrote a set of essays in which he movingly explored his feelings about completing a life and coming to terms with his own death.



Beginning Anew: Four Steps to Restoring Communication by Sister Chan Khong

In Beginning Anew, Sister Chan Khong shares a concrete, four-part process that can help anyone clear up misunderstandings, communicate more honestly and openly with the people around them, and heal relationships. Thousands have been introduced to the beginning anew practice at the retreats led worldwide each year by Zen Master Thich Nhat Hanh.

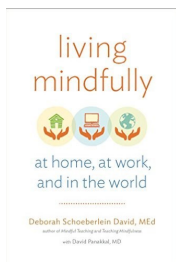


Imagine: Living in a Socialist USA edited by Frances Goldin

This anthology features essays by revolutionary thinkers, activists, and artists addressing various aspects of a new society and how to get from where we are now to where we want to be, living in a society that is truly fair and just.

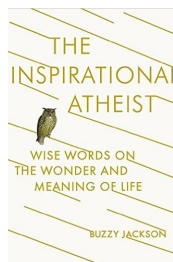
Non-Fiction

Inspiration & Philosophy



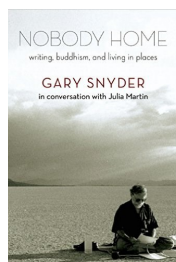
Living Mindfully by Deborah Schoeberlein David

Learn to live a life that's good--for yourself and for the world. Like a wise friend or kind teacher, Deborah Schoeberlein David--educator, meditator, and mother--walks you through a complete, easy-to-follow curriculum of mindfulness practice.



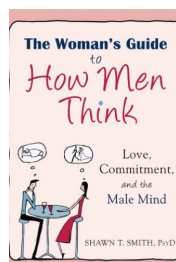
The Inspirational Atheist by Buzzy Jackson

Like all people, atheists contemplate issues of love, death, and morality, and in times of stress we long for solace and inspiration. A collection of uplifting quotations from some of mankind's most important philosophers, scientists, writers, and even comedians, The Inspirational Atheist will be a treasured daily companion for the growing demographic of humanists who believe that life has meaning when we live it meaningfully, independent of the existence of a higher power.



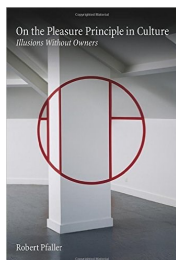
Nobody Home: Writing, Buddhism, and Living in Places by Gary Snyder

In this thoughtful, affectionate collection of interviews and letters spanning three decades, beloved poet Gary Snyder talks with South African writer and scholar Julia Martin. Over this period many things changed--globally, locally, and in their personal lives--and this turbulence provides the back story for a long conversation. It begins in the early 1980s as an intellectual exchange between an earnest graduate student and a generous distinguished writer, and becomes a long-distance friendship and an exploration of spiritual practice.



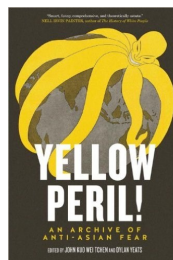
The Woman's Guide to How Men Think by Shawn Smith

This isn't a male-bashing book about how men should be more like women, but a book about how men actually are, and how women can use this understanding to get what they need from their relationships.



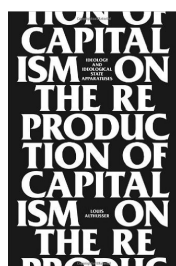
On the Pleasure Principle in Culture by Robert Pfaller

In this fascinating work of cultural theory and philosophy, Robert Pfaller challenges the myth of the "post-belief society" and explores the hidden cost of our contemporary approach to pleasure, belief and illusion.



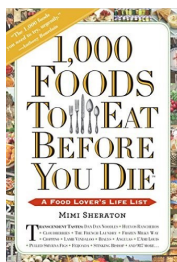
Yellow Peril! edited by John Kuo Wei Tchen

A comprehensive repository of anti-Asian images and writing, pop culture artifacts and political polemic written by two leading scholars. This book is a unique and fascinating archive and a modern analysis of one of the most long-standing and pervasive racist ideas in Western culture.



