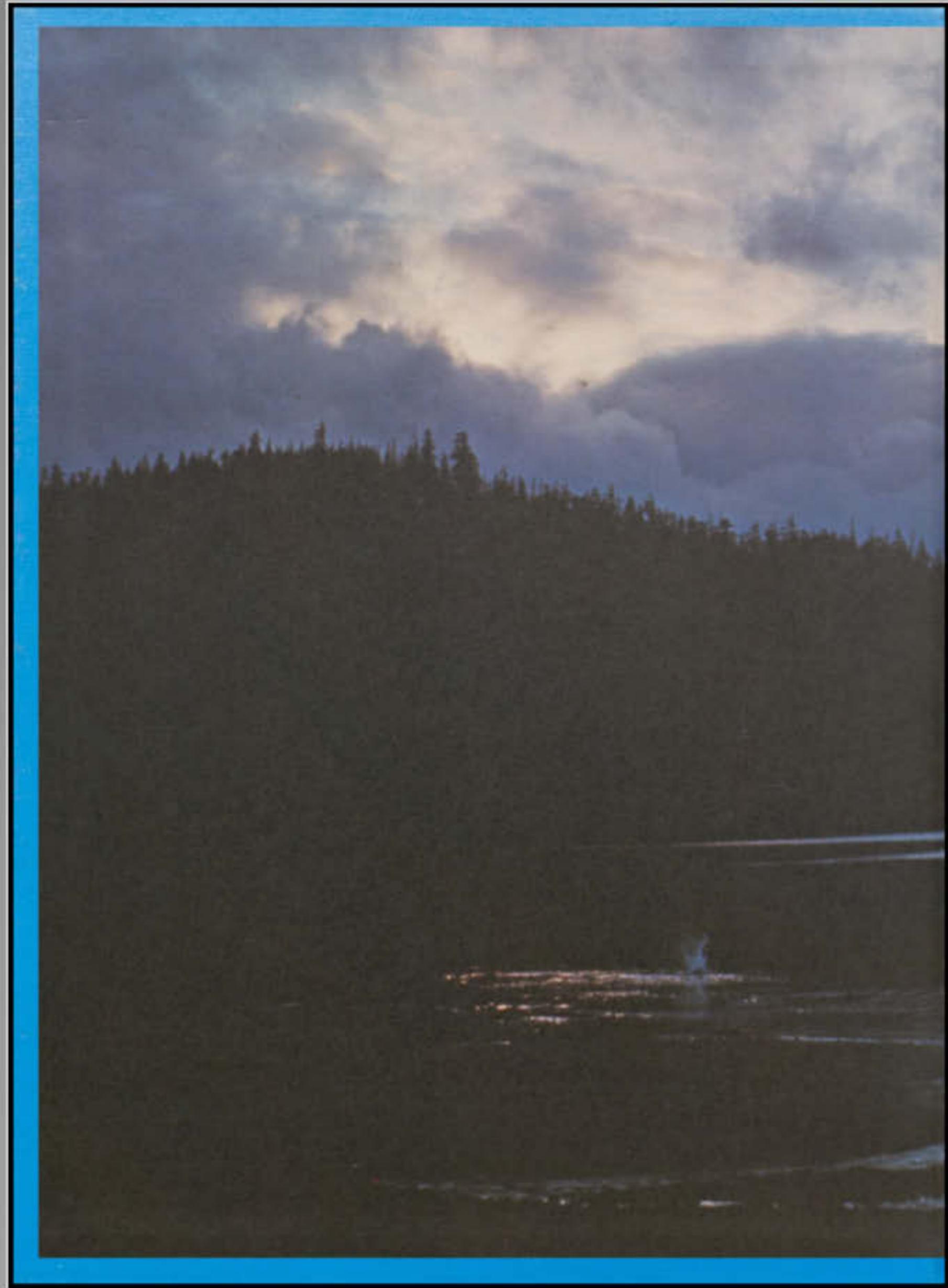


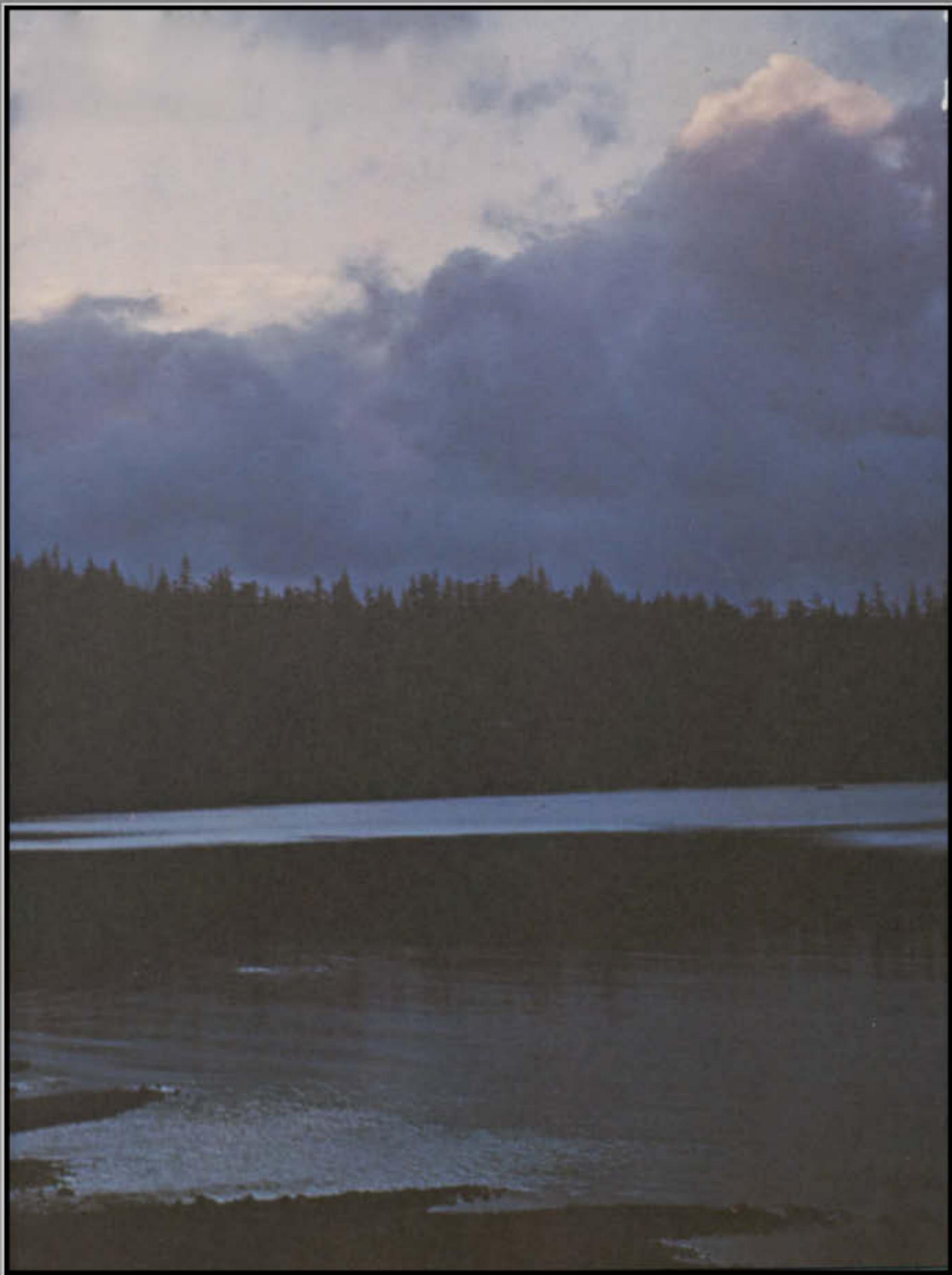
The way
we were



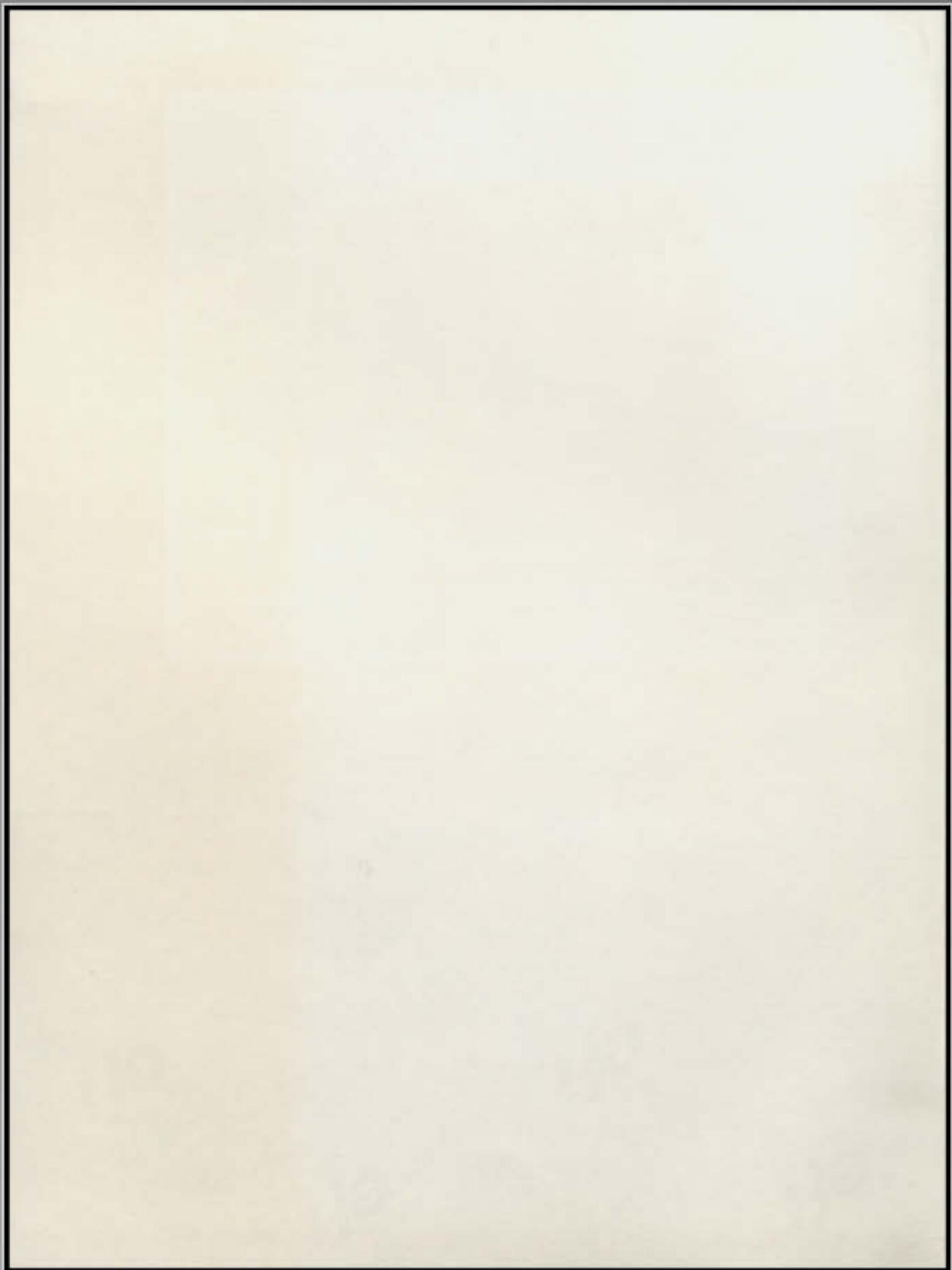
TOTEM '75

Juneau-Douglas City Museum





Juneau-Douglas City Museum





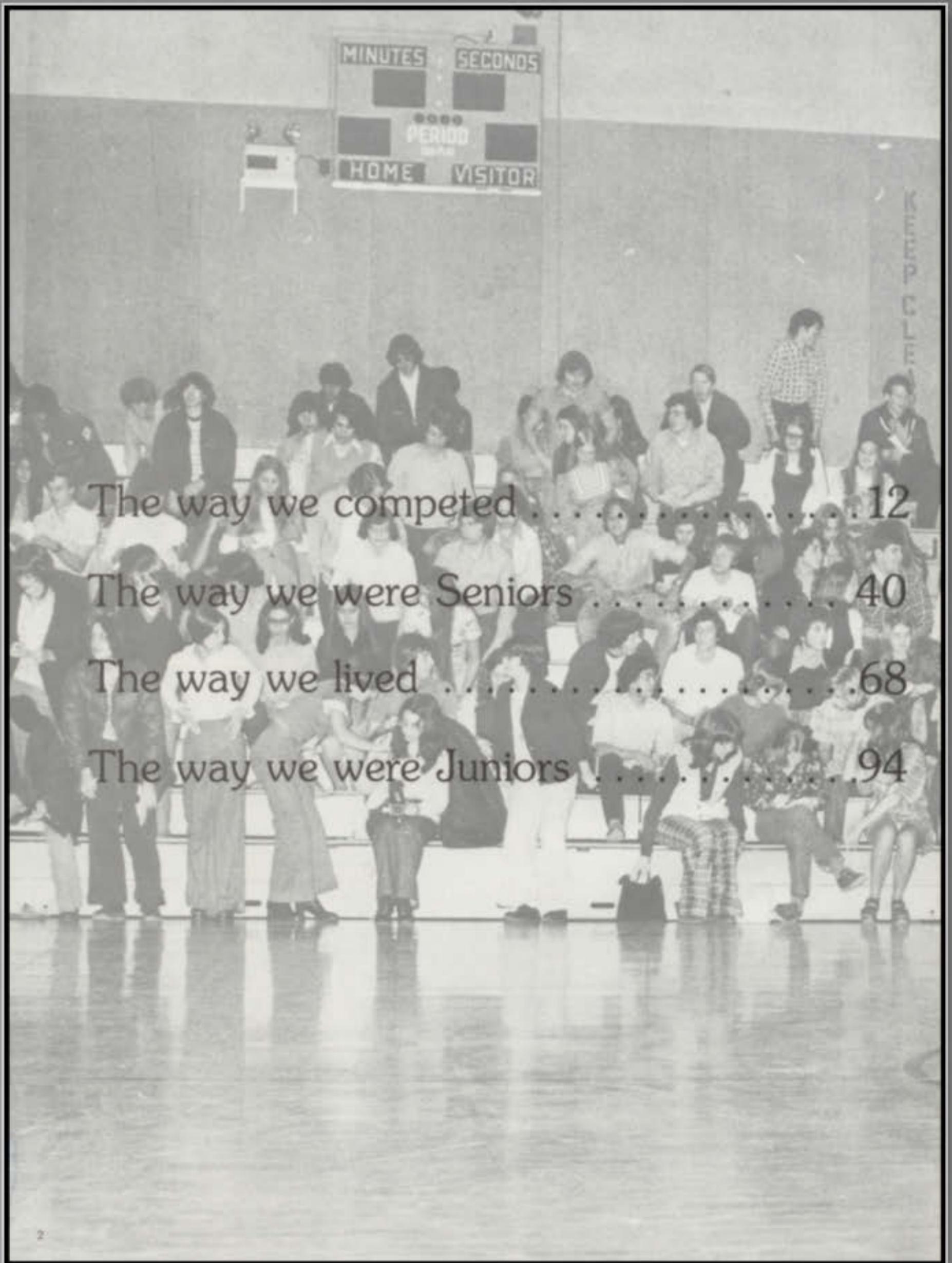
TOTEM 1975

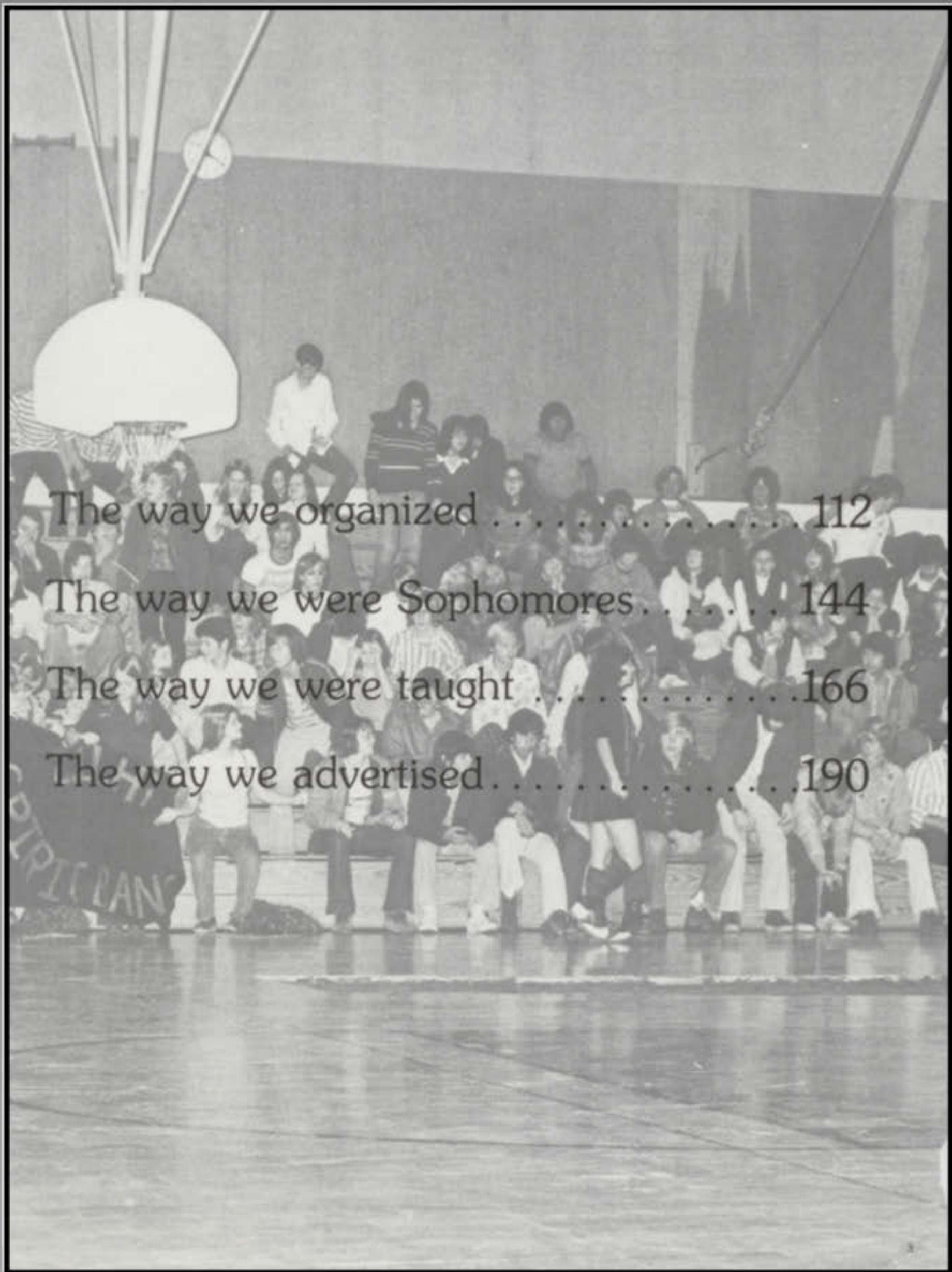
Juneau-Douglas High School

Juneau, Alaska 99801

Volume LXX

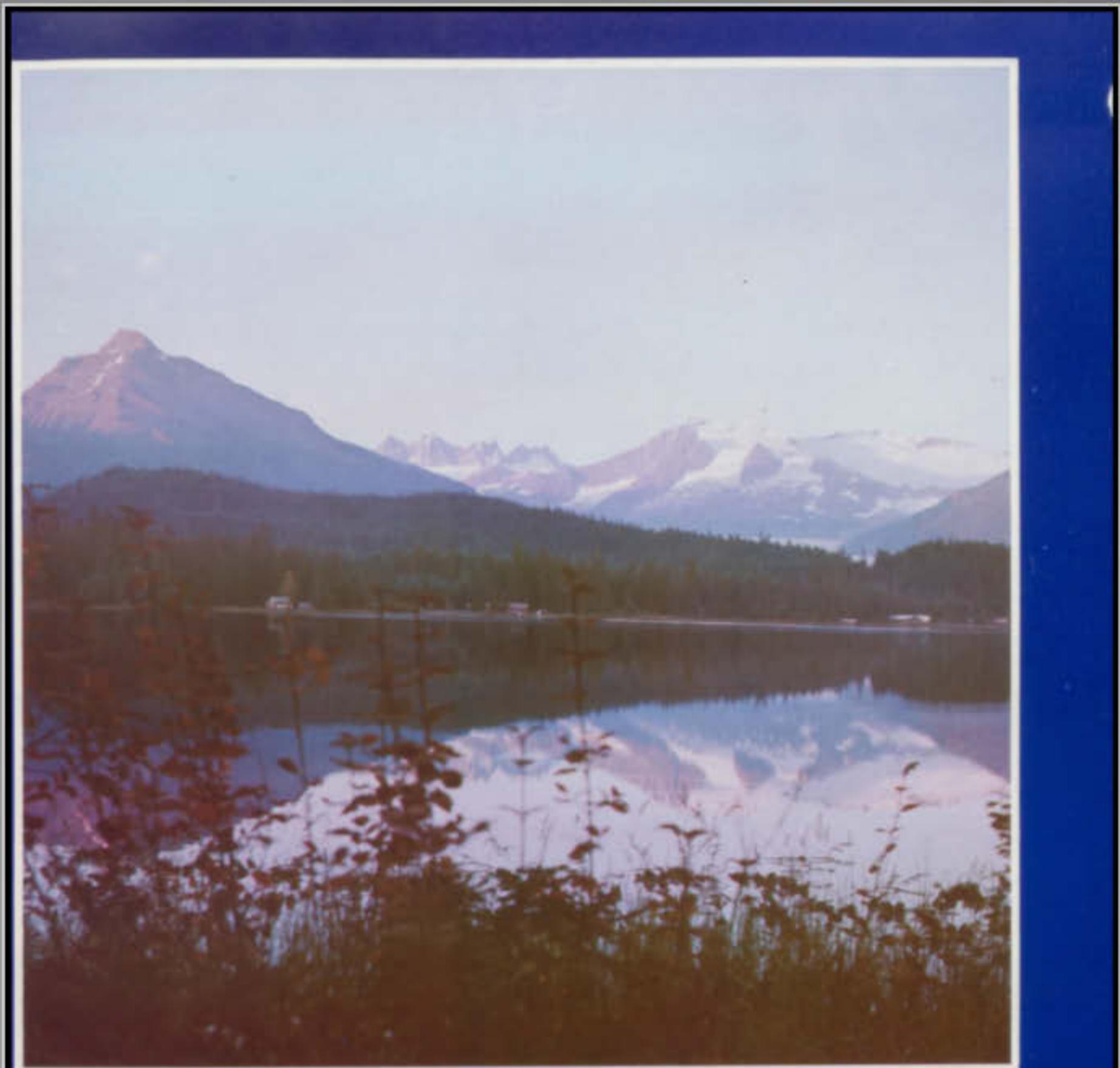
Editors: Janet Clarke, Mary Jo Taylor





Memories light the corners
of my mind





Misty watercolored memories of the way we were

Scattered pictures
of the smiles we left behind

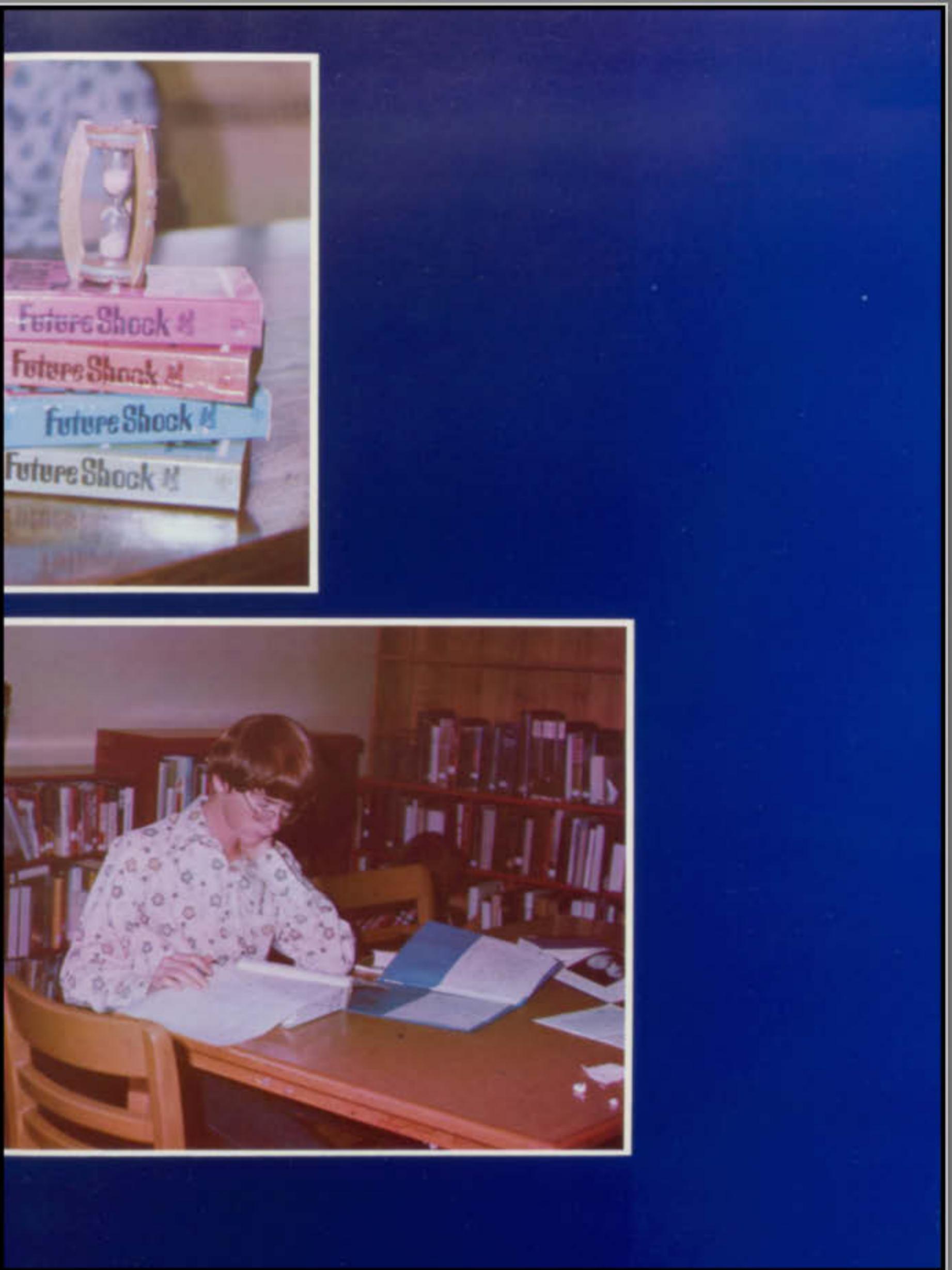




Smiles we gave to one another for the way we were



Can it be that it was all so simple then
or has time rewritten every line

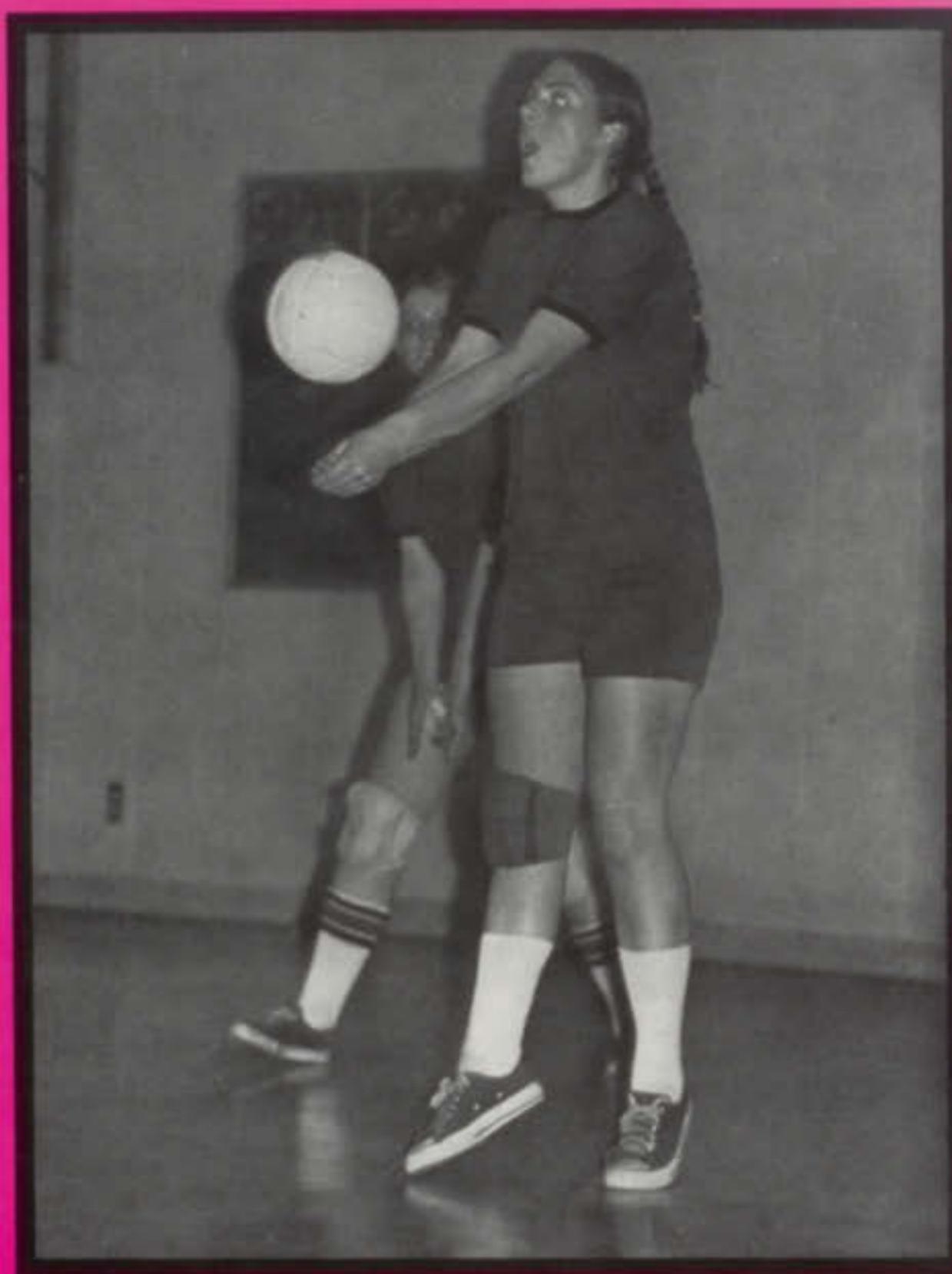


Juneau-Douglas City Museum





If we had the chance to do it all again
tell me would we, could we?



The way we
COMPETED





14-Girls' Cross-Country



X-Country girls Compete in State Tournament

The highlight of the girls' Cross-Country season was the invitation to participate in the State Tournament, the first invitation given to a school in the Southeast. The girls were looking for tougher competition and, although it was not a full team, were able to do well, with two of the four girls placing in the top ten. The girls given the chance to compete were Mary Hakala, Susie Thomas, Marilyn Thibodeau and Nancy File.

The Southeast Cross-Country meet in Sitka saw Juneau in first place, winning by a margin of 34 points. Mary Hakala led the meet with first place, Susie Thomas and Marilyn Thibodeau coming in close behind for second and third place.

Taking first place was due to weeks of hard work on distance and style, after which the girls Cross-Country team surged ahead, ready for a challenge. They found some in the Juneau Invitational meet, the Sitka Invitational meet, and the meet at Haines, but were still able to take first place in all three meets.

1974 S.E. Alaska Cross-Country Meet	
Team	Score
Juneau	31
Haines	65
Mt. Edgecumbe	85

TOP LEFT: Tensions are relaxed as the Southeast Cross-Country meet gets under way. TOP RIGHT: With a sizeable lead, Mary Hakala heads toward the finish line and first place. BOTTOM RIGHT: Carrie Zagars and Donna Wilson show good team effort by placing twelfth and thirteenth in the Southeast. BOTTOM MIDDLE: Coming in close behind Mary and Susie, Marilyn Thibodeau shows good form on her way to third place. BOTTOM LEFT: Joe Herrook gives last minute instructions to the individual runners before the start of the Southeast meet in Sitka.

Team effort pays off In Southeast meet

At the Southeast Cross-Country meet, Juneau, despite stiff competition, lead all the other teams for first place with David Michaels coming in second, Joe Knapp just three seconds behind him for third, and Rick Thibodeau, Jerry Beedle, Dave Vincent and John Beedle coming in fifth, eighth, ninth and tenth for complete domination of the tournament.

This year's Cross-Country team worked together as a group, building up their skill and technique during the weeks of practice under the direction of Joe Heersink, until the team was in top condition. By the time of the Juneau Invitational meet, Juneau was able to take first place over Mt. Edgecumbe by 35 points. Again, Juneau did well at the State meet in Palmer, taking fifth place out of the 23 schools participating.





1974 S.E. Alaska
Cross-Country Meet

Team	Score
Juneau	27
Ketchikan	87
Mt. Edgecumbe	101
Skagway	119
Sitka	128
Wrangell	137
Haines	156
Hoonah	208
Petersburg	227

TOP LEFT: Joe Knapp comes in third at the Southeast Tournament in Sitka. TOP RIGHT: Rick Thibodreau finishes the season by coming in fifth place in the Southeast. BOTTOM RIGHT: In spite of the snow, David Michaels places third at the Juneau Invitational. BOTTOM LEFT: The Juneau Invitational gets off to a good start in the first snow of the year.

Juneau-Douglas City Museum





Girls take second in S.E.

The 1974 Volleyball Team scored high this year, taking second place not only in the Juneau Invitational, but also in the Southeast Alaska Tournament. Among the members chosen for the All Star Volleyball Team in the Southeast, Juneau had two of the members; Gayle Callahan, who has been the Juneau team captain for two years in succession, and Ellen Chilton.

The Juneau Team was also invited to the State Tournament for the first time, and were able to place Ninth.

Turnout for the Volleyball games has increased this year and will hopefully continue to do so. With the extra support the Juneau Volleyball Team will be able to continue to put forth their best efforts.