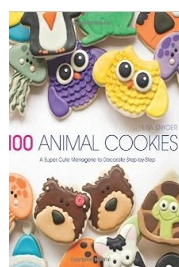
On the Reproduction of Capitalism by Louis Althusser

The book addresses the question: in a society that proclaims its attachment to the ideals of liberty and equality, why do we witness the ever-renewed reproduction of relations of domination? It is both a conceptually innovative text and a key theoretical tool for activists.



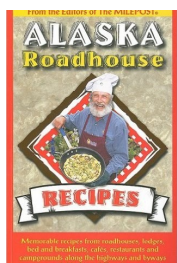
1,000 Foods to Eat Before you Die by Mimi Sheraton

A food lover's life list of 1000 foods from all over the world. It's the marriage of an irresistible subject with the perfect writer, Mimi Sheraton—award-winning cookbook author, grande dame of food journalism, and former restaurant critic for *The New York Times*.



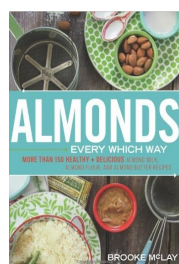
100 Animal Cookies by Lisa Snyder

When most of us think of cookies in the shapes of animal we usually envision the very dry, very beige little crackers that wound up in our school lunchboxes every day. Edible? Yes. Interesting? No. Those crunchy little herds are no match for the wild array of cookies in this book. All things that fly, swim, walk, climb, and crawl are deliciously represented here in stunning color and detail.



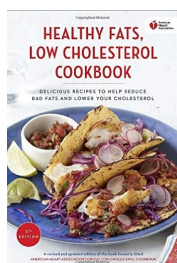
Alaska Roadhouse Recipes from the Editors of Milepost

Memorable recipes from roadhouses, lodges, bed and breakfasts, cafés, restaurants and campgrounds along the highways and byways of Alaska and Canada.



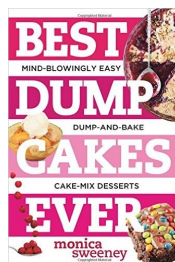
Almonds Every Which Way by Brooke McLay

A cookbook dedicated to almond and almond-based ingredients, which are often used in vegan, paleo, and gluten-free diets.



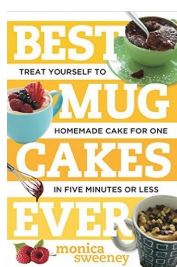
American Heart Association's Healthy Fats, Low-Cholesterol Cookbook

The classic cookbook for achieving heart health and wellbeing through a diet that is low in cholesterol and saturated fat—updated and revised with 200 recipes (including 50 new to this edition) -- Lose the bad fats, but not the flavor.



Best Dump Cakes Ever by Monica Sweeney

Don't let the name fool you -- a dump cake is a dream come true for any busy person. This effortless dessert will impress everyone because it's outstandingly delicious. Easy, too: you just pour canned fruit or pie filling into a baking dish, "dump" a dry cake mix over the fruit, and finish it off with pats of butter. It bakes up magically in the oven into something like a cobbler.



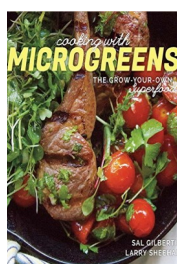
Best Mug Cakes Ever by Monica Sweeney

The mug cake is a warm, sweet little confection for one. And so quick and easy to make: A few spoonfuls of flour, sugar, butter, maybe some cocoa or fruit, sometimes egg, and in less than two minutes in the microwave, you'll be a believer.



Cake My Day! by Karen Tack

A collection of cake recipes which can be made for a variety of special occasions and holidays, with detailed instructions for adding comical animal and accessory decorations designed to make each cake an original creation.



Cooking with Microgreens by Sal Gilbertie

Microgreens are young plants that are harvested a few weeks after germination. Did you know that the microgreen versions of many plants hold anywhere from 4 to 50 times the nutrients per volume as the same plants in mature form?