TOP LEFT: Ellen Chilton serves the ball to Sitka during the Juneau Invitational. TOP CENTER: Julie Kirby centers her attention upon getting the ball over the net. TOP RIGHT: Coleen Savikko prepares to hit the ball as it comes her way. BOTTOM RIGHT: Macsey Reifeld jumps up to hit the ball in the final game against Whitehorse during the Juneau Invitational. BOTTOM CENTER RIGHT: Gayle Callahan, Ellen Chilton, Coleen Savikko, Cindy Johnson, Coach Cindy Daniels, Pat Callahan and Ellen Engdahl confer during a Juneau time-set. BOTTOM CENTER LEFT: Gayle Callahan, Coach Cindy Daniels and Macsey Reifeld cheer on their team as the scores get close. BOTTOM LEFT: Pat Callahan and Coleen Savikko wait for the ball to be served by Petersburg.



Juneau	57	Ketchikan	61
Juneau	59	Ketchikan	72
Juneau	79	Mt. Edgecumbe	24
Juneau	75	Mt. Edgecumbe	48
Juneau	39	Sitka	60
Juneau	61	Sitka	60
Juneau	42	Ketchikan	52
Juneau	48	Ketchikan	51
Juneau	52	Sitka	72
Juneau	60	Sitka	64
Juneau	90	Mt. Edgecumbe	41
Juneau	67	Mt. Edgecumbe	64
Juneau	48	Petersburg	49
Juneau	62	Petersburg	38
Juneau	76	Petersburg	53
Juneau	55	Petersburg	41



TOP LEFT: Scott Larson checks the distance to the basket while Mt. Edgecumbe tries unsuccessfully to take the ball. BOTTOM LEFT: Doug Larsen dribbles down the court for another point during the close game against Wrangell in Juneau.



Juneau's season-one of ups and downs

With the support of the strongest school spirit in years, the 1974-75 basketball team was able to keep up their high morale and superior sportsmanship during the entire season.

A major setback which was encountered at the start of the season was the unfinished gym floor. An accident at the end of last year caused the gym floor to be warped, but after a six week delay, the basketball games were transferred from the Floyd Dryden gym back to the high school.

During the season, Juneau has had the opportunity to play against the best schools in the state. After a season of ups and downs, and with several players still improving their games, Juneau still has a good chance to play in State competition if they win the first two games of the Southeast Tourney.

TOP RIGHT: Bert Scheraga jumps up to give the ball to Juneau at the beginning of the game against Mt. Edgcumbe in Juneau. BOTTOM RIGHT: The 1974-75 Juneau-Douglas High School Varsity Basketball Team: John Hanlin, Keller Miller, Mark Jones, Jeff Fink, Steve Messerschmidt, Kirk Blumeashur, Joe Laschuber, Jim Calvin, Dave Boddy, Doug Larsen, Scott Larson, Kurt Milnes and Bert Scheraga.





TOP LEFT: Varsity Basketball player, John Huston follows the offensive game plan. TOP CENTER: Dave Boddy, on the Varsity Basketball team for three years, dodges an opponent from Wrangell on his way down the court. BOTTOM LEFT: In spite of Mt. Edgecumbe's defense, Mark Jones is still able to pause while making another two points for Juneau.





Junior Varsity shows promise for next year

With a record of 19 wins to 9 losses toward the end of the Basketball season, the 1974-75 Junior Varsity Basketball Team looks extremely promising for next year's Varsity Basketball season.

A new coach, George Houston, began this year as coaching advisor to the Junior Varsity. By trading members back and forth between the Junior Varsity and the Varsity Teams, the members were able to get a lot of practice. During the Southeast Tournament, some members of the Junior Varsity will be playing in the Varsity Basketball team.



TOP RIGHT: Dan Baxter jumps up to give Juneau's Junior Varsity two more points while placing a winning game against Prince of Wales' Varsity.
BOTTOM RIGHT: The 1974-75 Junior Varsity Basketball Team:
Coach George Houston, Tim Robinson, Dan Newlin, John Beville, Dan
Baxter, Kirk Blunschline, Ron Flint, Jim Calvin, Rob Campbell, Matt
Mulligan and Mike Corpus.

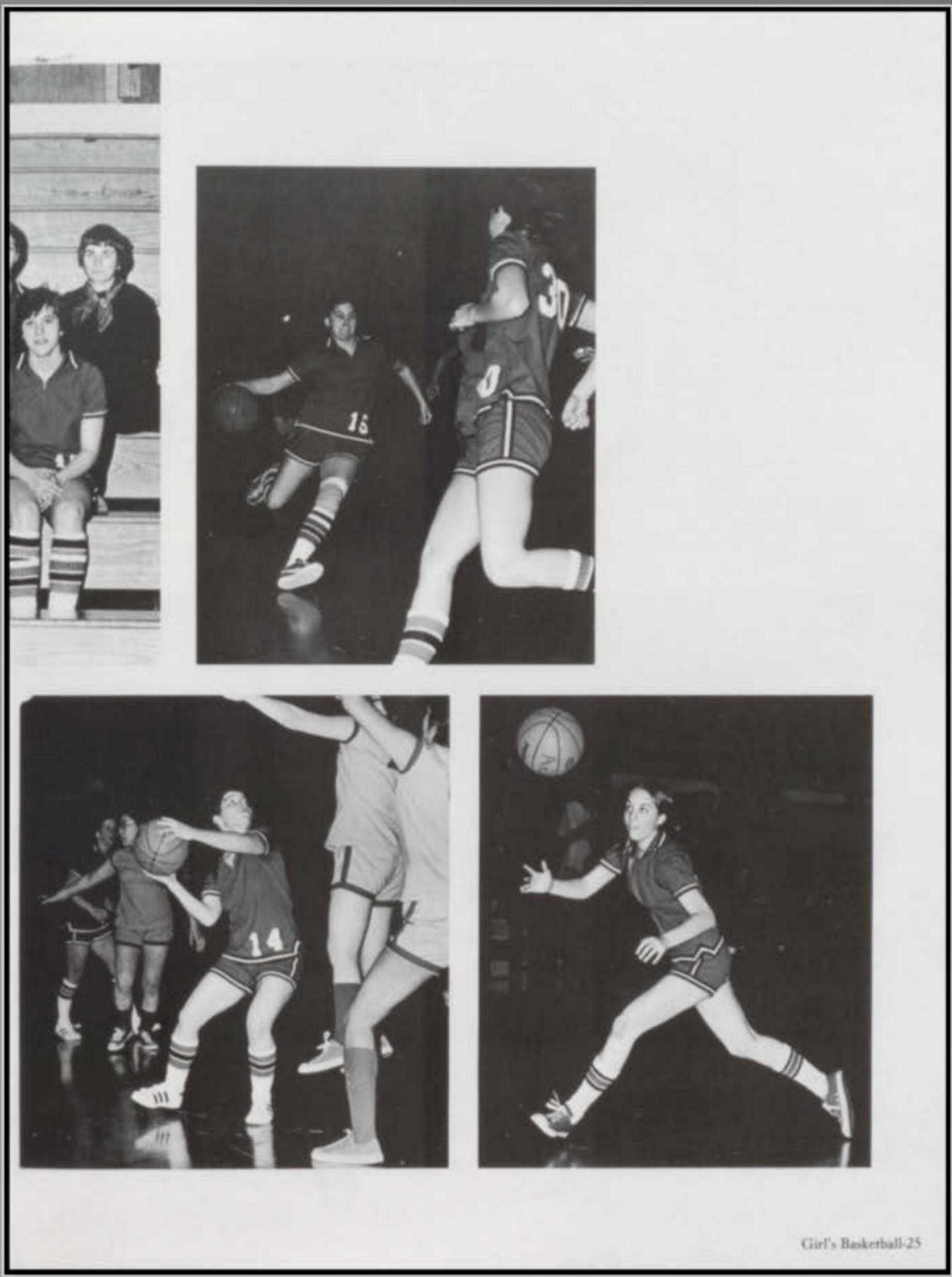
Juneau takes 1st in Southeast

More Girls Basketball Players than ever before started out the 1975 season, with every girl enthusiastic about the game. Through daily practice, the girls were able to build up their skills. Then, at the 1975 Southeast Championship Tournament for Girls Basketball, Juneau took first.

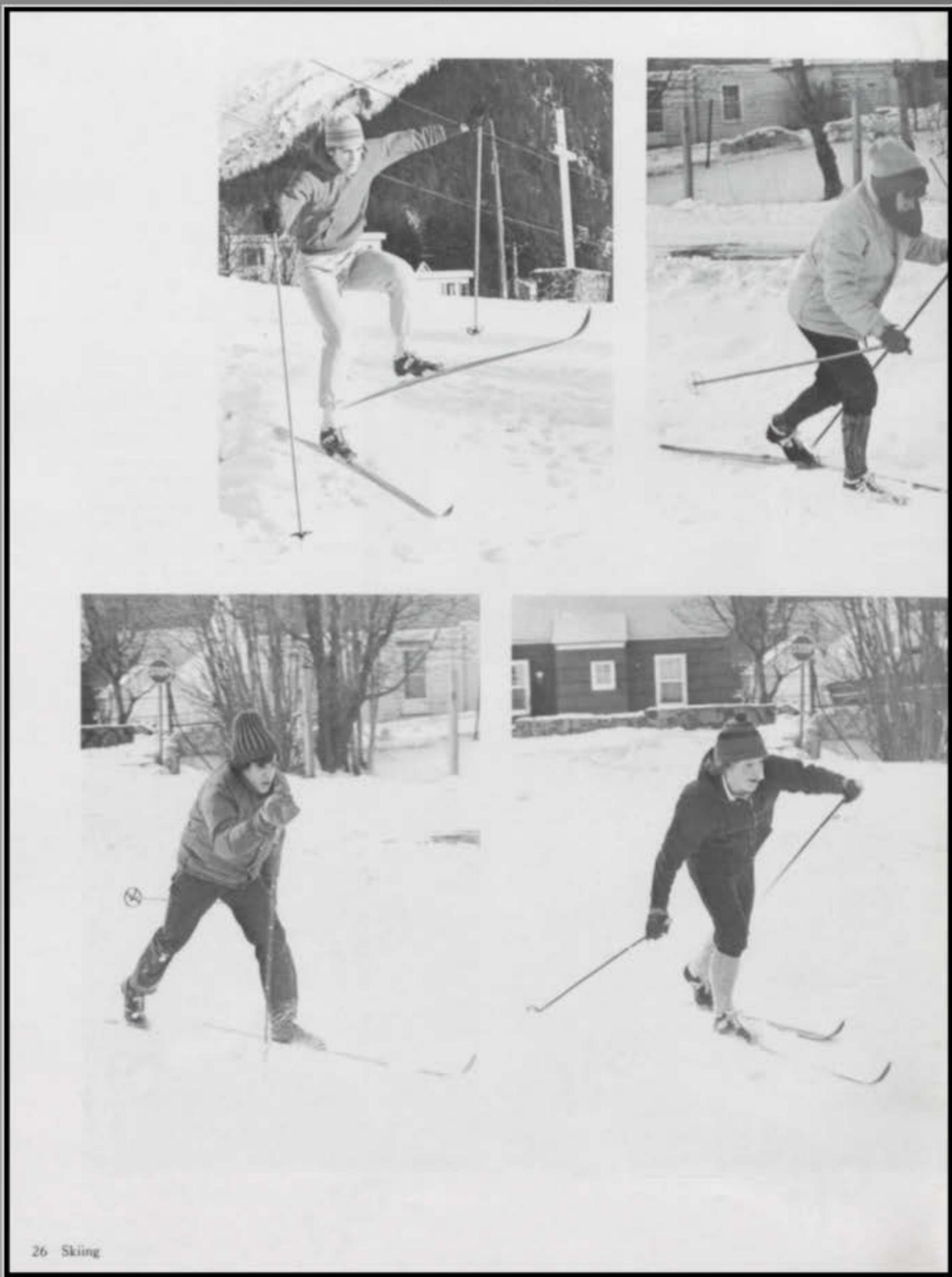
The Juneau Girls Basketball Team was also able to attend a Christmas Tournament in Everett, Washington. Besides this, two of the Team members, Denise Peterson and Lisa Turner, played in the Arctic Winter Games.

TOP LEFT: The 1975 Girls Basketball Team: Margi Mulligan, Ellen Chilman, Robin Parks, Cathy Crow, Lori Fitzgerald, Kim Southard, Jolene Colby, Debbie Patrick Coach Cindy Daniels, Pam Sargent, Nancy Thomas, Lisa Turner, Gayle Callahan and Denise Peterson. TOP RIGHT: Denise Peterson drives down the court towards the Juneau basket during a game against Mt. Edgremont. BOTTOM RIGHT: Lori Fitzgerald goes after a rebound. BOTTOM CENTER: Despite heavy guarding Pam Sargent is still able to make another two points for Juneau. BOTTOM LEFT: Denise Peterson aims for Juneau's basket while playing against Whitehorse.