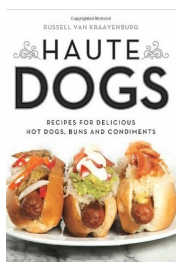


Happy Herbivore Holidays & Gatherings by Lindsay Nixon

Bestselling vegan author Lindsay Nixon brings "healthy" and "holidays" together in her new book, filled with easy recipes that celebrate and define our favorite occasions throughout the year. Whether you're planning an elaborate Thanksgiving, a no-fuss dazzling New Year's Eve party, an omnivore-approved potluck for Super Bowl Sunday, or a lazy Sunday brunch with friends, this is the only cookbook you'll need.

Non-Fiction

Nutrition, Food & Cooking



Haute Dogs by Russel Van Kraayenburg

Handcraft your own top-notch dogs, buns, and condiments with step-by-step from-scratch instructions, and brush up on your hot dog history with an in-depth look at tasty traditions from the U.S. and beyond.



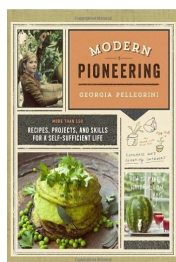
Mini Cakes Academy by Lindy Smith

A masterclass in making and decorating mini cakes from one of the world's top cake decorators, Lindy Smith. The 30 gorgeous cake designs are accompanied by easy-to-follow instructions as well as beautiful and helpful step-by-step photography making the whole process very achievable for all!



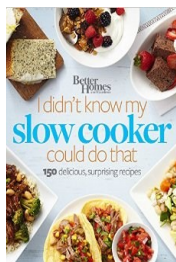
Healthy Happy Vegan Kitchen by Kathy Patalsky

More and more people are going vegan, realizing that doing so can mean being healthier and happier. A diet free of animal products also means living a greener life and changing the world for the better—one plate at a time.



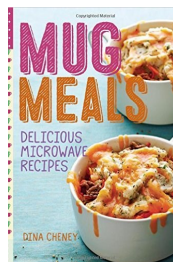
Modern Pioneering by Georgia Pellegrini

A cookbook and backyard gardening and homesteading guide for those who want to grow food efficiently, cook seasonal recipes, or even try foraging, camping, and living off the land.



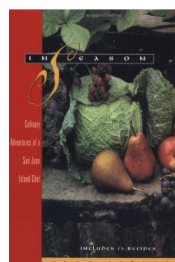
I Didn't Know my Slow Cooker Could Do That by Better Homes and Gardens

Elevating slow cooker meals beyond the basics, this smart book includes 150 innovative, delicious recipes for family dinners, creative desserts, holiday meals, and effortless entertaining. More than 100 gorgeous photos accompany the foolproof recipes and techniques.



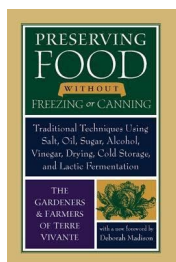
Mug Meals: Delicious Microwave Recipes By Dina Cheney

Cheney shows you how to throw a handful of ingredients into a mug, and create a satisfying meal in about five minutes. The perfect solution for busy people with crazy schedules!



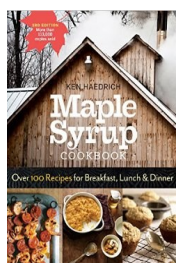
In Season: Culinary Adventures of a Pacific Northwest Chef by Greg Atkinson

In this reissued book of essays and recipes, Greg describes his appreciation of the passage of the seasons, the joys of young family life, and, of course, local food.



Preserving Food without Freezing or Canning by The Gardeners and Farmers of Centre Terre Vivante

Typical books about preserving garden produce nearly always assume that modern "kitchen gardeners" will boil or freeze their vegetables and fruits. Yet here is a book that goes back to the future—celebrating traditional but little-known French techniques for storing and preserving edibles in ways that maximize flavor and nutrition.



Maple Syrup Cookbook by Ken Haedrich

Maple Syrup Cookbook has convinced thousands of readers that maple syrup makes everything taste better. Now, the revised third edition of this classic cookbook features full-color photographs and a dozen of the author's favorite new recipes. In all, the book now offers more than 100 ways to enjoy maple syrup at every meal

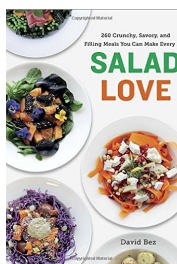


Prison Ramen: Recipes and Stories from Behind Bars by Clifton Collins and Gustavo "Goose" Alvarez

A unique and edgy cookbook, Prison Ramen takes readers behind bars with more than 65 ramen recipes and stories of prison life from the inmate/cooks who devised them, including celebrities like Slash from Guns n' Roses and the actor Shia LaBeouf.

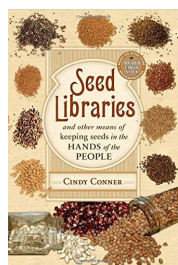
Non-Fiction

Nutrition, Food & Cooking



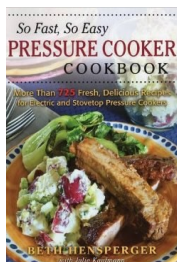
Salad Love by David Bez

Salads take the spotlight in this visually arresting cookbook that showcases a year's worth of weekday recipes so exciting you'll want to eat salads every day. With an emphasis on the freshest ingredients and new flavor combinations, these salads truly excite and inspire.



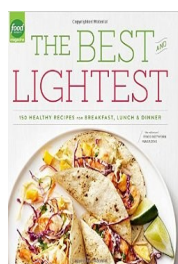
Seed Libraries by Cindy Conner

Whoever controls the seeds controls the food supply. Preserving and protecting the genetic diversity of the harvest is the first step towards reclaiming our self-reliance while enhancing food security and ensuring that the future of food is healthy, vibrant, tasty, and nutritious.



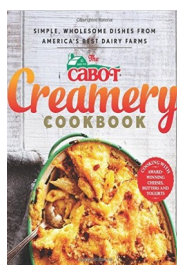
So Fast, So Easy Pressure Cooker Cookbook by Beth Hensperger

The only pressure cooker cookbook--for electric and stovetop pressure cookers--you'll ever need! With this comprehensive guide, the busy cook can use fresh ingredients to create more than 700 tasty recipes developed for and scrupulously tested and retested for the pressure cooker.



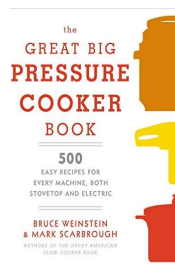
The Best and Lightest by the Editors of Food Network Magazine

Using clever cooking techniques and ingredient swaps, Food Network Magazine's test kitchen chefs have lightened up all the foods you crave. Each crowd-pleasing dish comes in under 500 calories with satisfying—not tiny—portions.



The Cabot Creamery Cookbook by Melissa Pasanen

An honest-to-goodness collection of recipes and stories from real dairy farmers, who have always understood that good food begins with great ingredients.



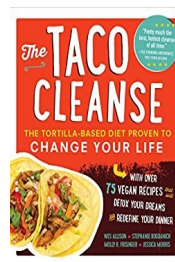
The Great Big Pressure Cooker Book by Bruce Weinstein

The ultimate in pressure cooker books--with recipes for breakfasts, soups, mains, grains, vegetables, and desserts--each adapted for stovetop or electric models.



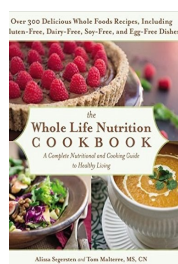
The Moosewood Cookbook by Mollie Katzen

Mollie Katzen's Moosewood Cookbook has inspired generations to fall in love with plant-based home cooking, and, on the fortieth anniversary of that initial booklet, continues to be a seminal, timely, and wholly personal work.



The Taco Cleanse by Wes Allison

Tired of the same old cleanse? Instead of feeling rejuvenated are you feeling depleted, anxious, and cranky? (Not to mention . . . hungry?) A group of vegan taco scientists in Austin, Texas, know just how you feel, and now reveal their one-of-a-kind cleansing journey that anybody can follow and stick to--the Taco Cleanse. While the typical cleanse works by depriving you of your favorite foods, the plant-based Taco Cleanse rewards your body with what it naturally craves: tortillas, refried beans, guacamole!