Girl's Basketball-25





Lack of snow hinders skiers

In spite of the lack of snow, the Cross Country Ski Team continued to work out and were able to show quite a bit of enthusiasm for their sport.

When the snow finally came, the Ski Team was able to move out to the graveyard for their practice, but the snow didn't last and they soon had to start working out in the gym once more.

The bright spot in the season was David Michael's chance at the Jr. Ski Finals.

TOP LEFT: Tim Ralle practices his skiing form. TOP CENTER: Susie Thomas concentrates on her skiing. TOP CENTER: Dave Michael shows what a good competitor must do to win. BOTTOM RIGHT: Joe Hervenek critiques the team members' form. BOTTOM RIGHT CENTER: Dave Vincent uses his arm strength as well as leg strength in skiing. BOTTOM LEFT CENTER: Mark Smith practices his endurance. BOTTOM LEFT: As long as the snow stayed, Jerry Knapp continued his skiing.

Guys take Southeast Track for seventh consecutive time

The 1974 Juneau Track Team zoomed ahead of all others to win the seventh straight Southeast Alaska Track and Field meet. Under the guidance of Joe Heersink for Track and Tom Kollin for Field, and with the number of returning competitors for Juneau, the Juneau-Douglas High School Track and Field Team was able to come through for Juneau once again.

The forecast for this year's Track and Field Team looks excellant. There will be returning members as well as new ones. With constant work the Juneau Team may be able to win the Southeast meet for the eight successive time.

TOP LEFT: Mike Kimlinger tries for a six foot high jump. TOP RIGHT: Kelly Sharp passes the baton to Chris Buss during relays. BOTTOM RIGHT: Mike Kimlinger's long jump creates a sensation during the Juneau Meet. BOTTOM CENTER: Brad Whistler concentrates on hurling the discuss the furthest distance in the Southeast. BOTTOM LEFT: Jeff Anderson, Dave Michaels and Rick Thibodeau take off to win the 2-mile.





Guys' Track-29

Juneau Girls' Track is number one for 1974

After starting out full of enthusiasm, the 1974 Girls Track and Field Team were able to take first in the Southeast once again. Coached by Joe Heersink and Cindy Daniels, the team was an excellent one once more.

Denise Blefgen established a new Southeast and State record in the 2-mile, breaking the old one by 10.8 minutes.

Other team members with outstanding performances were Mary Hakala, Chris Hill and Janet Long, although the entire team was great.



TOP LEFT: Members of the 1974 Girls Track and Field Team. TOP RIGHT: Nancy Thomas shows her skill in the high jump. BOTTOM RIGHT: Chris Hill uses the proper technique in throwing the shot put. BOTTOM CENTER: Coach Joe Heersink discusses the up coming race with Mary Hakala. BOTTOM LEFT: Denise Blefgen breaks the State record in the 2-mile.

Juneau-Douglas City Museum



Girls' Track-31

Juneau is best !

With Denny Dahl as their coach, the 1975 Wrestling Team was able to begin the season with an overwhelming win while wrestling Petersburg.

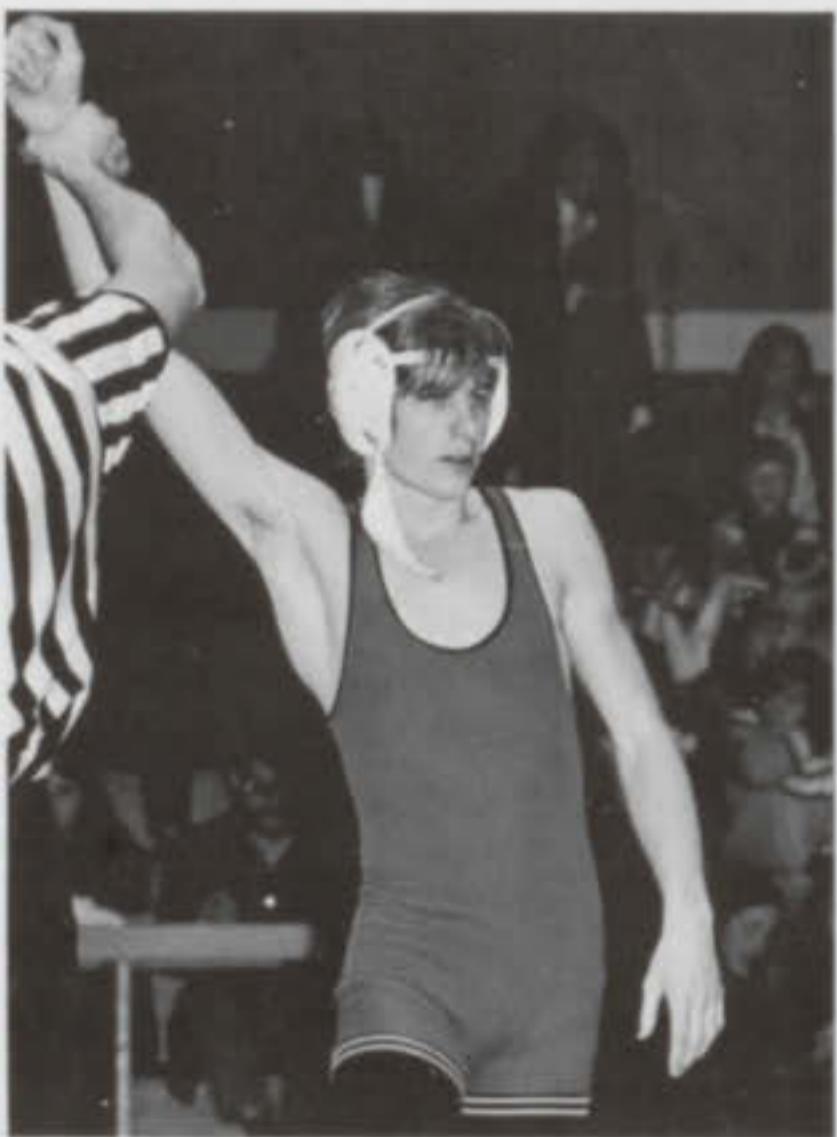
Traveling to Ketchikan, the Juneau-Douglas Wrestling Team was able to overcome the Ketchikan Team the first night, but lost to Ketchikan the next night by a slim margin.

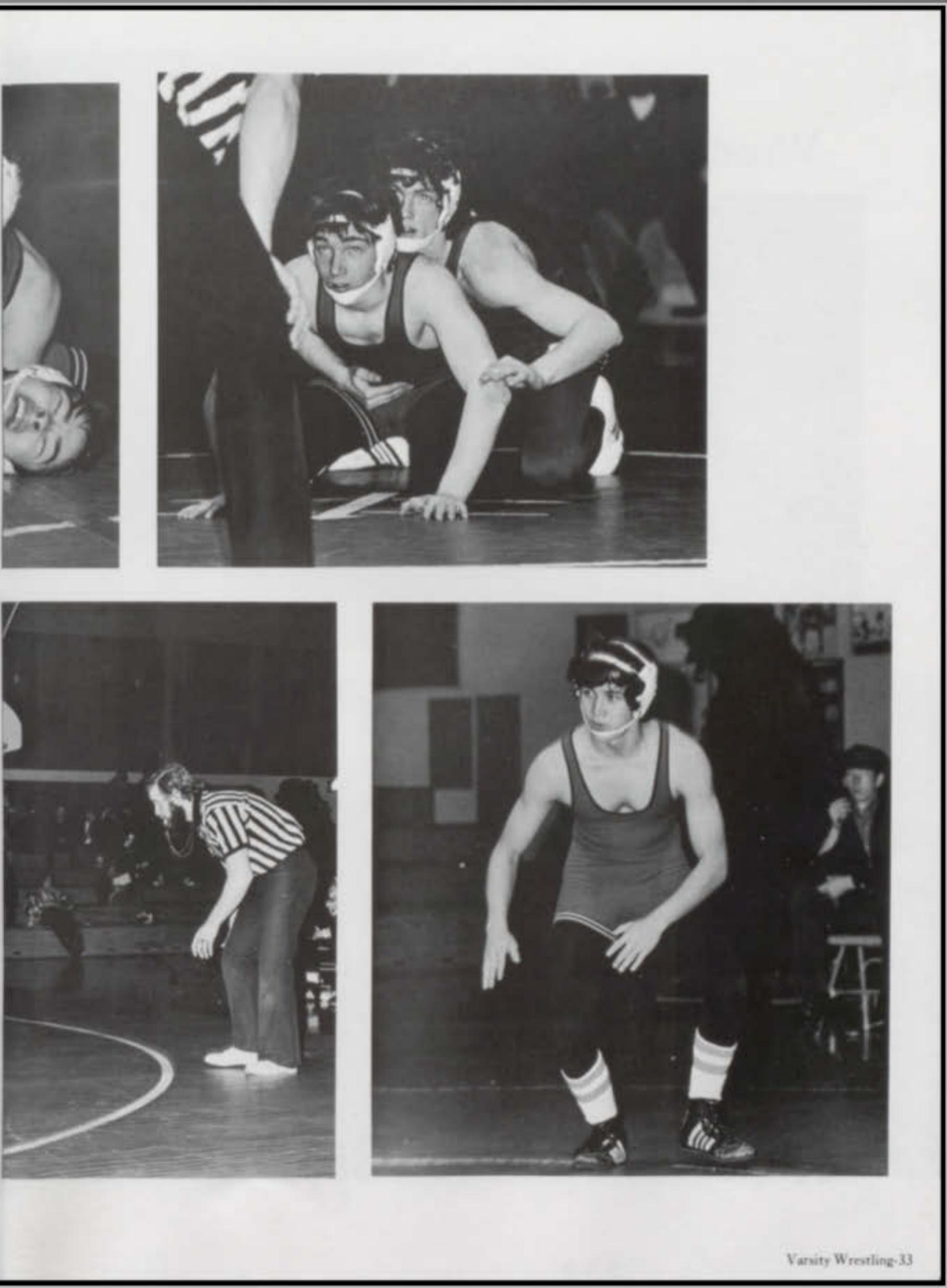
In the tri-meet at Sitka, Juneau was able to come out ahead, winning both Sitka and Mt. Edgecumbe with no big problems.

In the Juneau meet against Wrangell, Haines and Hoonah, Juneau came out on top once more, beating them by large margins.

It was a good season for the Juneau-Douglas Crimson Bear Wrestling Team, in fact, one of the most exciting and successful and exciting seasons in many years.

TOP LEFT: Scott Duval watches the referee for a slap on the mat. TOP RIGHT: Ready to begin, Larry Sullivan and his Petersburg opponent await the referee's signal. BOTTOM RIGHT: Les Hillman circles his opponent at the beginning of a match. BOTTOM CENTER: Larry Sullivan looks for an opening before going on to win the match. BOTTOM LEFT: Bob Peel wins one more match by pinning his opponent in a matter of seconds.

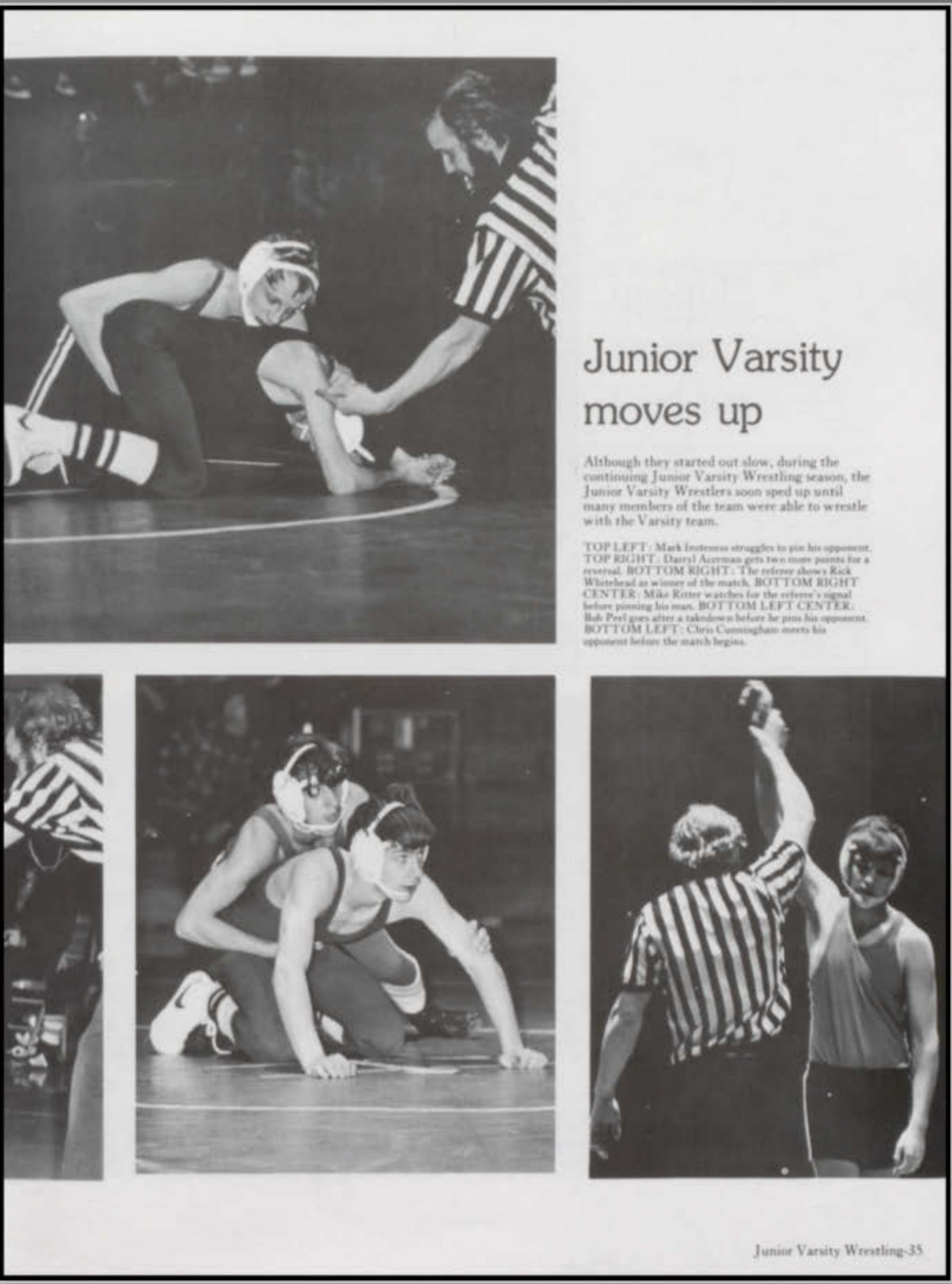




Varsity Wrestling-33

Wrestlers overwhelm opponents





Junior Varsity moves up

Although they started out slow, during the continuing Junior Varsity Wrestling season, the Junior Varsity Wrestlers soon sped up until many members of the team were able to wrestle with the Varsity team.

TOP LEFT: Mark Instemus struggles to pin his opponent.
TOP RIGHT: Darryl Averman gets two more points for a reversal.
BOTTOM RIGHT: The referee shows Rick Whitehead as winner of the match.
BOTTOM RIGHT CENTER: Mike Ritter watches for the referee's signal before pinning his man.
BOTTOM LEFT CENTER: Bob Peel goes after a takedown before he pins his opponent.
BOTTOM LEFT: Chris Cunningham meets his opponent before the match begins.

Juneau swimmers are best

In swimming meets against Sitka, Ketchikan and Petersburg, the Juneau Swim Team, under the coaching of Andre Layral, was able to come out continuously ahead. Due to the individual effort of the team members, not only was Juneau able to win each meet, but every win was by a large margin of points.

TOP LEFT: Ron Allington pushes off the board at the start of the freestyle. BOTTOM CENTER: Dave Lewis gulps air to get him through the race. BOTTOM LEFT: Kim Williams, a ninth grader, is the lead swimmer for the girls and shows even more promise for next year.





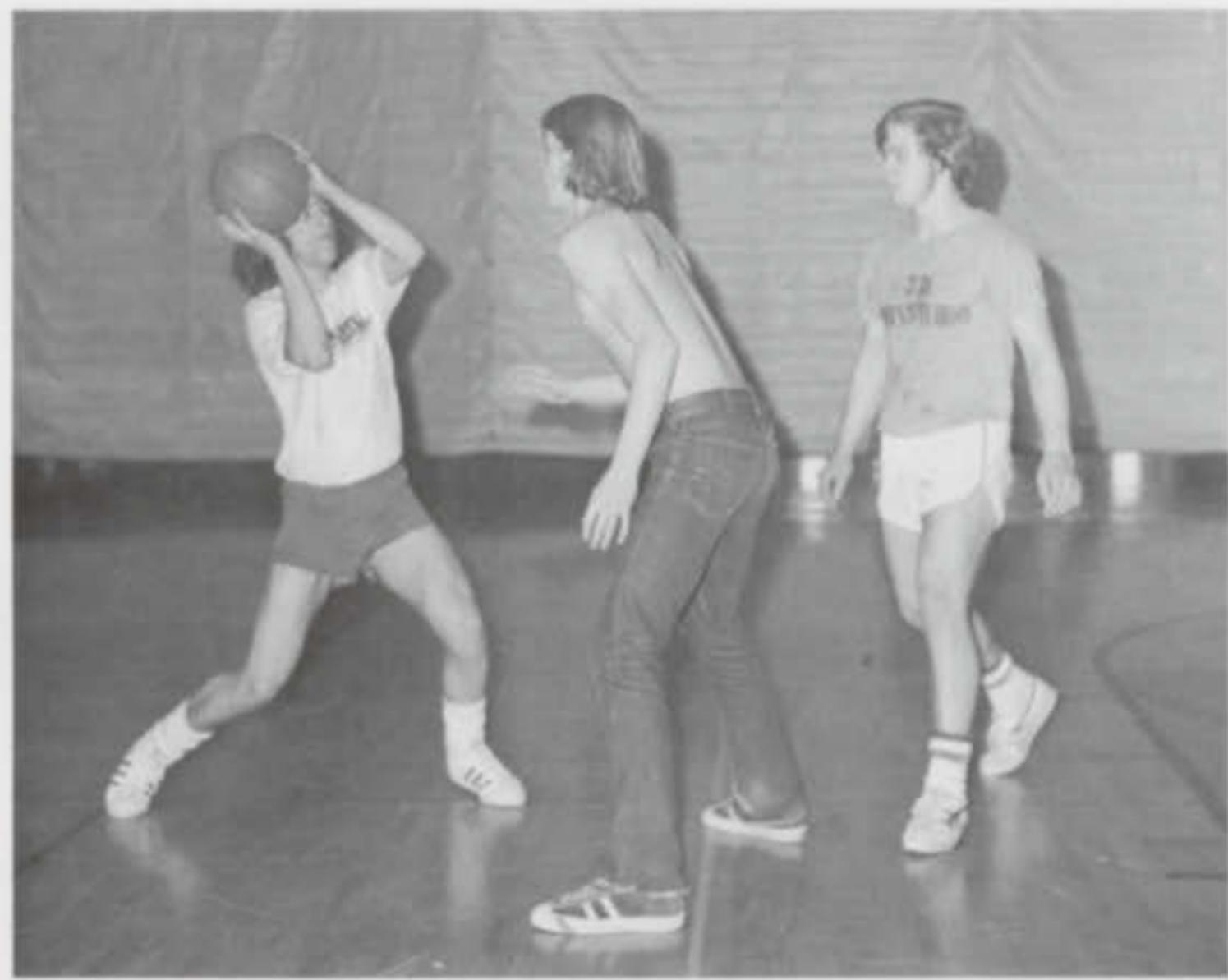
Bowlers compete in Ketchikan

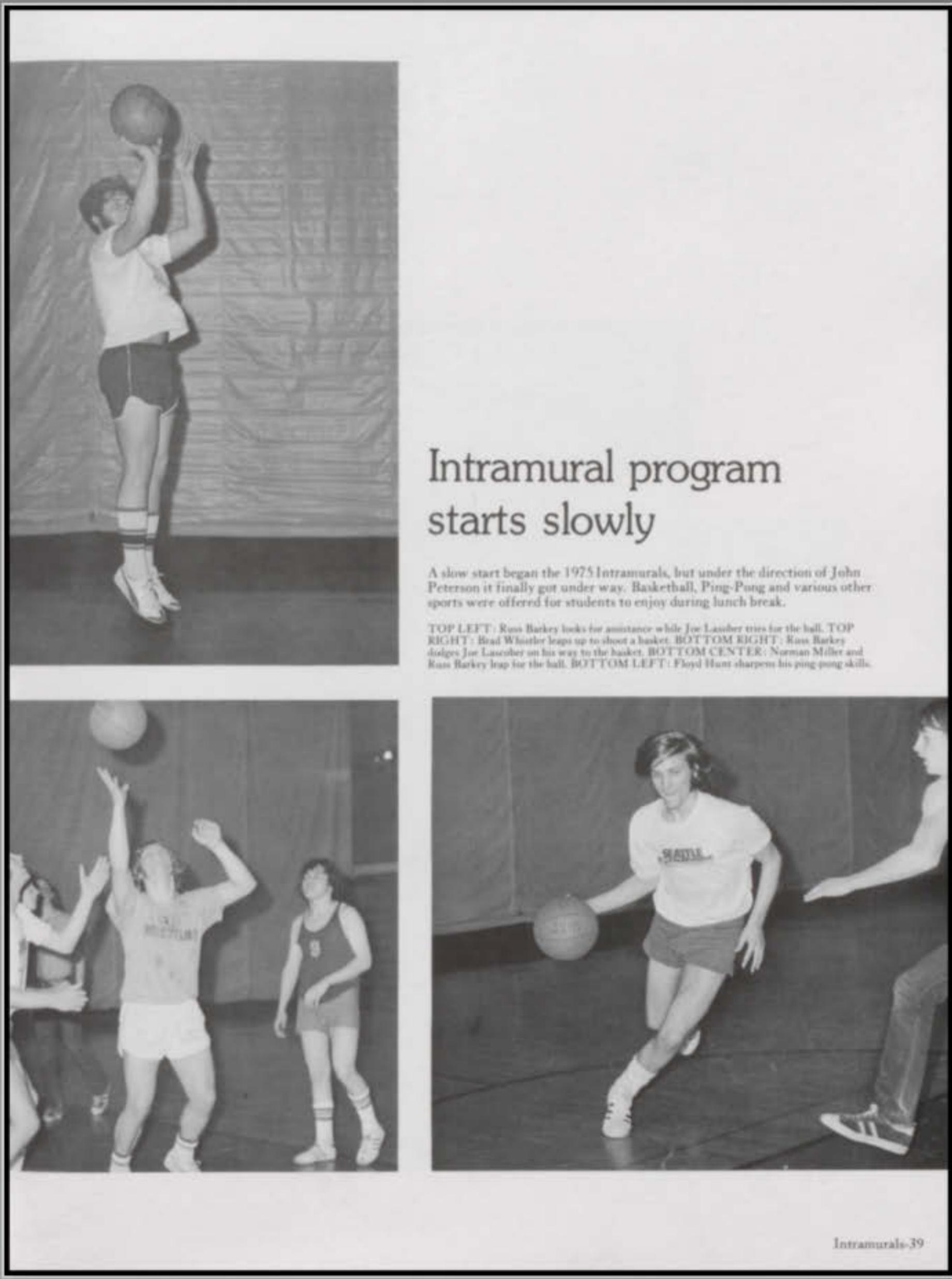
Under the coaching of Andre Layral and Shelia Gooding, Juneau-Douglas High School's Bowling Team has gotten into more inter-school competition this year. Members of the Juneau Team traveled to Ketchikan to bowl members of their bowling team. Ketchikan was also able to come to Juneau for a re-match.