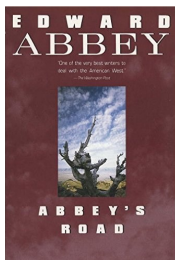
The Whole Life Nutrition Cookbook by Alissa Segersten

Over 300 delicious whole foods recipes, including gluten-free, dairy-free, soy-free, and egg-free dishes.



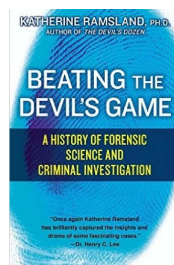
Turtle Truffle Bark by Hallie Baker

Even if you've never made chocolate candies before, you'll fall in love with the easy recipes in Turtle, Truffle, Bark. Get ready to satisfy your chocolate craving in yummy new ways - White Chocolate Cashew Mango Turtles; Dark Chocolate Stout Truffles; Milk Chocolate Peanut Butter Bark



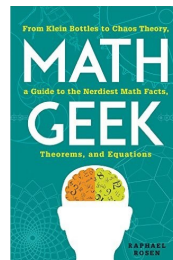
Abbey's Road by Edward Abbey

Abbey's explorations include the familiar territory of the Rio Grande in Texas, Canyonlands National Park, and Lake Powell in Utah. He also takes readers to such varied places as Scotland, the interior of Australia, the Sierra Madre, and Isla de la Sombra in Mexico.



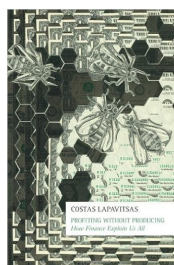
Beating the Devil's Game by Katherine Ramsland

Dr. Ramsland, renowned expert in criminology, traces the history of forensic science, from thirteenth-century Chinese studies of decomposition through the Renaissance and the era of Newtonian physics to the marvels of the present day intersection of science and the law.



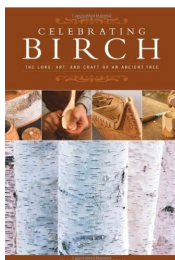
Math Geek: From Klein Bottles to Chaos Theory by Raphael Rosen

Do you dream about long division in your sleep? Does the thought of solving abstruse equations bring a smile to your face? Do you love celebrating pi every March? Then, Math Geek was made for you! With this guide, you'll learn even more about the power of numbers as you explore their brilliant nature in ways you've never imagined.



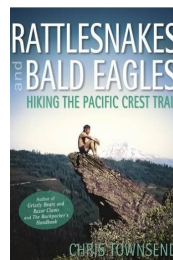
Profiting Without Producing by Costas Lapavistas

Puts forth a distinctive view defining financialization in terms of the fundamental conduct of non-financial enterprises, banks and households. Its most prominent feature is the rise of financial profit, in part extracted from households through financial expropriation.



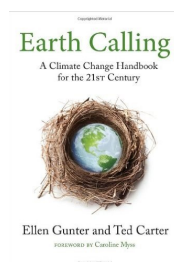
Celebrating Birch by North House Folk School

Introduces a history of the birch - from its biology and ecology to its place in the practical and spiritual aspects of many northern cultures. Included are 20 beautiful and practical projects to create, including a woven bark basket, carved box, and turned wooden bowl.



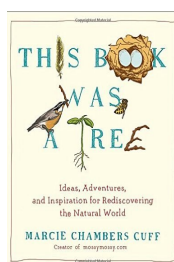
Rattlesnakes and Bald Eagles: Hiking the Pacific Crest Trail by Chris Townsend

The author recounts not only his own six-month walk but also the longer story of the trail, and shares his ideas on how it is developing and where it is all going.



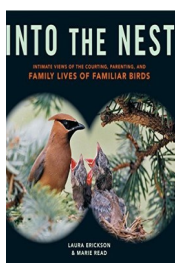
Earth Calling: A Climate Change Handbook for the 21st Century by Ellen Gunter

The *Silent Spring* for today's environmental activists, this book offers an invitation to reestablish our relationship with nature to repair our damaged environment.



This Book Was a Tree by Marcia Chambers Cuff

Cuff issues a call for a new era of pioneers--not leathery, backwoods deerskin-wearing salt pork and hominy pioneers, but strong-minded, clever, crafty, mudpie-making, fort-building individuals committed to examining the natural world and deciphering nature's perplexing puzzles.