The players with the top averages for the Juneau Team were Jerry Couzin, Ernie Carrillo, Brad Smathers, Alan Carey, Jack Prescott and Margaret Swanson.

TOP RIGHT: Jerry Couzin, President, practices the correct form in delivering the ball. BOTTOM RIGHT: Members of the 1974-75 Bowling Team: Dan Dunham, Teri Lehman, Barbara Workman, John Yatchtanoff, Pamela Reyes, Joe Green, Ernie Carrillo, Jerry Couzin, Scott Davis, Josh Marshall, Alan Carey, Brad Smathers, Elba Scott, Margaret Swanson, Jack Prescott, Jack Austin, Lori Workman, Dennis Hendrix, Mike Schmitz, Bev Bay, Steve Tyner and Brian Billingslea.







Juneau-Douglas City Museum



The way we were
SENIORS



Closing moments for Class of '75

In it's last year the Class of '75 lead by TOP CENTER: Kurt Savikko, Vice President, BOTTOM CENTER: Bob Peel, President, BOTTOM LEFT: Carrie Zagers, Secretary, LEFT CENTER: Kelly Miller and Larry Sullivan, representatives, tried to continue traditions and spirit within the school.

Though slow to start once the class of '75 got going there was no stopping them!



Juneau-Douglas City Museum



DIANA R. ACEVEDA
LORRIE M. ALEXANDER
RON W. ALLINGTON



DAVID E. ALPS
ROXANNE ALPS
DAVID B. AREHART



KARL J. ASHENBRENNER
LORI L. BALLARD
PAM C. BARCUS



DAVID BEHRENDS
JOE S. BELZAK
NADINE D. BERGGREN

Seniors get involved

Brian T. Billingslea
Curtis W. Blackwell
Dave A. Boddy



Gary A. Boddy
Greg T. Bodine
Bonnie Jo Borchick

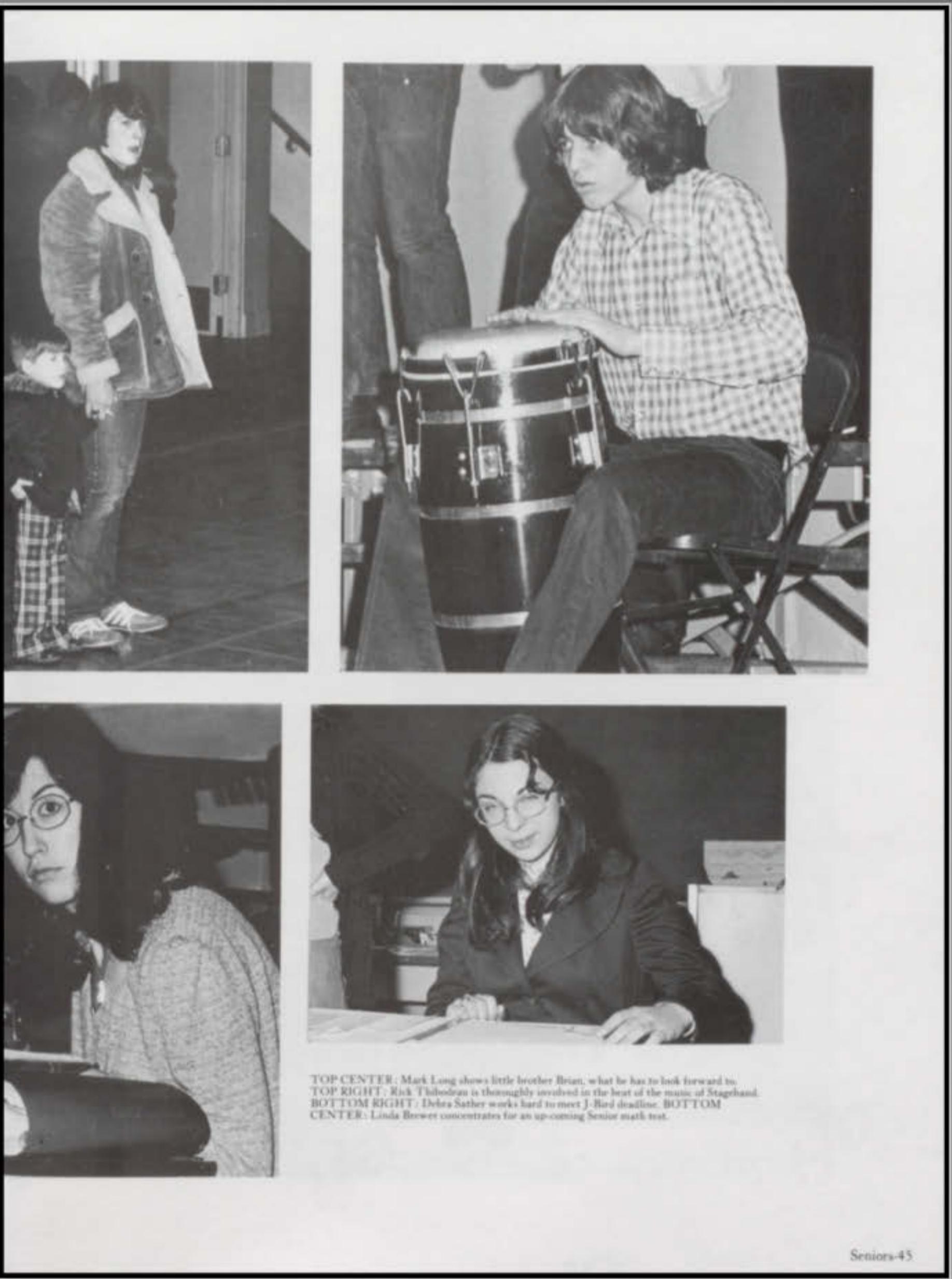


Rodney Bray
Linda Y. Brewer
Sheri Britten



Albert W. Brouillette
Diana J. Brown
Susan M. Bump





TOP CENTER: Mark Long shows little brother Brian what he has to look forward to.
TOP RIGHT: Rick Thibodau is thoroughly involved in the beat of the music of Stagehand.
BOTTOM RIGHT: Debra Sather works hard to meet J-Bird deadline.
BOTTOM CENTER: Linda Brewer concentrates for an up-coming Senior math test.

Graduation is final goal

KEITH W. BURGESS
LEAH L. BURTON
LOUIS W. BUTLER
GAYLE E. CALLAHAN
DON CAMERON



CATRINA G. CAMPOSANO
JOSEPH R. CASTILLO
IDA M. CHAPPELL
CAROL CLABAUGH
JANET E. CLARKE

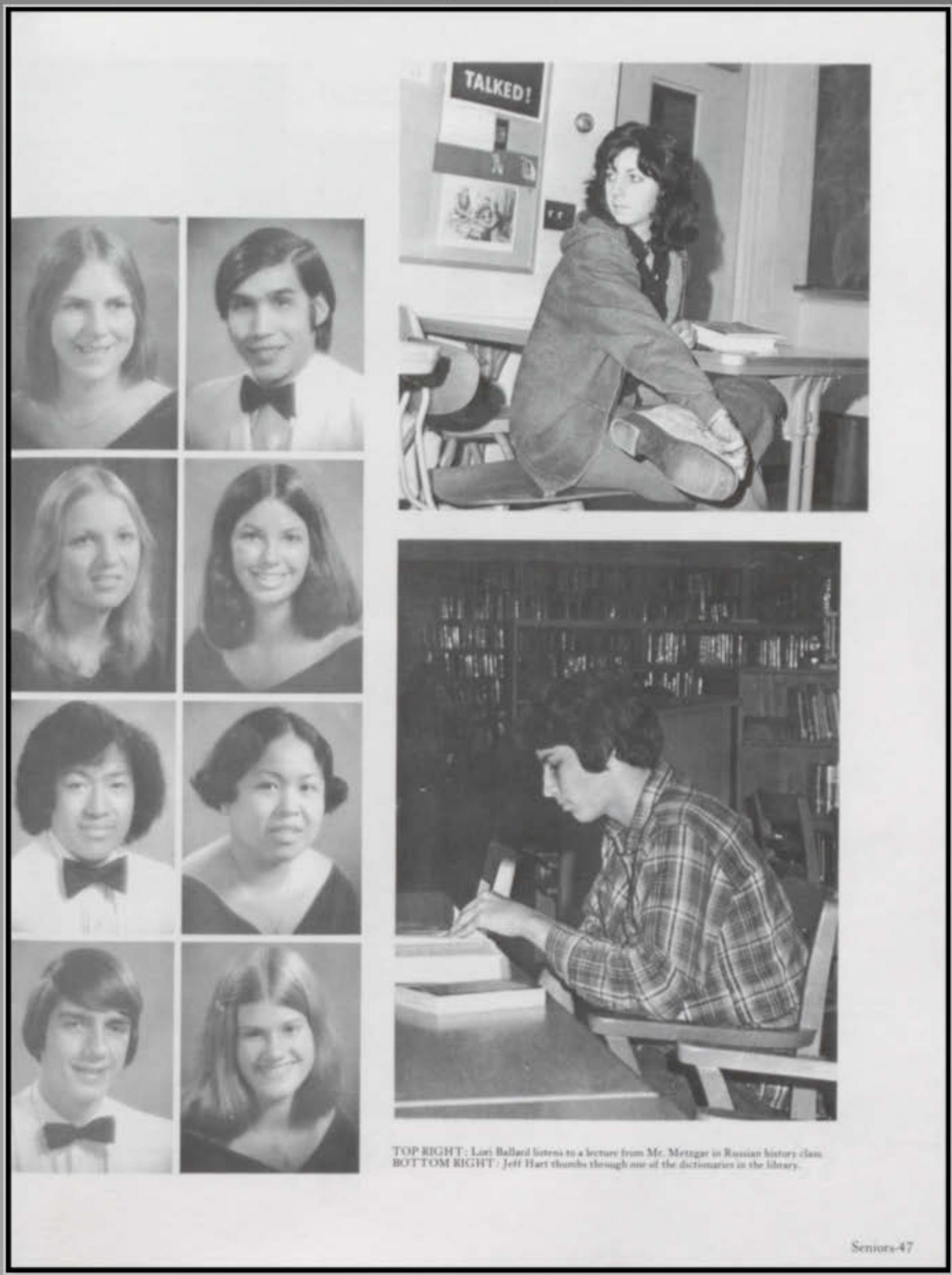


JACK W. COCHRAN
DEBBIE COLLISON
WAYNE D. COOGAN
DONY CORPUZ
EDNA CORPUZ



GERALD S. COUZIN
CHRIS CUNNINGHAM
SCOTT K. DALE
MIKE A. DAU
WENDY R. DAVIDSON





TOP RIGHT: Lori Ballard listens to a lecture from Mr. Metzgar in Russian history class.
BOTTOM RIGHT: Jeff Hart thumb's through one of the dictionaries in the library.

Juneau-Douglas City Museum

RICHARD L. DAVIS
DEANNA L. DENNIS



WILLIAM L. DIEBELS
CHARLENE E. DOLAND



JIM D. DUNCAN
SCOTT R. DUVAL



REBECCA EDWARDS
JANE E. ELLIS



TOP CENTER: Dave Boddy questions an interested Ken Koelich about the goings on inside at the 1974-75 Pub Hop.

Seniors reach out



M. DOLORES EZRE
ARLAND K. FAGERSTROM
MARGIE FEERO

SUSAN L. FENSTER
BARBARA FERRARI
PETER K. FRANK



RENNE S. FRANKLIN
SUSAN K. FREEMAN

MATTHEW C. GARCIA
JOSEPHINE GOODING

BOTTOM CENTER: Talented Seniors, Charlene Duland "Jane Intellect" and David Michaels "Joe Jock", act out their parts on the Senior Homecoming float.

Juneau-Douglas City Museum

MARK GRANT
JOE A. GREER
TED L. GROVES
KAREN M. HAGERUP
MARY P. HAKALA
MIKE HALLEEN



JERRY L. HAMILTON
KAREN A. HANSEN
TERRY L. HARRIGAN
JEFF A. HART
ROBIN A. HEARD
LORRAINE L. HICKOK



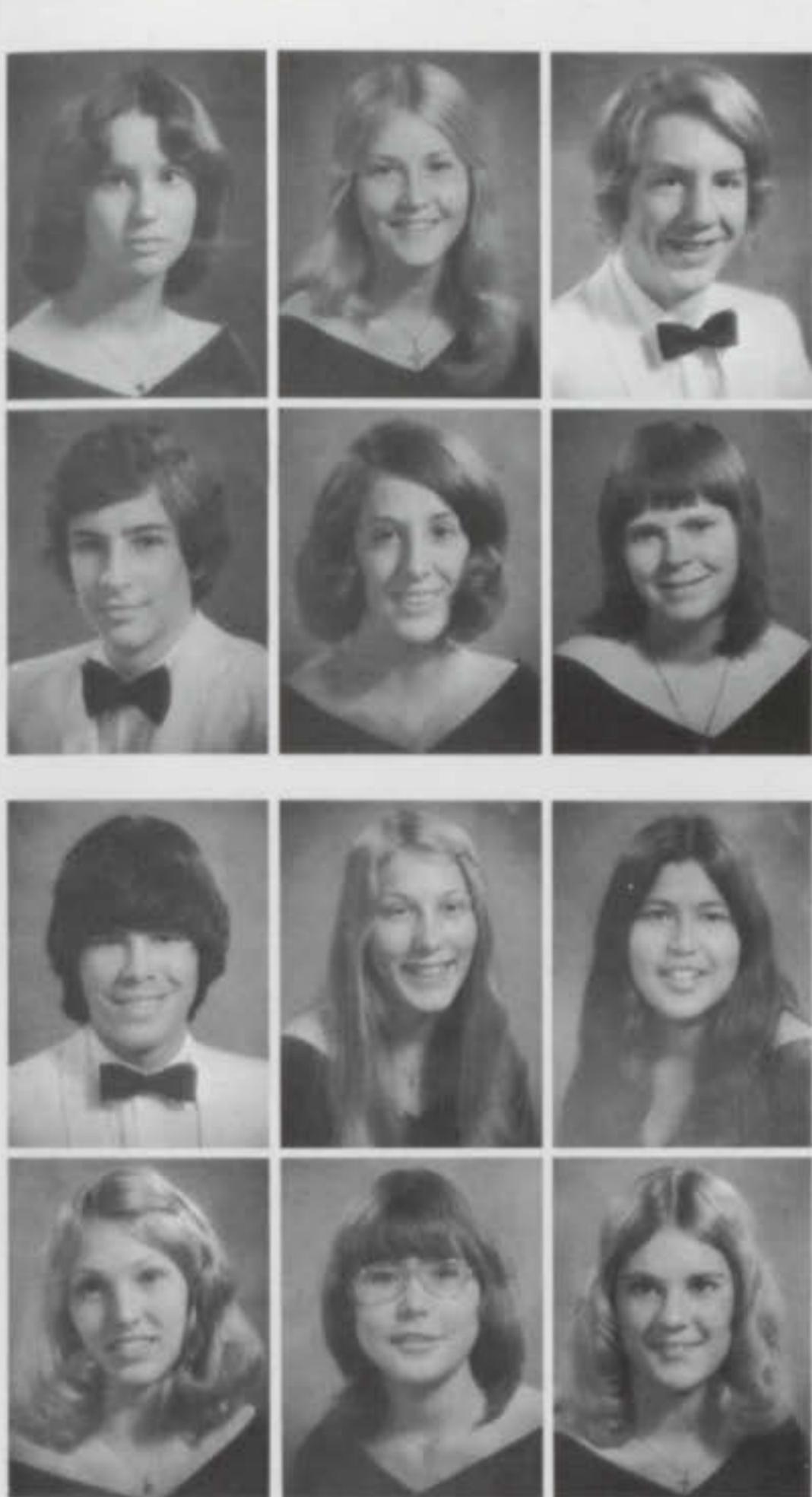
SUE A. HILDRE



MARK A. HIXSON



BOTTOM CENTER: Spirit is not dead in J-D High,
as shown by the King of Spirit Bill Diehls.



Spirit high in
Class of '75

BRIAN T. HOFFMAN
CYNTHIA A. HOGBERG
PATRICIA HOWARD

ANN C. HULL
ROSEMARY J. JACKSON
PEGGY JO JAMES

Seniors vary use of time

KATHY L. JAMES
GORDON H. JOHNSON
DEBBIE JOHNSON



ERIC H. JOHNSON
JOLE JOHNSON
VICKI J. JOHNSON

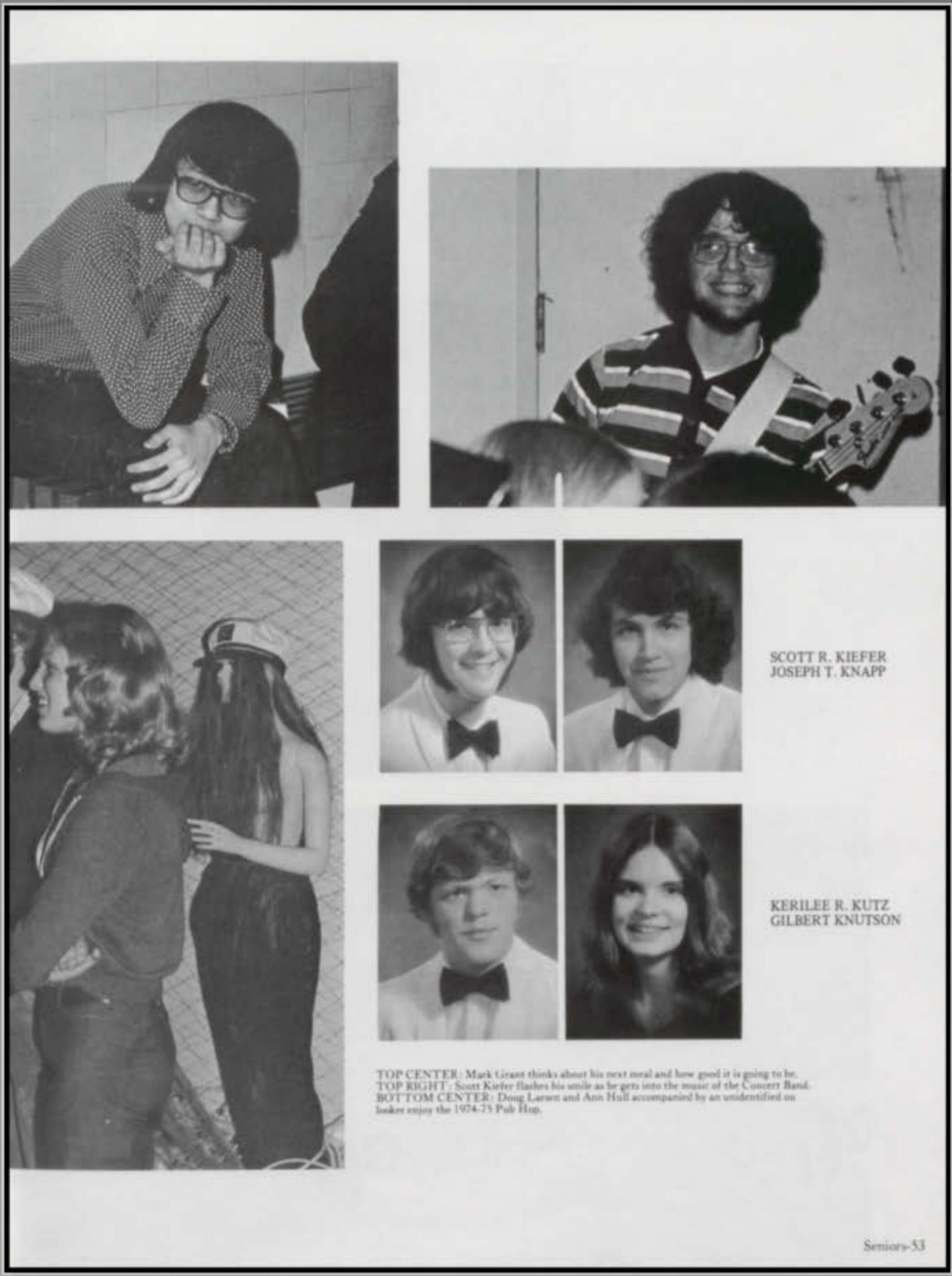


TEKLA C. JOHNSON
DALE R. JOHNSTON
MARK D. JONES



ROBERTO JOUGHIN
SABRINA J. KARLSON
DARLENE J. KEHLER





Class of '75 studies diligently

DOUG N. LARSEN
LENA A. LAUTH
SAM D. LE FEVRE



TERI L. LEHMAN
CINDY L. LEIGHT
ANNIE LEWIS

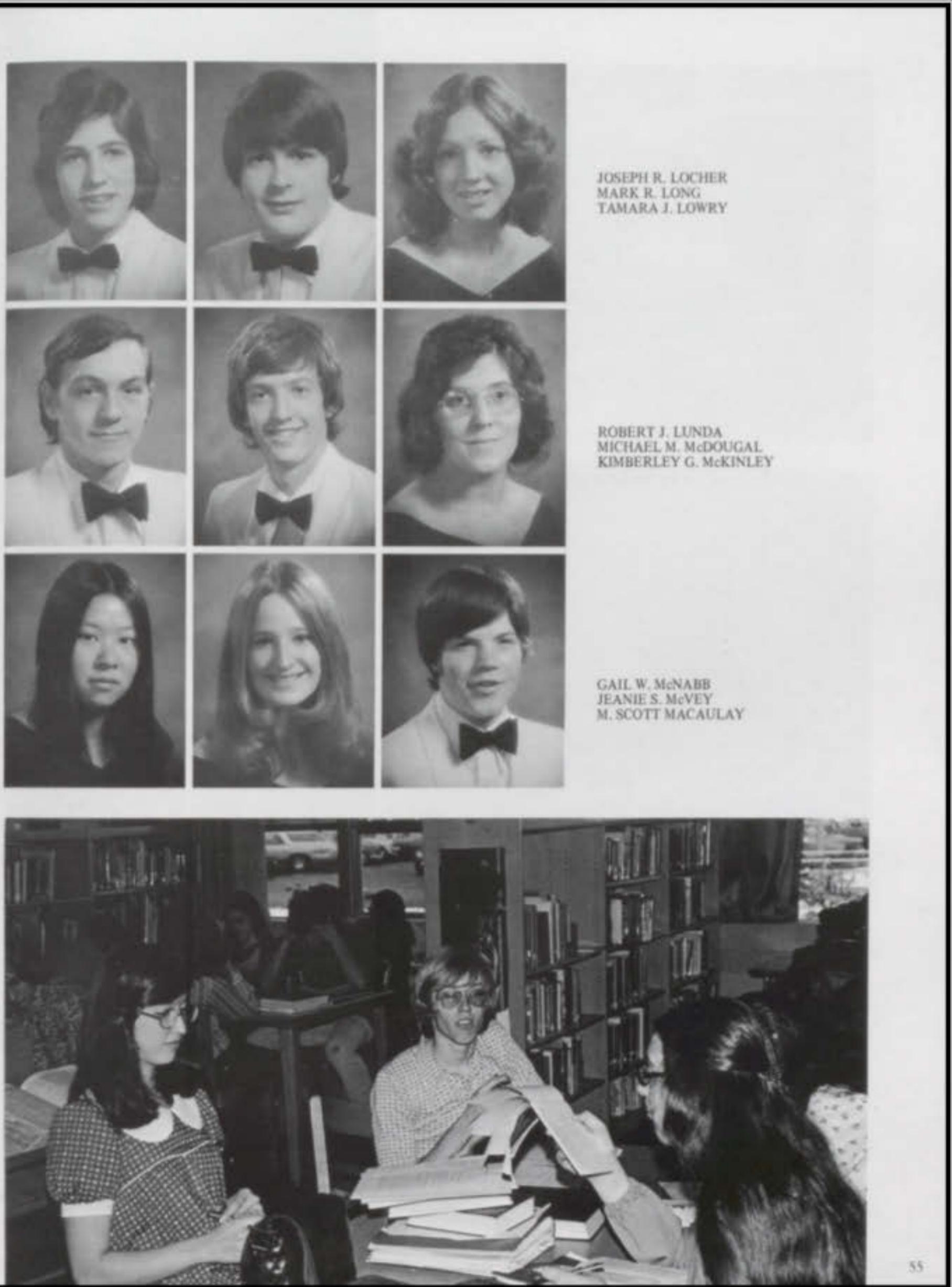


DAVID W. LEWIS
CHARLES LINDOFF
CAROL M. LLOYD



BOTTOM RIGHT: Seniors Charlene Duland and Linda Brewer explain to Junior Greg Kendall how to best use library resources.

Juneau-Douglas City Museum





TOP LEFT: Joe Knapp comfortably sits on top of the carpentry float in the homecoming parade. TOP CENTER: Yearbook editor Mary Jo Taylor relaxes between hectic deadlines. BOTTOM LEFT: As usual Sharon Pasch is busy painting another sign for C.D.A.A.



Upperclassmen take a
rest from school work



ROY D. MANNING
LAWRENCE MARTIN
JOHANNA MARVIN
MARK A. MASTERS
BOB C. MATTISON



KATHERINE MELL
GEORGE C. MESSERSCHMIDT
M. DAVID MICHAEL
NADINE L. MIELKE
CRISTIN M. MILL



KELLY MILLER
KEVIN MILLER
M. KEVIN MILLER
TRACEY L. MILLER
DON MOGG

Juneau-Douglas City Museum

Patrick Montgomery
John T. Mulligan
James A. Murray



Jim Neal
Ron E. Niemi
Colleen A. O'Brien



Sue C. Oliver
Deborah L. Patrick
Robert L. Peel



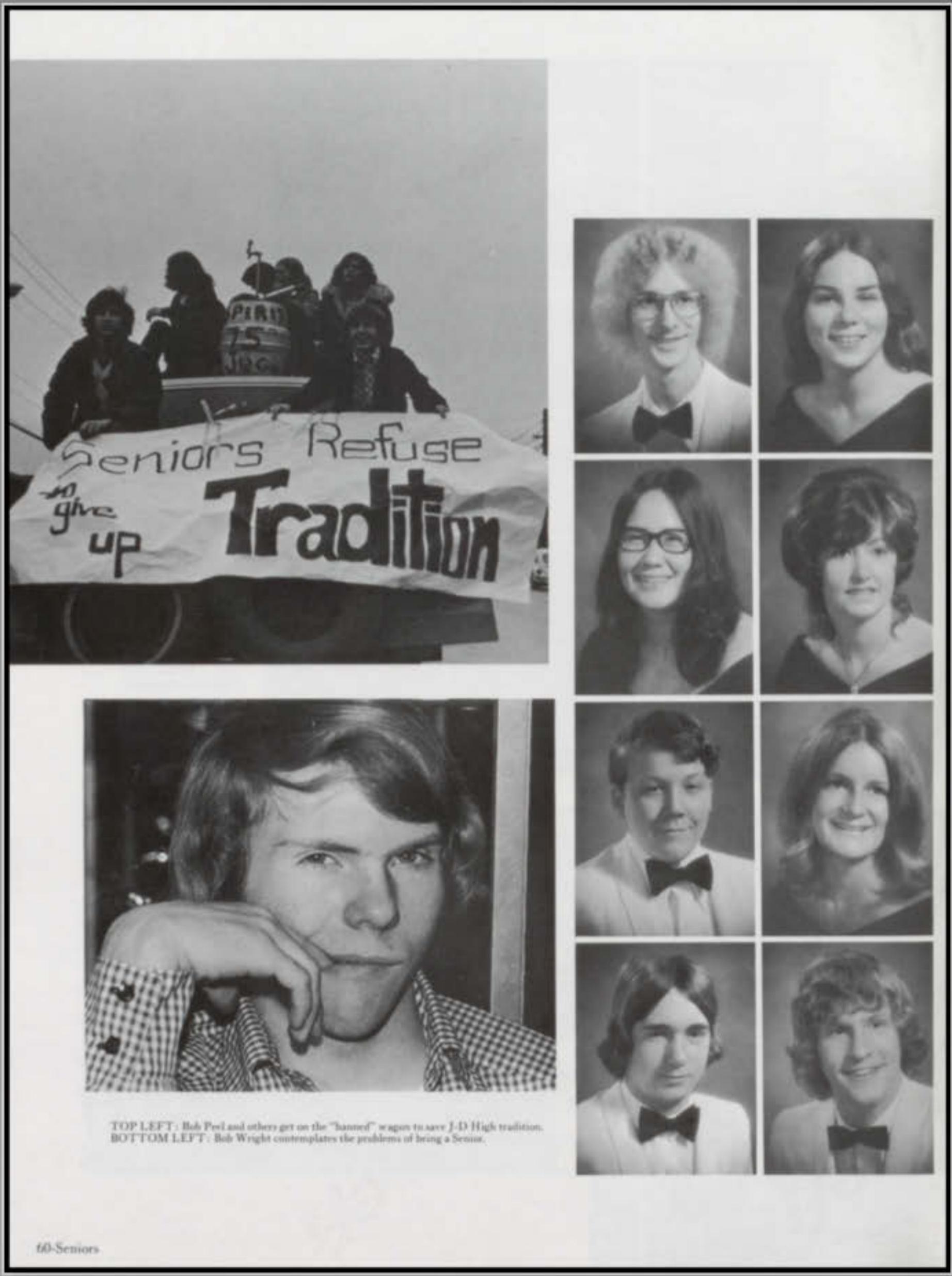
Seniors enjoy doing their own thing

Denise M. Petersen
Pat M. Peterson

Eric M. Petty
Debbie L. Pusich

Sharon L. Pusich
Lewis G. Quinn

TOP CENTER: A student Mark Masters takes a break between music classes. BOTTOM CENTER: Janet Clarke and Greg Bodine rediscover Newton's theory of gravitation. BOTTOM LEFT: Ron Niemi and Mr. Danier examine the underside of a car to find the trouble spot.



Tradition rides on in J-D High



STEW ROWLAND
PAM SARGENT
DEBRA A. SATHER
KURT A. SAVIKKO
AUDREY G. SCOTT



ELVA R. SCOTT
SARENA L. SHADDUCK
SALLY SHORTY
MIKE S. SICKLES
LaJUANA F. SMALLEY



BRADLEY G. SMATHERS
KAREN A. SMITH
MARK E. SMITH
FRED J. STEVENS
BRYAN STEWART



LARRY J. SULLIVAN
JIM E. SUNDBERG
RANDY G. TALLY
ESTELLE M. TASSART
RICHARD J. TAUG

Juneau-Douglas City Museum



KAREN B. THOMPSON
KRIS THOMPSON
LISA C. TURNER
BOB A. VARNESS
DAVE F. VINCENT
SEWARD E. WAGENIUS

JANET R. WAKEFIELD
VIC L. WALKER
DOLLY M. WALTER
BARBARA L. WARD
JAMES D. WEIR
ANGELA WESTMAN

JOHN WHALEN
GERALD WHITEHEAD
GABRIELLE M. WOOLF
LORRAINE M. WORKMAN
BOB E. WRIGHT
CARRIE JO ZAGARS



Seniors wind up the year



MARY JO TAYLOR
CAROLYN M. THIBODEAU
RICHARD J. THIBODEAU
IRENE F. THOMAS
NANCY L. THOMAS



TOP LEFT: Gregg Bodine and Katherine Mell look on as a cheer is being led at the basketball game. LEFT CENTER: Jack Cochran, a newcomer to J-D High, gets a pat on the head for adjusting so quickly.

As we remember the way we were we find a quiet, unsure group of people, the freshman class, led by: President, Beth Lane; Vice-President, Mary Hakala; Secretary, Jane Ellis; and Treasurer, Kathi Lucas. Scared as we were we were there and trying!

Coming up for the second time led by: President, Jane Ellis; Vice-President, Rick Thibodeau; Secretary-Treasurer, JoLe Johnson. The year began with the annual wood-cutting competition, ending in a tie for first place between the Seniors and our up and coming class. We ended up the year with a most controversial Sophomore Variety Show, "It Was a Very Good Year."

It's the laughter we will remember as we produced the most well received play in the history of the school, "Fiddler on the Roof." The Junior Prom came off well with the theme, "The Morning After." And our officers were: President, Denise Peterson; Vice-President, Julie Smith; and Secretary-Treasurer, JoLe Johnson.

Finally after four years of hard work we did it! We won the much coveted Spirit Jug. The Senior officers were: President, Bob Peel; Vice-President, Kurt Savikko; Secretary-Treasurer, Carrie Zagars. Our play, "The Firebugs" had one of the most effective endings yet seen in J-D High. The Senior Ball, "Midnight at the Oasis" proved a fulfilled success.

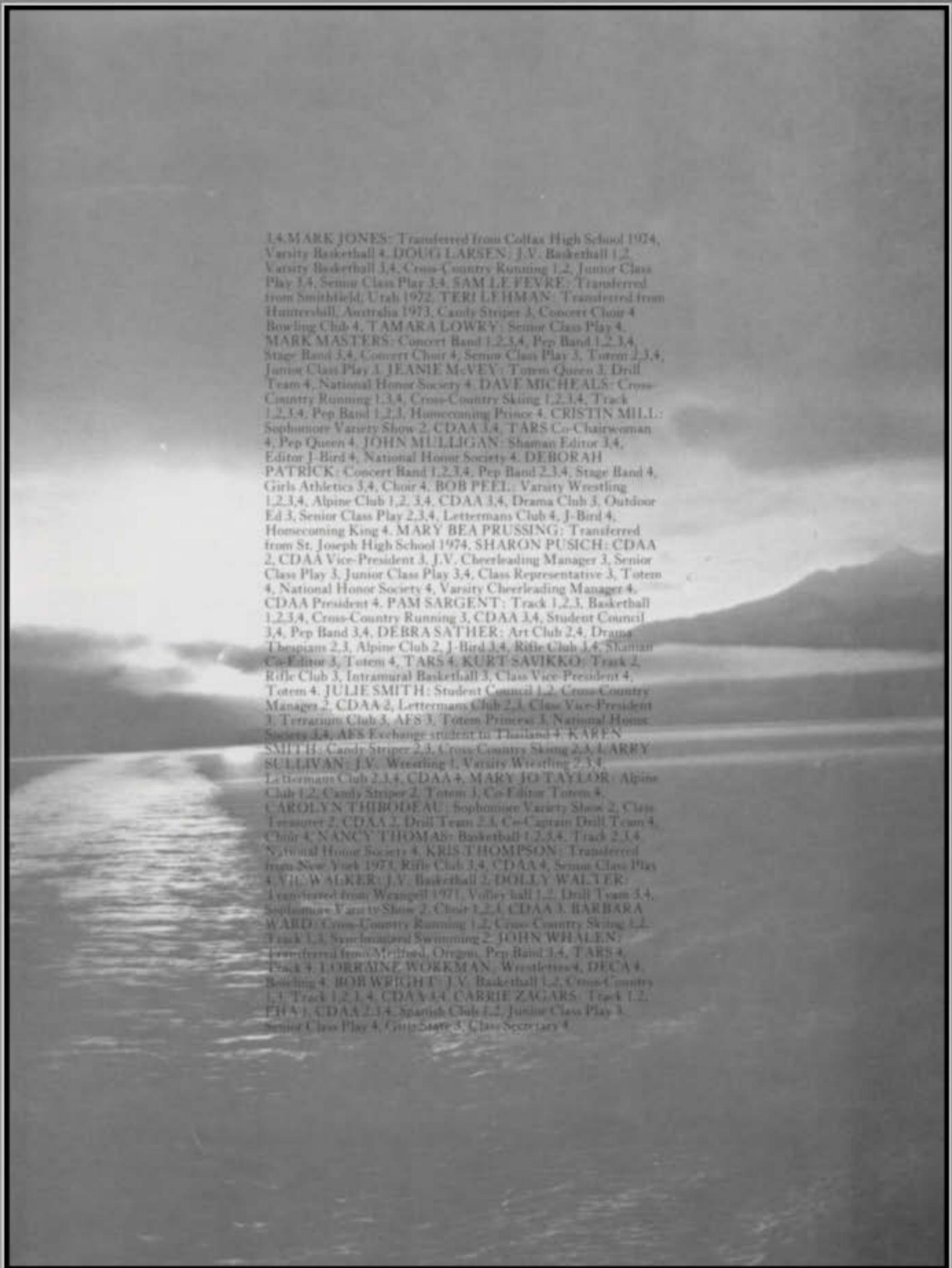
Oh, memories, may be beautiful and yet, what's too painful to remember we simply chose to forget.



Senior Activities

JOE BELZAK: J.V. Wrestling 1, Varsity Wrestling 2,3,4, Letterman Club 2,3,4, CDAA 4, NADINE BERGGREN: Alpine Club 3,4, Out-door Ed 4, Rock Club 4, BRIAN BILLINGSLEY: Transferred from Fountain Valley High School September 1974, Alpine Club 4, Bowling Club 4, Radio Club 4, GREGG BOUDINE: Spanish Club 1,2, Language Club 3,4, Shaman Edits 4, National Honor Society 4, Totem 4, LINDA BREWER: Spanish Club 1,2,3,4, National Honor Society Treasurer 4, NHS Vice President 4, Totem 4, ALBERT BROUILLETTE: J.V. Cross-Country Running 1,2, J.V. Basketball 1, Varsity Track 1,2, Letterman Club 1,2, SUSAN BUMP: Spanish Club 1,2, Candy Stripper 1,2, FFA officer 2,3, KEITH BURGFESS: Basketball 1, GAYLE CALLAHAN: Transferred from Edmonds High School 1972, Girls Volleyball 1,4, Girls Basketball 3,4, Girls Track 3,4, Pep Band 3,4, Stage Band 3,4, JANET CLARKE: J.V. Cheerlead 1, Spanish Club 1, Language Club 2, Varsity Cheerleader 2,3,4, CDAA 1,2,3,4, Student Director Junior Class Play 3, Student Council 1, Sophomore Variety Show 2, Totem Princess 3, Totem 3, Co-Editor Totem 4, TAR 3, Co-Chairwoman TARS 4, Homecoming Princess 4, National Honor Society 3,4, DEBBIE COLLISON: Transferred from Spokane, Washington 1972, Wristlettes 3,4, DONY CORPUZ: Cross Country Running 1,2, Cross Country Skiing 1, Track 1, WENDY DAVIDSON: CDAA 1,2,3, Varsity Cheerleader 2, Junior Class Play 3, Homecoming Princess 4, RICHARD DAVIS: Junior Class Play 3,4, Totem 3, Shaman 3, Senior Class Play 3,4, CDAA 4, CHARLENE DOLAND: Spanish Club 1,2,3, National Honor Society treasurer 4, SCOTT DUVAL: Transferred from Gainesville High 1972, Wrestling 2,3,4, Bowling Club 2,3,4, JANE ELLIS: FFA 1, Cross-Country Running 1, Spanish Club 1, Class Secretary 1, Out-door Ed 2, Class President 2, Sophomore Variety Show 2, A.S.B. Secretary 3, Office Aid 3, Totem 3, TARS 4, ARLE AND FAGERSTROM: J.V. Basketball 1,2, Varsity Basketball 2,1, National Honor Society 3,4, Homecoming Prince 4, MARGIE FEERO: Wristlette 2, PETE FRANK: CDAA 1, Alpine Club 1,2,3, Art Club 1,2,1, Totem 2,1, J-band 4, Senior Class Play 4, MATT GARCIA: J.V. Basketball 2, KARLIE GASKILL: Transferred from Missoula, Montana 1974, Shaman Co-Editor 4, J-Biel Co-Edits 4, Totem 4, MARY HAKALA: Cross-Country Running 1,2,3,4, Cross-Country Skiing 1,2,3, Track 1,2,3,4, CDAA 2, Totem 3, Totem Princess 3, National Honor Society 3,4, A.S.B. President 4, Class Vice President 1, Homecoming Princess 4, JERRY HAMILTON: Transferred from San Diego, California 1972, CDAA 4, Outdoor Ed 2, ROBIN HEARD: Chorus 2,3,4, Cross-Country Running 1, Drill Team 2,2, All State Honor Choir 4, Junior Class Play 4, Senior Class Play 4, CDAA 3,4, Honor Choir 3, SUE HILDRE: Drill Team 2,1, Senior Class Play 3, CDAA 3,4, Concert Choir 4, MARK HIXSON: Band 1, Track 1, J.V. Basketball 2, Basketball Manager 1,2, Intramural Basketball 1, ANS HUTCH: Concert Band 1,2,3,4, Junior Class Play 2,3, Senior Class Play 4, Concert Choir 4, Pep Band 2,3,4, National Honor Society 4, Homecoming Queen 4, ERIC JOHNSON: Junior Class Play 3, Pep Band 2,3,4, National Honor Society 4, JOLE JOHNSON: Girls Basketball 2,3,4, Volleyball 2, Pep Band 2,3,4, Class Secretary 3, A.S.B. Vice President 4, CDAA

Juneau-Douglas City Museum



14. MARK JONES: Transferred from Colfax High School 1974, Varsity Basketball 4, DOUG LARSEN: J.V. Basketball 1,2, Varsity Basketball 3,4, Cross-Country Running 1,2, Junior Class Play 1,4, Senior Class Play 3,4, SAM LEFEVRE: Transferred from Smithfield, Utah 1972, TERI LF HMAN: Transferred from Hamershall, Australia 1973, Candy Stripper 3, Concert Choir 4, Bowling Club 4, TAMARA LOWKY: Senior Class Play 4, MARK MASTERS: Concert Band 1,2,3,4, Pep Band 1,2,3,4, Stage Band 3,4, Concert Choir 4, Senior Class Play 3, Totem 1,2,3,4, Junior Class Play 1, JEANIE McVEY: Totem Queen 1, Drill Team 4, National Honor Society 4, DAVE MICHEALS: Cross-Country Running 1,2,3,4, Cross-Country Skiing 1,2,3,4, Track 1,2,3,4, Pep Band 1,2,3, Homecoming Prince 4, CRISTIN MILL: Sophomore Variety Show 2, CDAA 3,4, TARS Co-Chairwoman 4, Pep Queen 4, JOHN MULLIGAN: Shaman Editor 3,4, Editor J-Bird 4, National Honor Society 4, DEBORAH PATRICK: Concert Band 1,2,3,4, Pep Band 2,3,4, Stage Band 4, Girls Athletics 3,4, Choir 4, BOB PEEL: Varsity Wrestling 1,2,3,4, Alpine Club 1,2,3,4, CDAA 3,4, Drama Club 3, Outdoor Ed 3, Senior Class Play 2,3,4, Lettermans Club 4, J-Bird 4, Homecoming King 4, MARY BEA PRUSSING: Transferred from St. Joseph High School 1974, SHARON PUSICH: CDAA 2, CDAA Vice-President 3, J.V. Cheerleading Manager 3, Senior Class Play 3, Junior Class Play 3,4, Class Representative 3, Totem 4, National Honor Society 4, Varsity Cheerleading Manager 4, CDAA President 4, PAM SARGENT: Track 1,2,3, Basketball 1,2,3,4, Cross-Country Running 3, CDAA 3,4, Student Council 3,4, Pep Band 3,4, DEBRA SATHER: Art Club 2,4, Drama Theatrics 2,3, Alpine Club 2, J-Bird 3,4, Rifle Club 1,4, Shaman Co-Editor 3, Totem 4, TARS 4, KURT SAVIKKO: Track 2, Rifle Club 3, Intramural Basketball 3, Class Vice-President 4, Totem 4, JULIE SMITH: Student Council 1,2, Cross-Country Manager 2, CDAA 2, Lettermans Club 2,3, Class Vice-President 1, Terrarium Club 3, AFS 3, Totem Princess 3, National Honor Society 3,4, AFS Exchange student in Thailand 4, KAREN SMITH: Candy Stripper 2,3,4, Cross-Country Skiing 2,3,4, LARRY SULLIVAN: J.V. Wrestling 1, Varsity Wrestling 2,3,4, Letterman Club 2,3,4, CDAA 4, MARY JO TAYLOR: Alpine Club 1,2, Candy Stripper 2, Totem 1, Co-Editor Totem 4, CAROLYN THIBODEAU: Sophomore Variety Show 2, Class Treasurer 2, CDAA 2, Drill Team 2,3, Co-Captain Drill Team 4, Choir 4, NANCY THOMAS: Basketball 1,2,3,4, Track 2,3,4, National Honor Society 4, KRIS J. THOMPSON: Transferred from New York 1974, Rifle Club 3,4, CDAA 4, Senior Class Play 4, Vt., WALKER: J.V. Basketball 2, DOLLY WALTER: Transferred from Wrangell 1971, Volleyball 1,2, Drill Team 3,4, Sophomore Variety Show 2, Choir 1,2,3, CDAA 3, BARBARA WARD: Cross-Country Running 1,2, Cross-Country Skiing 1,2, Track 1,3, Synchronized Swimming 2, JOHN WHALEN: Transferred from Medford, Oregon, Pep Band 1,4, TARS 4, Track 4, LORRAINE WORKMAN: Wrestling 4, DECA 4, Bowling 4, BOB WRIGHT: J.V. Basketball 1,2, Cross-Country 1,2, Track 1,2,3,4, CDAA 3,4, CARRIE ZAGARS: Track 1,2, PEAT: CDAA 2,3,4, Spanish Club 1,2, Junior Class Play 3, Senior Class Play 4, Girl Scouts 3, Class Secretary 4.