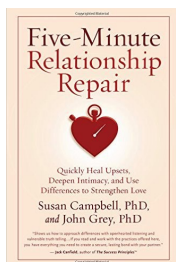


Into the Nest by Laura Erickson

Explains bird courting, mating, egg-laying, nest-building, and chick-rearing with clarity and stunning photographs.

Non-Fiction

Self Help & Time Management



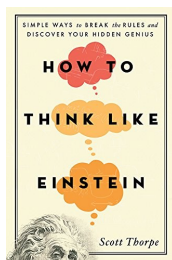
Five-Minute Relationship Repair by Susan Campbell

Advice for handling emotional 'triggers,' building communication skills, fostering empathy, and changing reactive habits, including sample scripts. Addresses vulnerability, security, sexuality, self-inquiry, and healing.



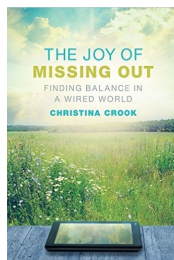
Quintessential Guide to Saving Money by Reader's Digest

The Reader's Digest Quintessential Guides do what the Reader's Digest does better than anyone: the best advice, straight to the point. Saving Money collects some of our best ideas for keeping as much money as you can in your own pockets in a book filled with tips and ideas.



How to Think Like Einstein by Scott Thorpe

From creative business and to improving relationships, How to Think Like Einstein provides the tools for the everyday challenges at the home and in the office. Innovator and author Scott Thorpe guides you step-by-step through the process of freeing yourself from your "rule ruts" so you can dream up amazing (and doable) solutions to the seemingly impossible.



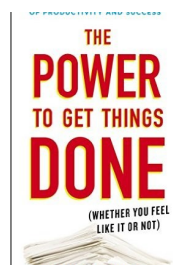
The Joy of Missing Out by Christina Crook

The Joy of Missing Out considers the technologically focused life, with its impacts on our children, relationships, communities, health, work, and more, and suggests opportunities for those of us longing to cultivate a richer on- and off-line existence.



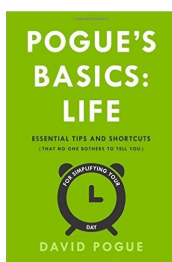
Less Doing, More Living by Ari Meisel

Efficiency expert Meisel gives readers new tools and techniques for streamlining their workload, being more efficient in their day-to-day activities, and making everything in life easier.



The Power to Get Things Done (Whether You Feel Like It or Not) by Steve Levinson

The Power to Get Things Done will teach you how to consistently turn your good intentions into action so that you can be as successful as possible in the work you do.



Pogue's Basics: Life by David Pogue

In these pages, you'll find more than 150 tricks, shortcuts, and cheats for everyday life: house and home, cars, clothing, travel, food, health, and more. This timeless reference book will shed light on priceless bits of advice and life hacks that already exist in the world around you—you just never knew!

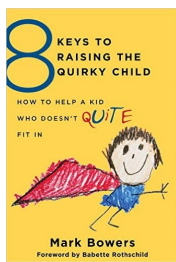


The Smart Guide to Winning Back Your Time by Jeff Davidson

This book will help you manage your time so that you have more time to do all the things you want to do. Answering questions such as With all that competes for your time and attention, how do you alter the pace of your career and life so you are in control of your time? and How can you enjoy what your career and life have to offer, and once again have time to reflect, to ponder, to muse?

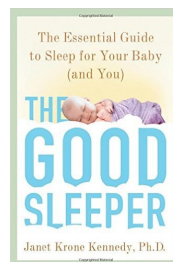
Non-Fiction

Self Help & Time Management: Parenting



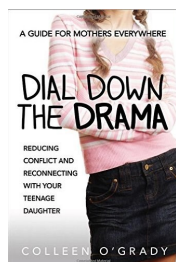
8 Keys to Raising the Quirky Child by Mark Bowers

A quirky child experiences difficulty fitting in and connecting with others usually due to an interpersonal style or behavior that stands out from the other kids. This book defines quirky markers and offers strategies for parents to understand their children's brains and behaviors; to know what is developmentally appropriate, and what isn't; to understand how to reach their kids; and to help facilitate their social functioning in the world.