The way we
LIVED



Juneau-Douglas City Museum



70-Pub Hop



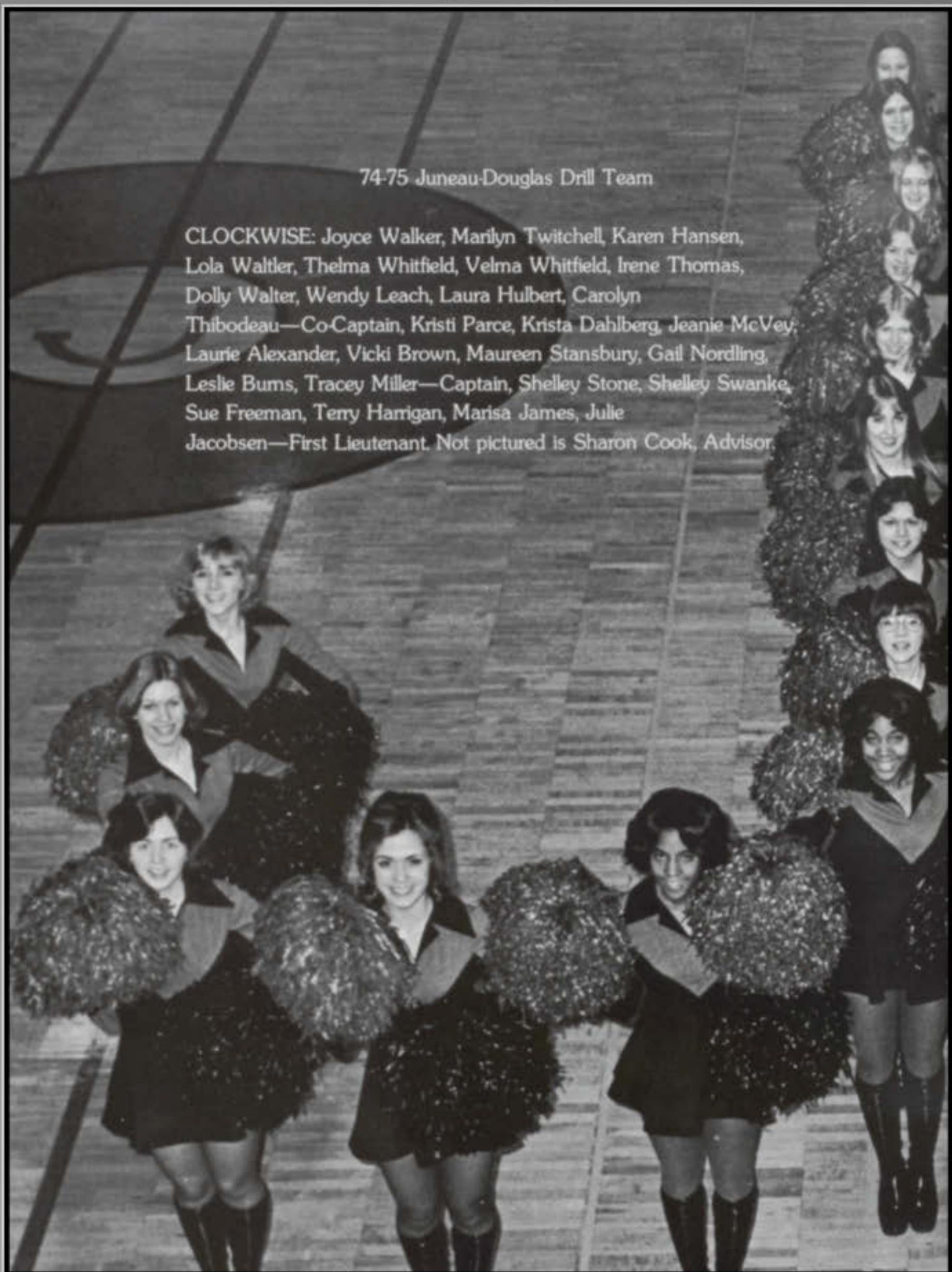
Wendy Iversen crowned queen at Pier 49

Fisherman's Fling at Pier 49 was the theme of the September 28, 1974 Pub Hop. Pretty mermaids and salty fishermen alike danced to the music of Brian Well's Band. The high point of the evening came when last year's Totem Queen, Jeanie McVey, ascended the stairs to announce the new Totem Queen. The group, gathered around the stage, and especially the five nervous princesses, Gail Nordling, Laurie Starr, Wendy Iversen, Valerie Fraties, and Julie Jacobsen, waited expectantly until Jeanie crowned Wendy Iversen as 1975 Totem Queen.

TOP LEFT: Wendy Iversen, center, is announced Totem Queen by Jeanie McVey, right. Surrounding Wendy are her princesses. Back Row: Lauri Starr, Gail Nordling. Front Row: Julie Jacobsen, Valerie Fraties. TOP RIGHT: Mrs. Bellflower poses with an unidentified woman. LOWER LEFT: Totem Royalty, left to right, Valerie Fraties, Gail Nordling, Wendy Iversen, (queen), Lauri Starr, Julie Jacobsen. LOWER RIGHT: Jeanie McVey, last year's Totem Queen dances in the crowd before crowning the 74-75 Queen.



Juneau-Douglas City Museum



74-75 Juneau-Douglas Drill Team

CLOCKWISE: Joyce Walker, Marilyn Twitchell, Karen Hansen,
Lola Waltler, Thelma Whitfield, Velma Whitfield, Irene Thomas,
Dolly Walter, Wendy Leach, Laura Hulbert, Carolyn
Thibodeau—Co-Captain, Kristi Parce, Krista Dahlberg, Jeanie McVey,
Laurie Alexander, Vicki Brown, Maureen Stansbury, Gail Nordling,
Leslie Burns, Tracey Miller—Captain, Shelley Stone, Shelley Swanke,
Sue Freeman, Terry Harrigan, Marisa James, Julie
Jacobsen—First Lieutenant. Not pictured is Sharon Cook, Advisor.

Juneau-Douglas City Museum



Firebugs ends with bang

This year's Senior Class play, the Firebugs, was an interesting arrangement of acting and scenery.

The Firebugs, put on Nov. 7, 8, 9, was the story of two firebugs, Sepp Schmitz, a wrestler- arsonist, and Willi Eisnering, a waiter- arsonist, who cajoled their way into the attic of Gottlieb Biedermann, and his wife Babette.

Soon Gottlieb realized that there was gasoline in his attic, and that he was housing firebugs. He tried to halt fate by feeding the firebugs a delicious meal, and trying to secure a friendship with them.

The Firebugs, however, blew up Gottlieb's home anyway, and as the play ended, the audience enjoyed an auditorium of very real smoke.

CAST

Gottlieb Biedermann
Babette (his wife)
Anna (the maid)
Sepp Schmitz (wrestler, arsonist)
Willi Eisnering (waiter, arsonist)
Policeman
Ph.D.
Mrs. Knechtling
Firemen Chorus

Richard Davis
Leslie Lauke
Carrie Zagars
Mike McDougal
Bob Peel
Rich Gobble
Paul Ferrez
Ruth Harris
Sami Samaniego
Cathy Lancaster
Paula Veasy
Peter Frank
Larry Kent
Tom Tilson

Publicity

Kathy Janes

Tickets
Make up

Chris Mill

Sharon Pusich

Props

Doug Larsen

Bob Peel

Costumes

Jamie Freeman

Programs

Dixie Dawson

Ushers

Rada Tanner

Concessions

Jamie Freeman

Vicki Johnson

Wendy Davidson

Sue Hildre

Chris Mill

Vic Walker

Kathy Janes

Gregg Slatin

Carrie Zagars

BACKSTAGE CREW

Ruth Haines ... Barb Ferrari ... Brent Stubblefield ... Paul Ferrez ... Mark O'Brien ... Jean Mell ... Mike Coby ... Roxanne Reeder ... Chris Thompson ... Sydney Wagenius ... Jolene Coby.



Juneau-Douglas City Museum



TOP LEFT: The Firebug cast. Back Row: Bob Peel. Middle Row: Peter Frank, Leslie Lankri, Richard Davis, Larry Kent. Front Row: Kathy Lancaster, Paula Vranev, Sam Samaniego, Rich Gobble, Carrie Zagars, Tom Tilson. TOP RIGHT: Jerome Hanson explains to Mark O'Brien how to build a prop for the play. BOTTOM RIGHT: Bob Peel, Willie, at right, explains why there are gasoline drums in the attic to Mr. Biedermann, Richard Davis. BOTTOM LEFT: The firemen, Peter Frank, Paula Vranev, Tom Tilson, and Kathy Lancaster come to warn Mr. Biedermann that there is gasoline in his attic.



76-Pre-season activities



Excitement runs high at assemblies

Despite the fact that there was no Bonfire or Snake Dance this year, students' enthusiasm at the Spirit assembly was bigger than ever. Both the Student Council and the teachers put on funny skits, and the Seniors took the Spirit Jug. Not to be outdone however, the Juniors showed their enthusiasm by throwing colorful streamers and the Sophomores won the Spirit Banner. The final event in the assembly was the tug-of-war. The Sophomores and Seniors worked their way to the finals but after a minute or so of struggling, the rope broke, and people were scattered all over the floor, much to the amusement of the Juniors.

TOP LEFT: Dave Michaels, Dave Abel and Charliee Duland represent a few of the lifestyles of the Senior class. TOP CENTER: The Senior class yell it's way to the Spirit Jug. BOTTOM CENTER: Santa, and elves Leslie Lauber present the angelic Beth Heilfesser a pair of stilts, to aid her in her trek to heaven. BOTTOM RIGHT: Eldon Dennis, Bill Bransmer, Max Lewis, Dan Seepanek, and Ken Cassell compose the "Class of 55" varsity squad.



Bob and Ann reign as Homecoming King and Queen

On December 14, following a thrilling game against Sitka, which we won, 61-60, there was an important event. The Homecoming Royalty, ten nervous Seniors, listened as Bob Wright and Sharon Pusich gave the audience a background of each couple walking the length of the gymnasium. Heading the procession were Micheal Ward and Deana Smith who livened up the evening by dropping the crowns they were carrying quite a number of times. The excitement was brought to a peak when Sharon Pusich announced that Ann Hull and Bob Peel were the 1974-75 Homecoming King and Queen.

TOP LEFT: Dave Boddy, Carrie Zagers. TOP CENTER: Doug Larson, Ann Hull. TOP RIGHT: Bob Peel, Janet Clark. BOTTOM RIGHT: Queen Ann Hull, King Bob Peel. BOTTOM CENTER: Arland Fagervstrom, Mary Hakala. BOTTOM RIGHT: David Michaels and Wendy Davidson.



Juneau-Douglas City Museum



Homecoming '79

New traditions initiated by Student Council

This years student council set out to replace their old tradition, the bonfire, with a new one. After going over many ideas, they decided to have a parade on the day of homecoming, with each class making competitive floats.

The student council had other goals too, including rewriting their outdated constitution, and making it possible for a student to be elected to the school board in an advisory capacity. Of the three students chosen by the council, Jake Metcalfe was elected by the students to this position.

In mid-November, the student council sent five members to the Alaska Association of Student Governments Convention in Anchorage; Bob Peel, Carrie Zagars, Valerie Fraties, Bill Pelto and Doug Peel. Besides these five, David Miller, the student council's correspondent, and Jane Ellis, last years Vice-President of the Association attended, and David Miller was elected next years Vice-President of the Association.





TOP CENTER: Jerry Beadle. Second row, Janet Long, Valerie Fratus, Darwin Walters. Third row, Greg Kendall, Bill Pele, Marilyn Thibodeau, JoLe Johnson, Pam Sergeant, Bob Peel, Mary Hakala. Fourth row, Dick Gishole, Marilyn Twitchell, Gail Nordling, Larry Sullivan, Doug Pele. Sixth row, Kurt Savikko. TOP RIGHT: ASB Secretary, Valerie Fratus, sits with Kurt Savikko. CENTER RIGHT: ASB Treasurer, Pam Sergeant, and Mary Hakala examine Mac's cage. BOTTOM RIGHT: Karen Price, Student Council Advisor, and Mary Hakala, ASB President, listen to discussion on the smoking problem. BOTTOM CENTER: Carole Zagers and Bob Perl discuss the meeting as Bill Pele looks on. BOTTOM LEFT: ASB Vice-President JoLe Johnson.

Students flock to Oasis

"Midnight at the Oasis" proved to be an ironic theme to the 150 high school students who attended the Senior Ball, on a cold December 29th, in the dead of winter.

Once inside the Latchstring however, the theme prevailed, for a huge mural covered a wall, "magic lamps" lit each table, and a huge canopy hung over the dance floor.

But there was more than just atmosphere to the Senior Ball, following a delicious dinner, students danced in the Gold Room to the superb music of Bay Root.

TOP CENTER: Marilyn Twichell, Mark Halvor, Jerry Beadle, Kathy Billingsley, and Eric Petty wait for the next dance to begin. TOP RIGHT: Sharon Pisch and Larry Sullivan stand outside the Gold Room. RIGHT CENTER: Bob Peel and Janet Clarke thoroughly enjoy their punch. BOTTOM RIGHT: After dinner, Gail Noddling and Rick Thibodeau wait in the lobby for the dancing to begin. BOTTOM CENTER: Doug Peel, Joe Knapp and Mary Hakala meet at the punch bowl. BOTTOM LEFT: Valerie Fraties and Chris Cunningham relax in the lobby.



Juneau-Douglas City Museum



Senior Ball-83

Bill and Cris most spirited fans for 1974-75

Juneau-Douglas High has an old tradition of choosing a girl and boy at the end of the basketball season who have shown the most support at the games. The two people chosen can't belong to any organization that requires spirit, however, such as the basketball team, Pep Band, cheerleading squad, wrestlettes, or Drill Team.

This year, the basketball team felt that Cris Mill deserved the title of Pep Queen, and the Varsity Cheerleaders decided that Bill Diebels should reign as Pep King.

LEFT: Bill Diebels and Cris Mill are shown soon after they are voted the most enthusiastic fans in the crowd. TOP CENTER: Bill Diebels, also the dancing bear, deservedly wears the Spirit Crown. TOP RIGHT: The newly crowned Cris Mill carries the bouquet given to her by the basketball team. BOTTOM RIGHT: Bill Diebels holds the huge CDAA megaphone as Cris looks on.



Juneau-Douglas City Museum



Pep Royalty-85

J. V. Cheerleaders keep up spirit

The Junior Varsity cheerleaders were a very spirited group this year, starting off with many projects despite the setback of having a bolt of material, meant for their uniforms stolen. The J.V.'s sponsored a dance and sold spirit buttons that were numbered on the back. Then at a few of the basketball games, numbers were drawn from a hat, and if any of these matched the one on the back of your button, you won a free pizza.

The Junior Varsity cheerleaders took a four day trip to Sitka to cheer their bears on. Besides these projects, they also found time to add more acrobatics to their cheers than ever before.

TOP LEFT: Terry Mungle watches the game before beginning the familiar "rebounds" cheer. TOP RIGHT: Four members of the Junior Varsity squad; Cindy Istatis, Susan Vuille, Sherry Cheatum, and Linne Clarke. BOTTOM RIGHT: Susan Vuille and Linne Clarke join in singing the Junior Varsity song at the close of another winning game. BOTTOM LEFT: Sherry Cheatum and Terry Mungle synchronize their movements in a cheer.



Juneau-Douglas City Museum



Junior Varsity Cheerleading-87

Cheerleaders rock on

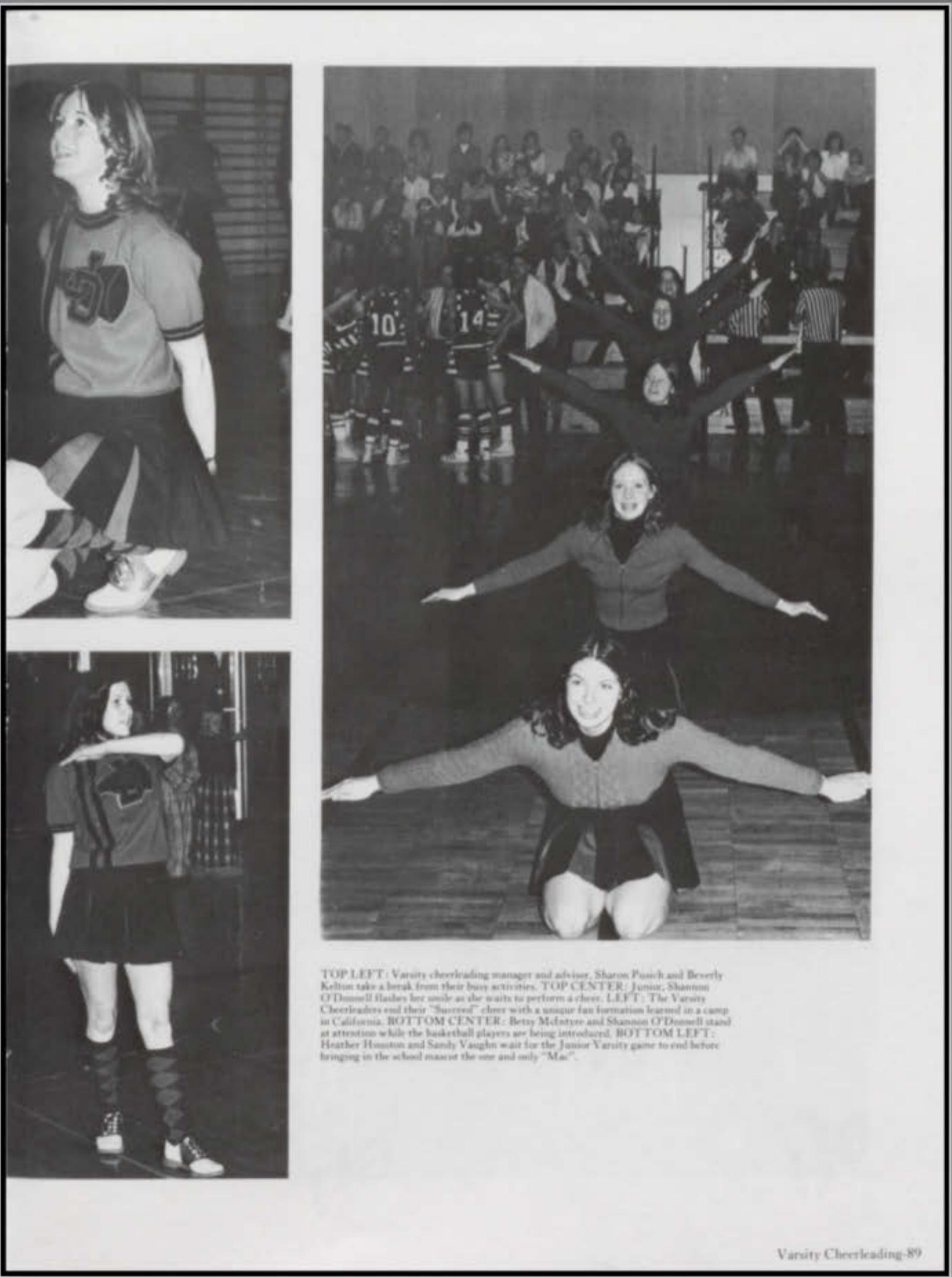
The Varsity Cheerleaders this year were able to work well as a group because of the camp all five attended in Malibu, California this past summer. Evaluations were held at the week long camp and our cheerleaders got one of the three trophies given out to the fifty or sixty cheerleading groups there.

These girls, Janet Clarke, Shannon O'Donnell, Sandy Vaughan, Heather Houston, Betsy McIntyre, and Manager Sharon Pusich kept up the school spirit throughout the year and tried to attend most varsity events. They also helped keep the spirit up away from home when they traveled with both the basketball team and the wrestlers. Their big trip for the year was to an Anchorage Christmas Basketball Tournament between Sitka, East Diamond, and Juneau, where Juneau made a respectable showing.

The cheerleaders were able to improve throughout the year bringing in new cheers and chants as well as stunts and formations for the student body. School Spirit wouldn't be the same without this group in red and black!



Juneau-Douglas City Museum



TOP LEFT: Varsity cheerleading manager and adviser, Sharon Pusack and Beverly Kelton take a break from their busy activities. TOP CENTER: Junior, Shannon O'Donnell flashes her smile as she waits to perform a cheer. LEFT: The Varsity Cheerleaders end their "Sweat" cheer with a unique fan formation learned in a camp in California. BOTTOM CENTER: Betty McEntyre and Shannon O'Donnell stand at attention while the basketball players are being introduced. BOTTOM LEFT: Heather Houston and Sandy Vaughn wait for the Junior-Varsity game to end before bringing in the school mascot the one and only "Mac".

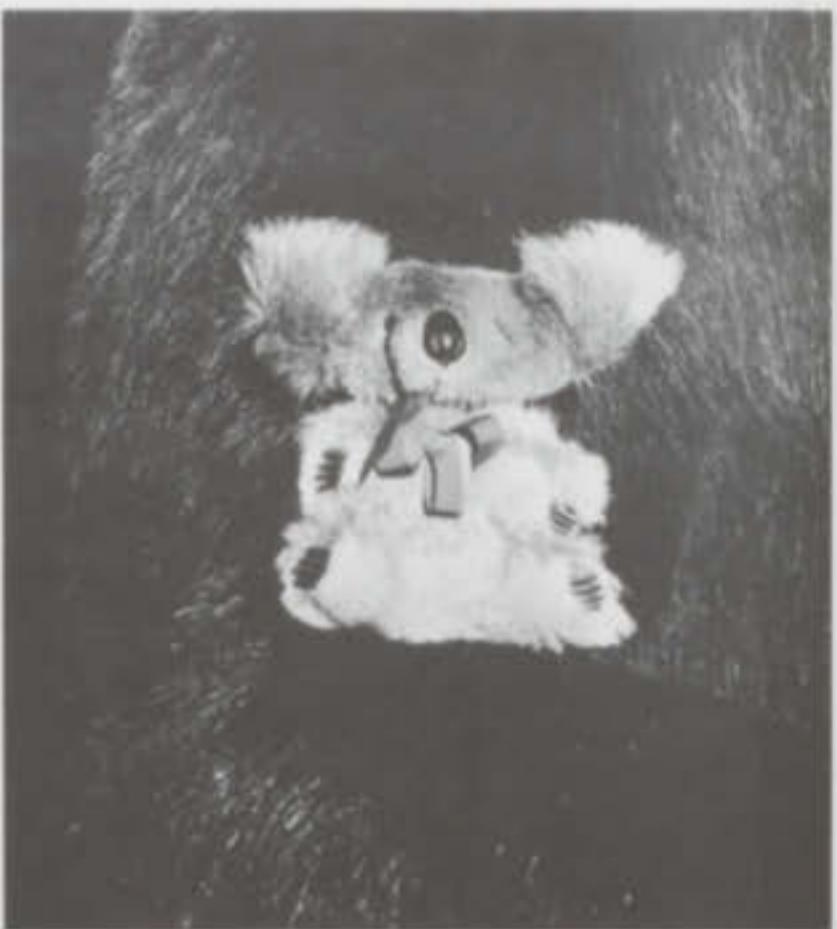
Spirit raised sky high

Every year towards the end of February, the Juneau Douglas High School begins buzzing with excitement. Why? Because the South East Basketball Tournament takes place on the very last day of that month. This year, as is tradition, the week before Tournament was Spirit Week, which is designed to (and always does) raise the excitement level sky high.

Following are the winners of the contests that took place during the assemblies.

Pyramid	Seniors
Life Saver Pass	Seniors
Root Beer Chug	Seniors
Peanut Push	Juniors
People Stuffing	Sophomores
Lemon Line	Faculty
Orange Pass	Faculty
Nylon-Orange	Faculty
Obstacle Course	Not Counted

The winner of the Spirit Jug was the Senior Class, with the Faculty coming out second, the Junior Class third, and the Sophomores in last place.



Juneau-Douglas City Museum



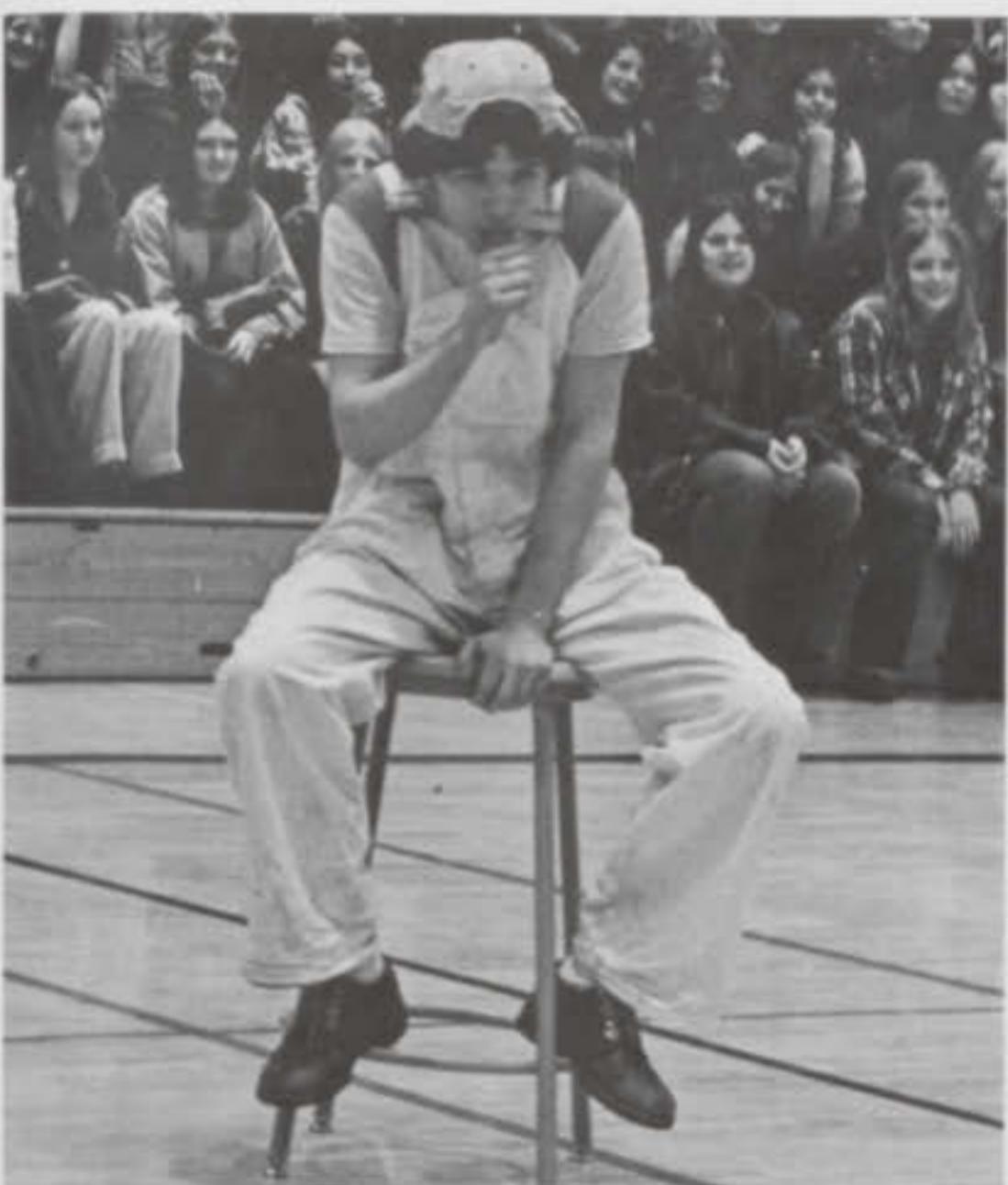
TOP LEFT: Nestled in Mac's arm is "koala bear", presented to the school by Jeff Slatter, the foreign exchange student from Australia.
TOP RIGHT: Sharon Pasich, Curtis Blackwell, Wendy Davidson and Jeff Morgan, race to pass their lifeguard to the end of the line.
BOTTOM RIGHT: Lee Hendrickson approaches the finish line in the nylon and orange race, winning the race for the second time in two years. BOTTOM CENTER: Sharon Pasich and Curtis Blackwell exchange their lifeguard as the Seniors cheer them on.
BOTTOM LEFT: The Sophomore class attempts to build a stable pyramid in the little time they have left.

Oliver

The Cast List for Oliver!

Al Murray	Oliver		
Jeff Morgan	Fagin		
Laura Hulbert	The Artful Dodger		
Nancy Riggan	Nancy		
Rick Thibodeau	Bill Sikes		
Sharon Pusack	Charlotte		
Cassandra Weiss	Mrs. Sourberry		
Bill Diebels	Mr. Sourberry		
Ward Lane	Noah		
Doug Larson	Mr. Brownlow		
Lisa Akiyama	Bet		
Bill Pelto	Mr. Bubble		
Robin Heard	Widow Carney		
Marisa James	Mrs. Bedwin		
Mike Koby	Dr. Grimwig		
Kelly Miller	Charlie Bates		
Laurie Larson	Old Sally		
COMPANY:			
Lynn Clark	Ruth Harris	Freddie Vincent	Carol
Thorsteinson	... Ron Haley	... Darwin Walters	... Susie
Anderegg	... Richard Davis	... Mike Prussing	... Ametta
Pederson	... Paula Veasey	... Valerie Fraties	... Shelly
Swanke	... Ann Hull	... Mary Stewart	





O-Day-sweethearts, skits, overalls, and candy

Friday, the 14th of February, was a lot more than just Valentines day this year, it was also Overall day. There were prizes of candy hearts given for the most worn out, dirtiest, prettiest, shortest, longest, most unique, most "Valentiny", and baggiest overalls. There was also a prize given for the oldest person in overalls, which was won by an 87 year old Sophomore.

This year, Sharon Pusich and Doug Larsen were chosen as the school's sweetest people. As their prize, each received a large box of candy. The O-day/Valentines day assembly was brought to an end as an announcement was made that there was candy at the doors, courtesy of the Junior Class.

TOP RIGHT: As a hopeful contestant in the "Dating Game", Jerry Breile sucks his thumb for reassurance. BOTTOM RIGHT: Mandy Hard, better known as "Suzie Sex", pauses a moment before announcing the winning bachelor. — Jeff Junior, Bill Peltz.





The way we were
JUNIORS

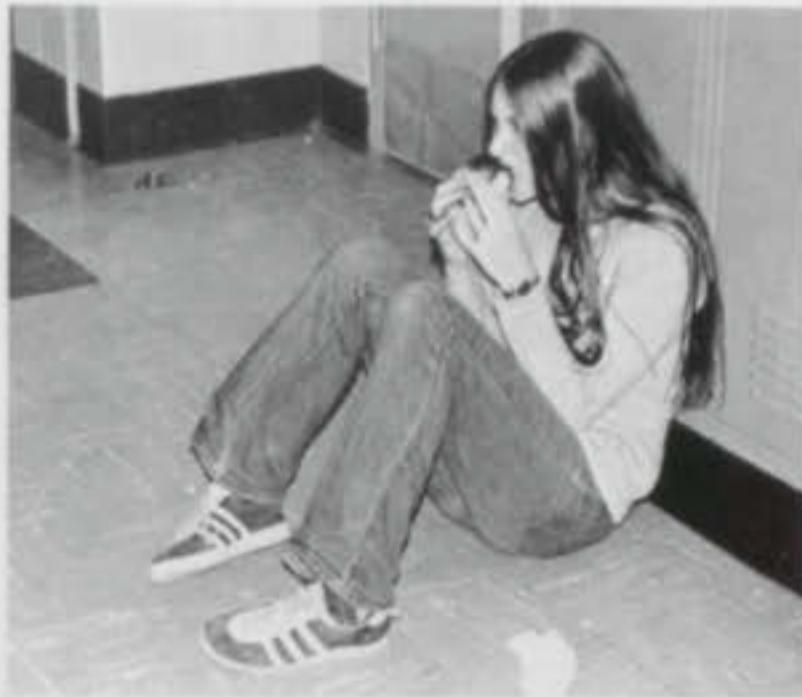


"76", the class of Wise Old Juniors

The spirited class of "76" is lead by Vice President, Janet Long (TOP CENTER); President, Bill Pelto (BOTTOM CENTER); Secretary-Treasurer, Gail Nordling (BOTTOM LEFT); and Representatives, Greg Kendall and Jerry Beedle (CENTER LEFT).

Included in the Juniors activities have been money-making ventures such as raising \$120 selling concessions during games, and candy sales. Participation in the 1st annual Homecoming Parade earned them the award "most effort".





Tim Adair
Lisa Akiyama
Sharon Alexander
Marc Antrim
Phil Arkansas
Jo Lynn Arns



Brad Austin
David Bach
Becky Bailey
Steve Baker
Barbara Barger
Russ Barkley



Cat Barril
Gene Bay
David Beasley
Jerry Beedle
Mitch Belzak
Mark Beran



Mitchell Berhel
Kathy Billingslea
David Blumenshine
Karen Brewer
Austin Brown
Vicki Brown

TOP CENTER: Kristi Pierce gets carried down the hall to the garbage can by two
masculine seniors. TOP RIGHT: Trying to bite into an apple is a big job for Krista
Dahlberg.

Class of "76", hard at work

Jenifer Brown
Gail Buresh
Gary Buresh
Jim Burns
Terry Buzzell



Laura Calvert
Don Cameron
Ernie Carrillo
Nick Cashen
Sherry Cheatham



Karen Coffman
Kathy Cook
Agnes Cottle
Kevin Coyner
Krista Dahlberg



Richard Davis
Steve Davis
Bruce Dawson
Dixie Dawson
Steve Dens



Brian Deer
Dan Dunham
Shane Duval
Mike Eckhardt
Linda Egger

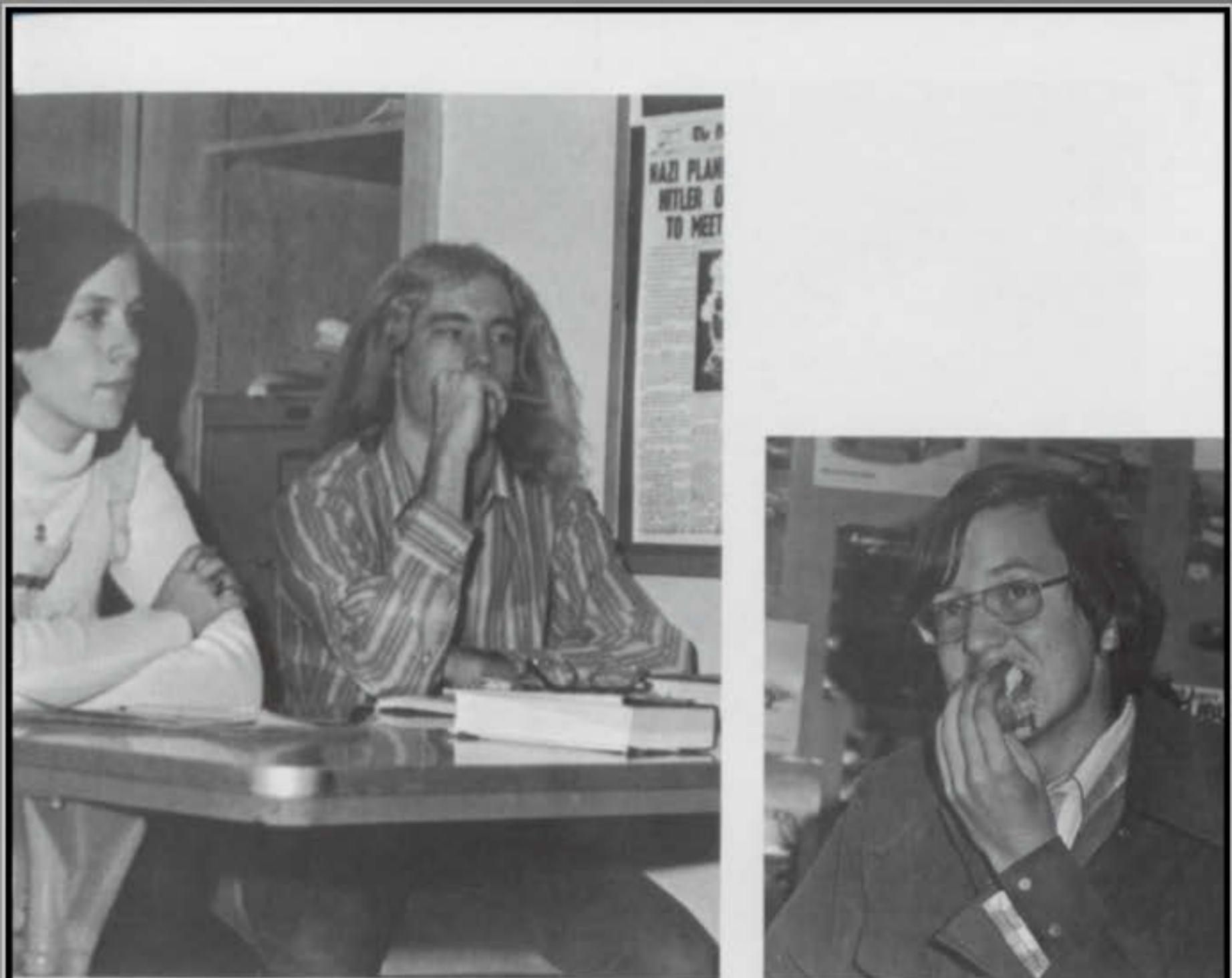


Mona Erdosige
Vernon Fisher
Jeff Fink
Patty Fiorella
George Fisher



Jeff Fitzgerald
Laura Fitzgerald
Valerie Frates
Doug Frates
Jamie Freeman





TOP CENTER: Dave Biomondaine and Annie Lewis try to concentrate on Ron Metzgar, teacher, in his Russian History class. TOP RIGHT: Bill Petru snacks on a Juno Mail special during a Student Council meeting. BOTTOM CENTER: Trying to figure out a chemistry problem is difficult for Jessie Wauter.

Juniors show charm and scholastic ability

Chris Frey
Nicki German
Kim Garner
Kelly Gertsch
Al Glinicki



Janna Gould
Ruth Haines
Matt Hall
Mark Halstead
Amanda Hard

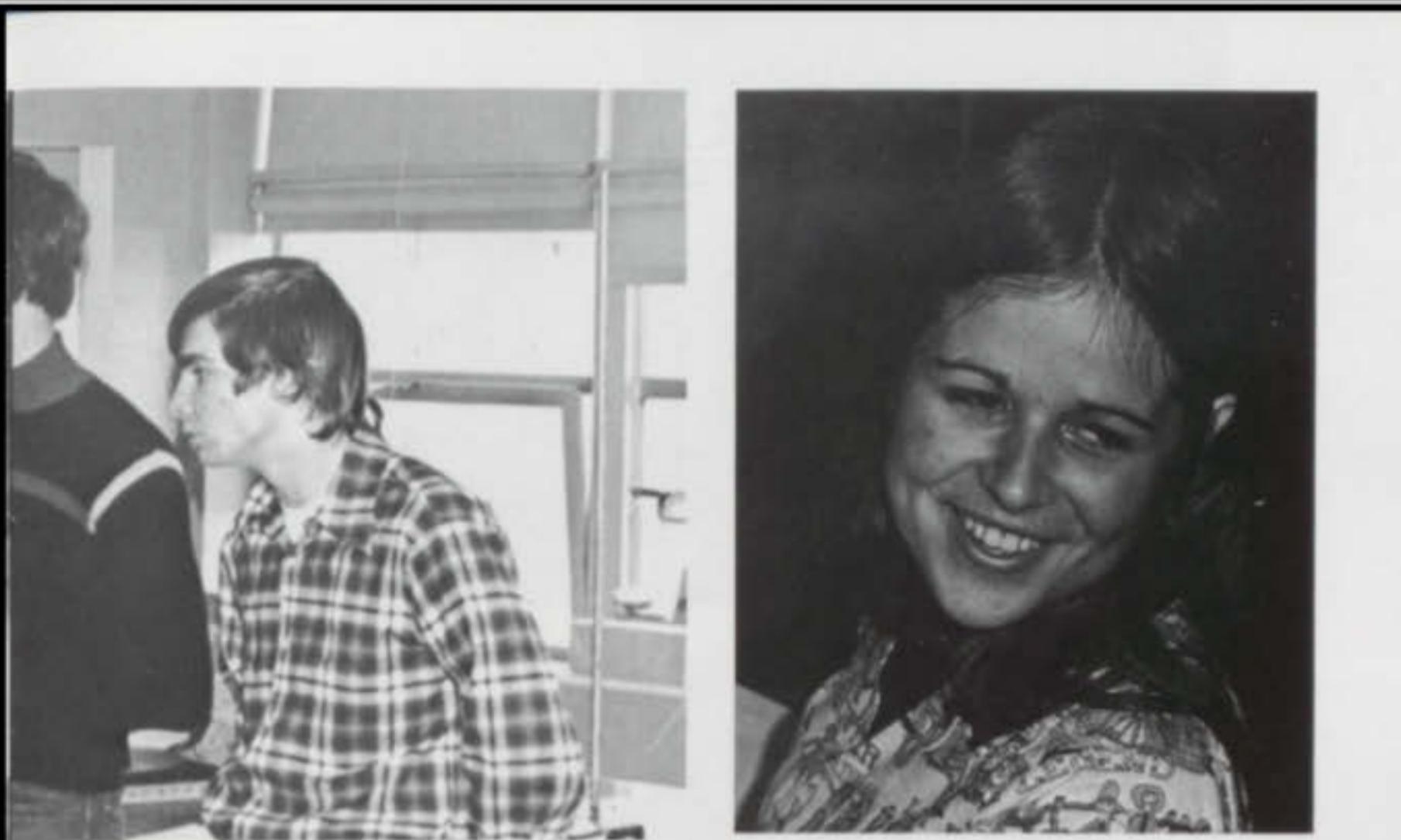


Dorianne Harju
Chris Harrigan
Ruth Harris
Kris Hart
Dewey Hayes



Dennis Hendrik
Gail Hildre
Clark Hjelseth
Bob Hoy
Heather Houston





TOP CENTER: Mr. Dennis lectures to Manly Hard, Estelle Tassart, Rob Mountant, and Brian Billingslea during his Chemistry class. TOP RIGHT: Valerie Fatus smiles down on a friend in the hall. BOTTOM RIGHT: Some study is spent during lunch by Laurie Starr. BOTTOM CENTER: Greg Kendall and Vicki Brown are studying again.



Joanne Howard
Roberta Hughes
Laura Halbert



224

Wendy Iverson
Julie Jacobsen
Marisa James



GIRLS

Todd Johnson
Bill Johnston
Kathy Joseph

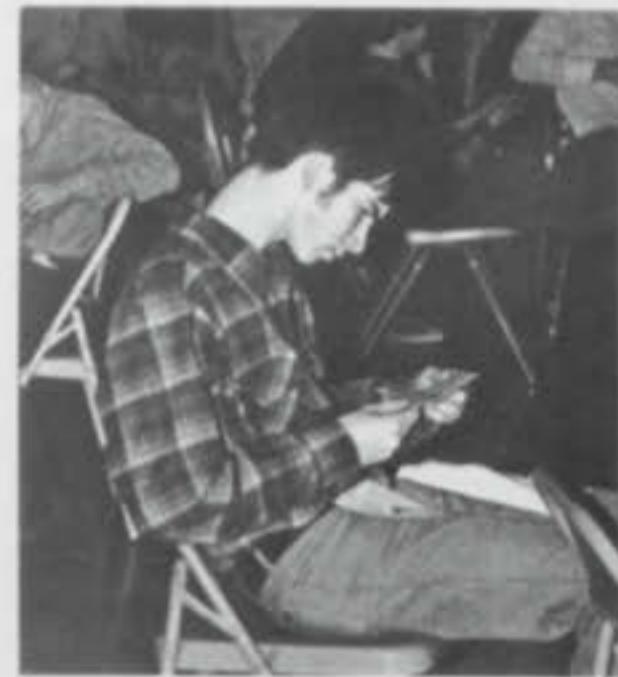


•

Ken Kadow
Mike Kern
Randy Keithahn



TOP LEFT: Sherry Cheatham and Sherry Nickels truck on down the hall and head for class after 5th hour. TOP CENTER: Barbara Mielke and Bob Saccoccia relax after a hard day. TOP RIGHT: Checking his list, Andrew Varnie decides he's getting the ring he likes during a class ring demonstration in the cafeteria. BOTTOM CENTER: Steve Dres tries his luck in the girls bathroom.



Juniors,
always on the go



Lisa Keller
Mike Kindlunger
Ginger Kendall
Kelly Kirkpatrick



Mike Kirby
James Kuch
Ken Lafaveur
Ward Lane



Scott Larson
Kim Larra
Mark Lehman
Dale Lockwood



Janet Liang
Shirley Lovelace
Lois Lowrey
Donna Maki



Ina Anne Mann
Fran Martin
Jim Mason
Karen Mathiesen



Class rings arouse anticipation

Jim Mayer
John McDonough



Betty McIntire
Debbie Meketa



Steve Meisserschmidt
Sharon Messing



TOP CENTER: Trying to decipher what is going on in front of them Terri Buzzell, Vernon Fiebler, Kevin Cognut, and Tim Adair watch the proceedings. TOP RIGHT: Jamie Freeman and Donna Wilson show off the Juniors' spirit banner in the Homecoming parade. BOTTOM RIGHT: Lisa Keller daydreams in the cafeteria. BOTTOM CENTER: Marisa James, Julie Jacobson, and Vicki Brown choose the types of rings they want.



J.D.Hi
SPIRIT BANNER

Jake Mecalle
Bach Mielke
Julie Mielke
David Miller

Judy Miller
Rosanna Miller
Kurt Milnes
Melanie Mitchell

George Mayasato
Jans Maxre
Lance Morrison
Rob Moument

Juniors-105

"76" perfects
survival techniques



Juneau-Douglas City Museum

Ree Negele
Sherrie Nuckel
Gail Nordling
Shannon O'Donnell
Kathy Olson

Kristi Pace
Robin Parks
Rick Pavitt
Bill Peine
Annette Peterson

Michelle Penneyer
Ron Peters
Robert Peterson
Sue Pond
Jack Prescott

Bruce Prince
Mike Randall
Rosanne Reeder
Marcy Rehfeld
Pam Reyer

Lauri Reynolds
Tom Riddle
Nancy Riggen
Ron Ritter
Darcy Robinson

TOP LEFT: A surprised Junior, Jeff Fink looks up from studying. TOP CENTER: Michelle Penneyer and Vicki Brown listen to an unidentified speaker. BOTTOM RIGHT: Lisa Keller and Pam Reyer turn their backs on Mrs. Bellflower. BOTTOM CENTER: At the Pub Hop, Kelly Gertsch has the company of Jim Slocum. BOTTOM LEFT: Sandi Vaughan wishes to remain anonymous.

Juniors-107

Juniors show
individual personalities



The page contains the following captions:

- TOP LEFT:** Caught studying again in the library, Blythe Myers and Lois Walders attract the camera.
- TOP CENTER:** Mary Stevens enjoys having her picture taken downstairs near her locker.
- BOTTOM LEFT:** Kelly Kirkpatrick and Ken Kadlow try to sleep during a lecture in the cafeteria.
- TOP ROW:** Ted Kodeswald, Butch Rose
- MIDDLE ROW:** Dunnet Rowland, Sam Samanagi
- THIRD ROW:** Dale Sams, Kar Sanders
- FOURTH ROW:** Bob Saviers, Rick Savikko
- FIFTH ROW:** Stephen Schmelz, Fred Schmitz
- SIXTH ROW:** Kathy Shumway, David Stables

Students caught up in activities

Maureen Standbury
Linda Statter
Ken Stevens
Alip Stevens
Mary Stevens



Monica Stevenson
Mary Stewart
Shelly Stone
Joy Straty
Chuck Tandy



Ron Taag
Carol Thorsteinson
Chris Turner
Andrew Varni
Sandi Vaughan



Lola Walder
Ron Waldron

Dulores Weathers
Brad Whistler

Dorothy Williams
Doris Wilson

Ruth Wilson
Terrie Winniford

Danielle Wood
Barb Workman

TOP CENTER: Cat Barril, Brad Whistler, Davey Robinson, and John McDonough decide whether the ring prices are too high to purchase one. BOTTOM CENTER: Janet Long and Valerie Frates discuss Senior Math in Mr. Nott's class. BOTTOM LEFT: Betsy McIntire and Lisa Ditchie head for class.

Juniors-111



The way we
ORGANIZED -



Alpine Club Heads for the hills

One of the school's most active and interesting organizations is the Alpine Club. The 32 members meet with adviser Max Lewis on Thursday nights for classes in technique and to plan upcoming activities, which are many and varied. These activities include camping out, mountain climbing, including technical climbing, backpacking, and ski touring, as well as other related activities.