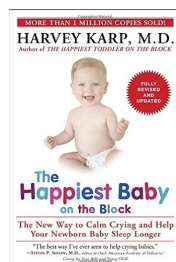
The Good Sleeper by Janet Kennedy

This book is a straightforward answer to one of the biggest challenges new parents face when they welcome a new baby home. This research-based book teaches the basics of sleep science, how and when to intervene, and provides tools to solve even the most impossible sleep problems.



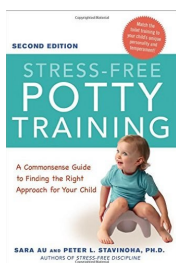
Dial Down the Drama by Colleen O'Grady

The teenage years don't have to be defined by conflict. Dial Down the Drama gives moms practical solutions grounded in neuroscience that transform the eye rolls and one-word answers into healthy relationships with their daughters.



The Happiest Baby on the Block by Harvey Karp

Thousands of parents, from regular moms and dads to Hollywood superstars, have come to baby expert Dr. Harvey Karp to learn his remarkable techniques for soothing babies and increasing sleep. Now his landmark book—fully revised and updated with the latest insights into infant sleep, bedsharing, breastfeeding, swaddling, and SIDS risk—can teach you too!

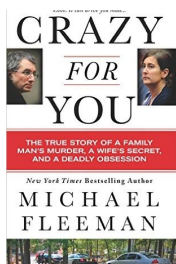


Stress-Free Potty Training by Sara Au

This insightful guide helps take the stress out of potty training. The book distinguishes between common childhood personality types, providing simple strategies tailor-fit for your child, whether he or she is sensitive or stubborn, cautious or impulsive, goal-oriented or clinging to diapers.

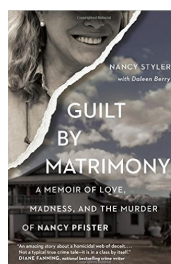
Non-Fiction

True Crime



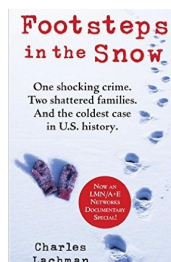
Crazy for You by Michael Fleeman

The true story of a family man's murder, a wife's secret, and a deadly obsession. An interesting story of murder and mayhem. Not so much a "who done it" as an attempt to find the why.



Guilt by Matrimony by Nancy Styler

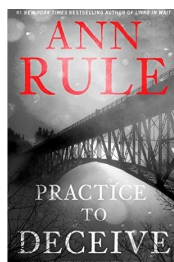
In February 2014, Aspen socialite Nancy Pfister was murdered in her own home—brutally bludgeoned, wrapped in a sheet, and stuffed inside a locked closet. The question was: Who did it?



Footsteps in the Snow by Charles Lachman

It was a shocking true crime that left two families shattered, and became the coldest case in U.S. history.

Who really killed little Maria? The question fueled a real-life nightmare in Sycamore, Illinois.

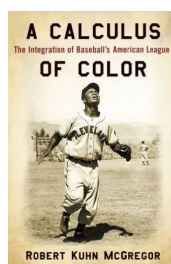


Practice to Deceive by Ann Rule

Nestled in Puget Sound and accessible only by ferry, Whidbey Island is a gem off the coast of Washington State where life is insular and the island's year-round residents tend to know one another's business. But when the blood-drenched body of Russel Douglas is discovered the day after Christmas in his SUV, the whole island is shocked.

Non-Fiction

Odds & Ends



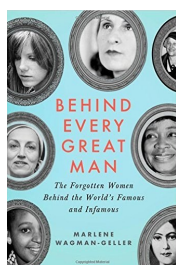
A Calculus of Color: The Integration of Baseball's American League by Robert McGregor

Examines the integration of baseball and finds only a limited shift in racial values. The teams accepted few black players but did not alter management structures, leaving an institution still governed by tradition-bound owners.



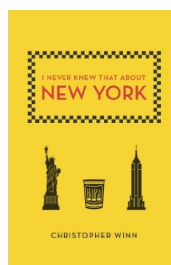
Great American Railroad Stories by the Editors of Trains Magazine

Gives readers a look at railroading history as presented by the writers of Trains magazine over 75 years. It includes rare, first-hand accounts that give historical insight into riding passenger trains, working on the railroad, and growing up in the era of steam trains.



Behind Every Great Man by Marlene Wagman-Geller

Discover the women who put the world's alpha-males on the map-- the overlooked wives and companions who are just as instrumental in shaping the destinies of their famous-- and infamous-- men.

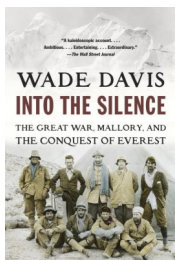


I Never Knew That about New York by Christopher Winn

Take a delightful journey from the bottom of the island of Manhattan to the top and discover extraordinary facts about New York along the way. You'll find yourself saying, "I never knew that about New York!"

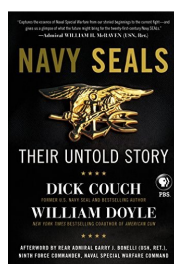
Non-Fiction

Odds & Ends



Into the Silence : The Great War, Mallory and the Conquest of

The definitive story of the British adventurers who survived the trenches of World War I and went on to risk their lives climbing Mount Everest. -- Powerful and profound, a moving, epic masterpiece of literature, history and hope.



Navy SEALs: Their Untold Story by Dick Couch

Written with the unprecedented cooperation of the Naval Special Warfare community, this vivid and definitive history of the U.S. Navy SEALs reveals the inside story behind the greatest combat operations of America's most celebrated warriors.



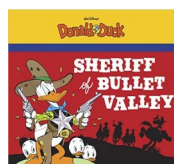
The Wedding A to Z: Everything You Need to Know by Linda Hampshire

Answers to every one of your burning bridal and wedding planning questions, from the experts who have seen it all.

Does anyone really care about favors? Will the sky fall in if you ask for cash? How far in advance should you start a healthy skin regime (or Botox, if you're tempted)? How do you uninvite a guest?

Non-Fiction

Odds & Ends: Graphic Novels



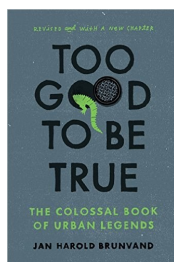
Sheriff of Bullet Valley: Donald Duck by Carl Barks

When a passel of extra-sneaky, extra-ornery high-tech cattle rustlers strikes, Donald Duck bravely dons a badge to become the "Sheriff of Bullet Valley." Fortified by the know-how he's gained watching Hollywood Westerns, our ever-intrepid Duck sets out to solve the perplexing mystery of how Blacksnake McSquirt's brand keeps showing up on the cattle of the honest ranchers.



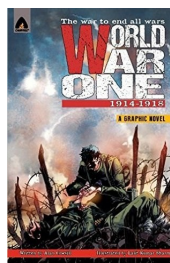
The Graphic Canon of Children's Literature edited by Russ Kick

In this follow-up volume, young people's literature through the ages is given new life by the best comics artists and illustrators. Fairy tales, fables, fantastical adventures, young adult novels, swashbuckling yarns, your favorite stories from childhood and your teenage years . . . they're all here, in all their original complexity and strangeness, before they were censored or sanitized.



Too Good to be True: The Colossal Book of Urban Legends by Jan Harold Brunvand

Alligators in the sewers? A pet in the microwave? No, it didn't really happen to your friend's sister's neighbor: it's an urban legend. And no matter how savvy you think you are, you are sure to find at least one story you always believed to be true in this colossal collection. Professor Jan Harold Brunvand is the leading authority on urban legends, and Too Good to Be True is his most complete anthology.



World War One: 1914-1918 by Alan Cowsill

From the assassination of the Archduke Ferdinand to the armistice of 1918, this is the story of the war that shaped the modern world from the viewpoint of the servicemen who fought in it, a graphic history of one of the most destructive conflicts of all time.