TOP LEFT: George Fischer practices mountaineering knots during an Alpine Club meeting. BOTTOM LEFT: Alpine Club members pictured are: Ron Eggleston, Dan Cameron, Steve Schmidt, Rob Mourant, Pat Peterson, Mark Prussing, Bob Brunsund, Joann Howard, Joephine Gooding, Dog, Max Lewis.





Wrestlettes travel

Wrestlettes is a fairly new organization to J-D High. They were formed three years ago and now have grown to include fifteen active members. The leaders of these members are Debbie Collison, president; Chris Turner, vice-president; and Becky Edwards, secretary.

The group goes to every wrestling match to help support the wrestlers. At the matches they sell tickets, pass out programs, run the clock and keep team score, and pass out oranges to all wrestlers. After the matches they provide a dinner for the squad.

The girl's adviser Mrs. Burnhart helps them when they travel and each girl gets to choose a trip to go on when the wrestling team travels. This year five people went to Ketchikan and six people went to Petersburg and Wrangell. They all were able to go to Tournament in Ketchikan and were a great asset to the Juneau-Douglas Wrestling team there.

TOP RIGHT: Wrestlette Janice Marlin and Dick Thomas keep match score during a match between Juneau and Mt. Edgecumbe. BOTTOM RIGHT: Wrestlettes from left to right are, front row: Nicki Germain, Susie Skrynski, Debbie Meketa, Lisa Keller, Debbie Collison, Chris Turner; middle row: Barb Workman, Lorraine Workman, Roseanne Reeder, Janice Marlin; last row: Dolores Ezze, Keri Kutz, Sharon Alexander, and Becky Edwards. Not pictured is Pam Reyes.







Rifle Club takes aim

The Rifle Club's approximately 30 members meet each Monday and Wednesday night at the firing range in Harborview school. The purpose of the club is to provide education and training in marksmanship and safe gun handling, and any student may join. The club's faculty adviser is Tom Kollin, president is Mike Sickles, and secretary is Kris Thompson. One of the goals of the club is to set up rifle competition with teams from Whitehorse and Prince Rupert, since there are no present teams in other Southeast cities.

TOP LEFT: Debbie Statter takes careful aim before firing her first round. TOP RIGHT: Mike Kinslinger pauses to reload his gun. LOWER LEFT: Rifle Club Members are, Back Row: Mike Sickles, Bob Mattson, Kris Thompson, David Harris, Mike Kinslinger, Jim Aleshire, Rick Daugherty, John Yatchmanoff, Butch Rose, Robert File. Front Row: Dan Gowdy, Debbie Statter, Nadine Bergren, Pam Hunt, Josephine Gauding, Lynn Temple, Virginia Brubaker, Tom Phinney, Scott Matasay, Tom Kollin. BOTTOM LEFT: Dan Gowdy, Mike Sickles, and Kris Thompson check their target patterns.

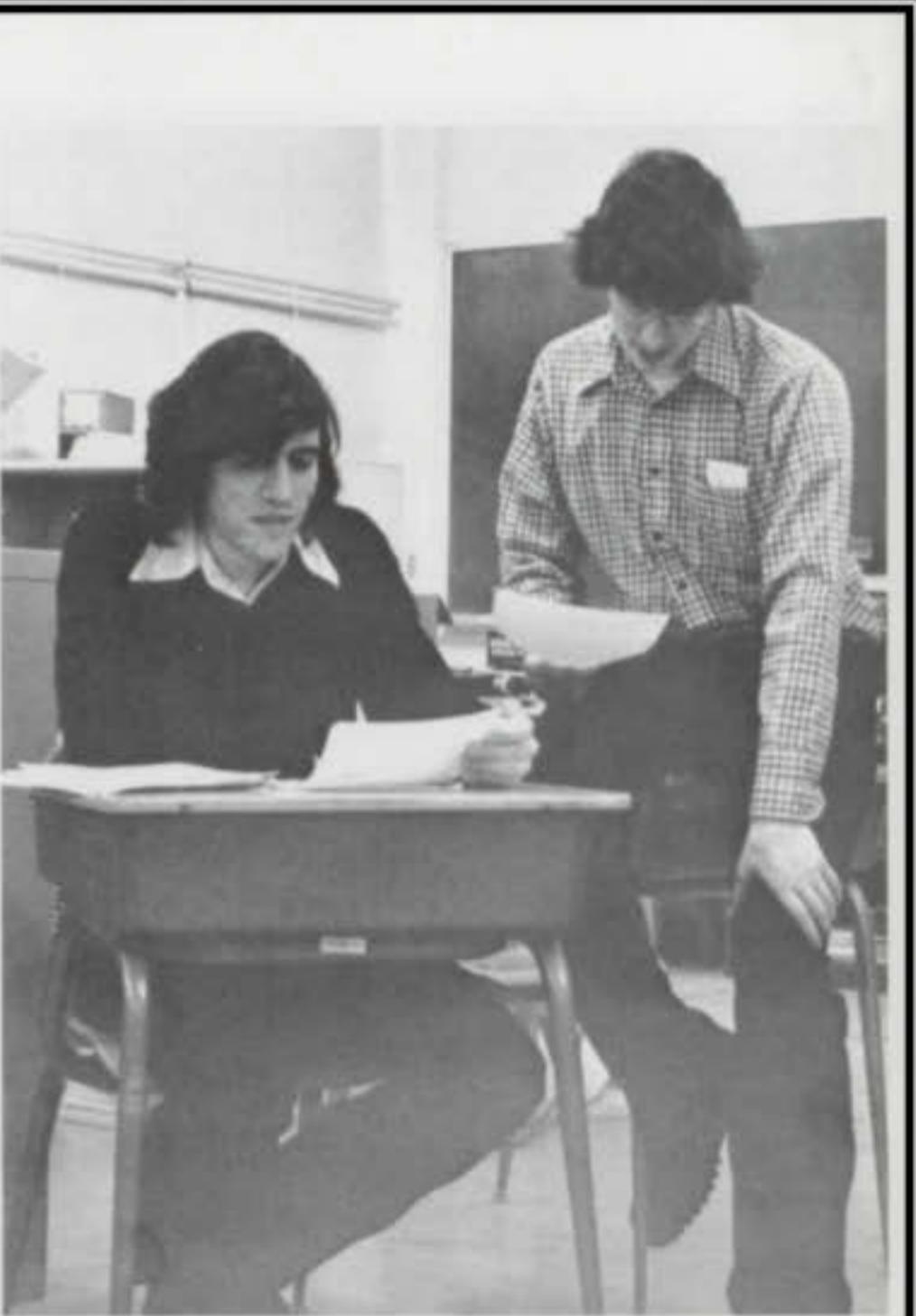


Shaman seeks talent

SHAMAN is the school's creative writing magazine. It is put out each year by a staff of students, who choose from poems, short stories, cartoons, photos, and any other material submitted by students which can be reproduced on a printed page. Any student may submit his or her own work, or be on the staff. Editor this year is John Mulligan and Adviser is Shirley Carlson.

Since there is no class for SHAMAN or for creative writing this year, contributions were more difficult to obtain than in previous years, and the staff had to work during their free time, instead of class time. Another difference from last year is that instead of 2 smaller issues, only one larger one is being published.

TOP LEFT: John Mulligan and Greg Bodine review short stories for inclusion in SHAMAN. TOP CENTER: Dave Lewis fashions a pot of clay. TOP RIGHT: Pete Frank shows a stereoscopic picture to a future Art Club member while adviser Max Lewis looks on. BOTTOM RIGHT: Angie Westman glazes a clay bowl before firing while Debra Sather looks over drawings she has made at Art Club. BOTTOM CENTER: Cathy Mell proofreads a typewritten poem before pasting down. BOTTOM LEFT: Editor John Mulligan looks up from his work on the SHAMAN.





Art sparks creativity

Art Club is one of the older clubs in the school. The club promotes creativity in the field of art. Participants are encouraged to try a wide variety of media, such as painting, sketching, and ceramics.

There are no requirements for membership. Anyone, any time, may join. Art Club meets every other Thursday night, and the club's sponsor, Max Lewis, is always on hand to offer suggestions and help. Officers this year are Debra Sather as president, Josephine Gooding as Vice-president, and Peter Frank as secretary-treasurer.



Newest club creates interest in radio

The school's newest club, started this year by John Wyatt, is the Radio Club. The members meet during lunch to study the operation of short wave radio equipment and related subjects. They held a series of code classes to learn Morse code. Included in their activities for this year was the purchasing and assembling of a high powered radio for the school which would enable the club to contact other operators in all parts of the world.

TOP LEFT: Brian Billingslea and Dale Wallington discuss radio technique with John Wyatt before viewing slides on ham radio operation. BOTTOM LEFT: Radio Club adviser John Wyatt makes contact with another radio operator via a short distance transceiver, during a lunch meeting of Radio Club.





Girls' Club promotes social events

Girls Club is traditionally one of the oldest clubs in Juneau-Douglas High School. The organization is made up of all of the girls enrolled in J-D High, and run by the advisor Mrs. McHugh. Girls Club is in charge of putting on two main events, the big and little sister banquet and the Tols. These events help to get all girls involved in somehow with what is going on in the High School.

TOP RIGHT: Chris Turner and Karen Mathieson prepare the punch for the annual Big and Little Sister Banquet. BOTTOM RIGHT: Girls Club President, Sherri Brittain and adviser Betsy McHugh discuss plans for the year's activities.



Juneau new experience for Estelle

If you have been going to Alpine club or Language club recently, or perhaps a certain physics or chemistry class, you have probably noticed a pretty, dark-eyed girl who speaks perfect English with a strong French accent. She is Estelle Tassart, a foreign exchange student, I.C.Y.E., from La Reunion, a little French island off the coast of Madagascar, on the opposite side of the world from Juneau.

Estelle chose to come to Alaska because it is a pioneer state. La Reunion, by contrast, has approximately the same land area as Juneau, with 33 times the population. She is staying with Louis and Ruth Anderson of West Juneau. So far Estelle seems to like Juneau, she even likes the rain!





Eat, drink and be merry!

Those of you who have rounded the corner by room 301 during lunch on certain Fridays, may perhaps have been intrigued at the strains of foreign music, the smells of exotic food, or the sounds of foreign phrases such as "T'es-tu, vous cochon" or "Se vaya, usted rana fea." Don't be surprised, these are only signs that language club is meeting.

Language club convenes every two weeks or so in the foreign language room. Speakers and semi-speakers of French and Spanish are welcome to come and play foreign language games or sample foods from distant countries. There are 8 to 10 active members, not counting faculty adviser Ethel Nadudu.

TOP LEFT: Estelle shows photos of La Reunion and her trip to Hawaii. TOP RIGHT: Jamie Freeman and Greg Bodine argue heatedly in Spanish while Ethel Nadudu and Michele Penmeyer look on. BOTTOM RIGHT: Language Club adviser Ethel Nadudu discusses a French recipe with Estelle Tassari and Stacy Turner. BOTTOM CENTER: Lois Lowney and Agnes Cottle sample a surprisingly good fumee. BOTTOM LEFT: Estelle relaxes at her host home after a hard day of Senior English.



F.H.A. stresses home living

Future Homemakers of America is a national and state as well as local club for all students interested in home economics, sponsored nationally by the U.S. Office of Education and the American Home Economics Association. Promoting interest in home economics, worthy home membership, community service, and improvement of daily living are their overall goals. Members learn to be good leaders, to cooperate with others, to share responsibility and pride in accomplishment. More than half a million students ages 13 to 18 are members in the U.S.

There are 23 members this year in our chapter whose programs are planned around the eight national purposes of the club and are aimed at personal growth of each member. They apply skills such as speaking before a group, making friends, and looking at new views, and they participate in new experiences such as trips to state or national meetings. A local program is planned by the officers and includes such events as banquets, parties, Sadie Hawkins dance, pizza lunch for visiting ball clubs, brunch, Christmas caroling, consumer education, parents' night, assistance with the March of Dimes, radio programs, and other events within the home economics department and in the Juneau community.





NHS varies projects

The MacMillan chapter of the National Honor Society is not dead, but alive and well and living in J-D High. Thirteen active members plan and carry out such activities as weekly popcorn sales and the annual College Quiz Bowl. Leadership is provided by President Arland Fagerstrom, Vice-President Linda Brewer, Treasurer Charlene Doland and Secretary Jeanie McVey.

Membership in N.H.S. is not open to all students. Members are chosen by a committee of teachers on the basis of character, scholarship, leadership, and service. A student must excel in all of these points to be considered for membership. For those reasons, selection for inclusion in N.H.S. is a national honor, and those students who have been chosen deserve to be commended.

TOP LEFT: Parliamentarian Kim McKinley, and two of last year's officers, Yvette Hickok and Barbara Ferrai, officiate at the installation luncheon. TOP RIGHT: Sharon Fusich and Linda Brewer are rushed to fill orders during lunch popcorn sales. BOTTOM RIGHT: Gregg Bedine, Charlene Doland, Ann Hull, Eric Johnson, Jeanie McVey, John Mulligan, Ron Niemi, Sharron Punach, and Nancy Thomas are initiated into the National Honor Society. BOTTOM LEFT: FHA officers meet during lunch to discuss up-coming projects. From left to right are: Historian-reporter Jill Grise, President Leora Riley, Secretary Katrie Olson, songleader Doris Callaway, Mary Batcus, and adviser Marjorie Schumage. Officers not pictured are: Vice-President Jo-Lynn Arns and Treasurer Dawn LeFever.



Student store provides the "Bear necessities"

A successful new addition to J-D has been the student store, The Bear Necessities. Open during lunch and brunch, they cater to student needs by selling pencils, notebooks, erasers, food, clothing, and a wide assortment of school related necessities. The store is operated by Distributive Education students with the help of faculty sponsor John Peterson.

TOP LEFT: Suzy Gertsch outfits Susie Nelson with a days supply of Bear Necessities. BOTTOM LEFT: Suzy Gertsch displays some of the stores clothing goods to a client.





Girls' Choir makes a new sound

The Woman's Choir is a 22 member organization for singing. They have performed in 3 concerts this year, and helped represent J-D High at the Southeast Alaska Music Festival in Sitka. Many of the members also participated in the musical Oliver.

Women's Choir meets every day during seventh period. Under their director Bernie Hendricks they practice songs and work on voice training. The choir is open to all girl students, after consultation with the director.

TOP RIGHT: The Woman's Choir practices a favorite song for the up coming Music Festival in Sitka. BOTTOM RIGHT: Woman's Choir members. First Row: Debbie Crabbill, Melanie Mitchell, Joanie Bergman, Bernie Hendricks, Second Row: Dorian Harjo, Ernestine Francis, Frederik Vincent, Third Row: Sharon Shouse, Debbie Hendris, Joanne Roberts, Cassandra Weiss, Fourth Row: Diana Michael, Estelle Tissart, Lori Larson, Jessica Fraties, Chris Simpson. BOTTOM CENTER: Chris Simpson, Lori Larson and Jessica Fraties sing during one of their daily music classes.



Juneau-Douglas City Museum



128-Concert Choir

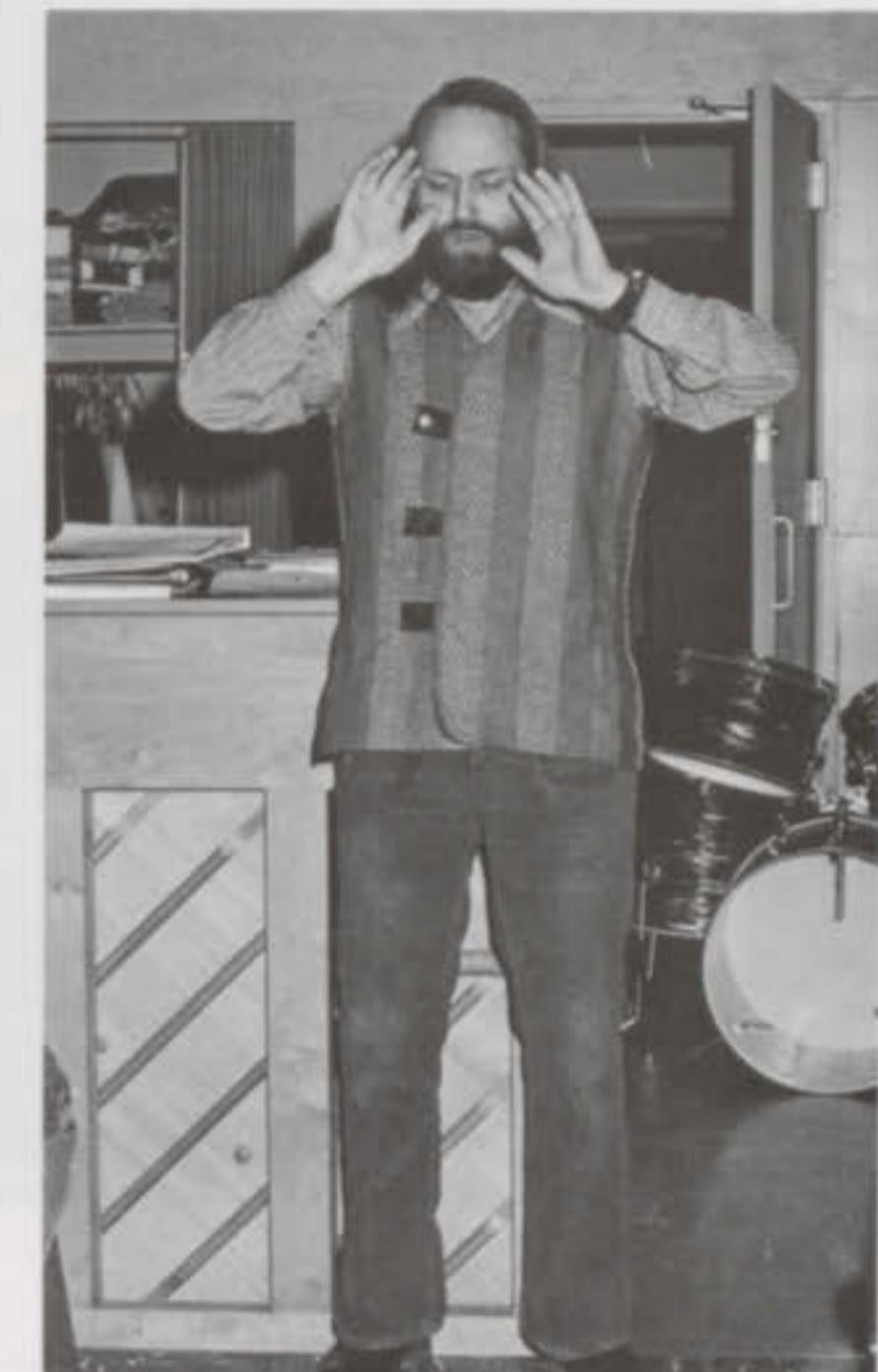


Happiness is singing

The Concert Choir is a 56 member organization of mixed voices. Since it has men's voices, as well as women's, the overall sound lends itself to some very interesting effects. The choir sings music from many areas, and also works generally on voice training and music reading. Members meet as a class third period each day. The choir is open to all students after consultation with the director, Bernie Hendricks.

The choir performed in three concerts this year, and travelled to Sitka for the Southeast Music Festival. Many members participated in the musical OLIVER!

TOP LEFT: Lisa Keller and Julie Jacobsen, along with the rest of the soprano section, practice for an upcoming concert. TOP RIGHT: The concert choir group do warm-up exercises to get their voices in shape for singing. BOTTOM RIGHT: Bernie Hendricks puts all his energies into directing a piece of music. BOTTOM LEFT: Concert Choir members from left to right are, back row: Janet Long, Terry Harrigan, Julie Jacobsen, Laurie Fitzgerald, Mark Smith, Joe Edwards, Randy Tally, Mike Prussing, Doug Larson, Steve Rowland, John Yatchimous, Debbie Patrick, Margaret Nelson, Julie Johnson, Robin Heard, Rada Tanner; center row: Irene Thomas, Laura Hulbert, Ann Hull, Nancy Raggio, Terry Lehman, Mark Masters, Rickard Davis, Terry Baerill, Scott Karter, Marisa James, Gail Nordling, Gail McNab, Joe Straty, Ruth Harris, Terrie Winnjord; front row: Carolyn Thibodeau, Pam Sargent, Linda Walder, Lisa Keller, Dyanne LeFever, Pat Montgomery, Scott Macaulay, Jeff Morgan, Sue Hildre, Mary Stewart, Kelly Gertsch, Jeanetta Winter, Matilyn Twitchell, Julie Melke, and Duoma Wilson.



Band strikes up a new sound for J-D High

The Concert Band has 45 members. Since it has a larger and more varied group of instruments than the school's other bands, it is able to perform serious concert music as well as standard marches and light popular music. This group meets fourth period every day, and because this class is considered to be the heavy or most important instrumental music class, it is a prerequisite for Stage Band, Concert Band, and Pep Band.

The Concert Band performed at four concerts this year, as well as at the Veteran's Day ceremony, graduation, and similar exercises. This is the band that represented J-D High at the Southeast Music Festival.

TOP: Concert Band members, from left to right, first row: Laura Hulbert, Vicki Brown, Mike Callahan, Susie Anderegg, Janet Smith, Michelle Pennoyer, Shelly Szwanski, Julie Johnson; second row: Eric Johnson, Marianne Kelly, Pat McCurley, Pat Callahan, Steven Stanley, Nancy Ruggen, Darrell Ackerman, Scott Kort, Karl Shaw, Claude Andrew, Stan Tessener, Dan Dunham, Steve Schmida, Gayle Callahan; third row: Bevrie Hendricks, Jack Prescott, Alton Gaskill, Ann Hull, Bill Petts, John Whalen, Mark Smith, Mark Lehman, Mike Koly, Chuck Jones, Dave Michaelis; last row: Mark Masters, Bob Martson, Steve Brown, Pat Montgomery, Greg Kendall, Steve Rowland, Randy Kimball, Tim Robinson, Kaelin Madniki, Ward Lane, Richard Whitehead, and Kit Leach.
BOTTOM RIGHT: Trombonists Mark Lehman and Mark Smith make use of valuable class time to improve their playing. BOTTOM CENTER: Michelle Pennoyer, Shelly Szwanski, and Julie Johnson practice a difficult passage on the flute. BOTTOM LEFT: Jack Prescott and his tuba are an integral part of the Concert Band.



Juneau-Douglas City Museum



Concert Band-131

Pep Band stands behind school athletics

The Pep Band consists of 30 students who are also members of the Concert Band. It is a voluntary organization lead by Bernie Hendricks. Their function is to generate support of the athletic teams through music.

The Pep Band performs at most athletic events, including the Southeast Basketball Tournament. To prepare their variety of popular music they rehearse two hours every Thursday evening. This is a heavy involvement for students, since from the beginning of the basketball season to the end of the wrestling season they spend three nights a week at this activity.

TOP LEFT: Pam Sargent and Scott Koehler wait for Bernie Hendricks to lower the baton. RIGHT: Steve Schmid, Gayle Callahan, Janet Smith, Ann Hult, Bill Pettit, Nancy Ruggen, Eric Johnson, Karl Shaw, Mark Smith, Chuck Jones, Steve Brown, Steve Rowland, Mark Masters, Scott Koehler, Bob Mattson, John Whalen, Michelle Pennerer, Mike Callahan, Pat McCordle, Susie Anderegg, Debbie Patrick, Julie Johnson, Ward Lane, Pat Callahan, Dan Dunham, and Pat Montgomery. BOTTOM LEFT: Trombonists Mark Smith and John Whalen make music during the halftime entertainment.





Totem Staff

Kneeling in front: Janet Clarke, Mary Jo Taylor

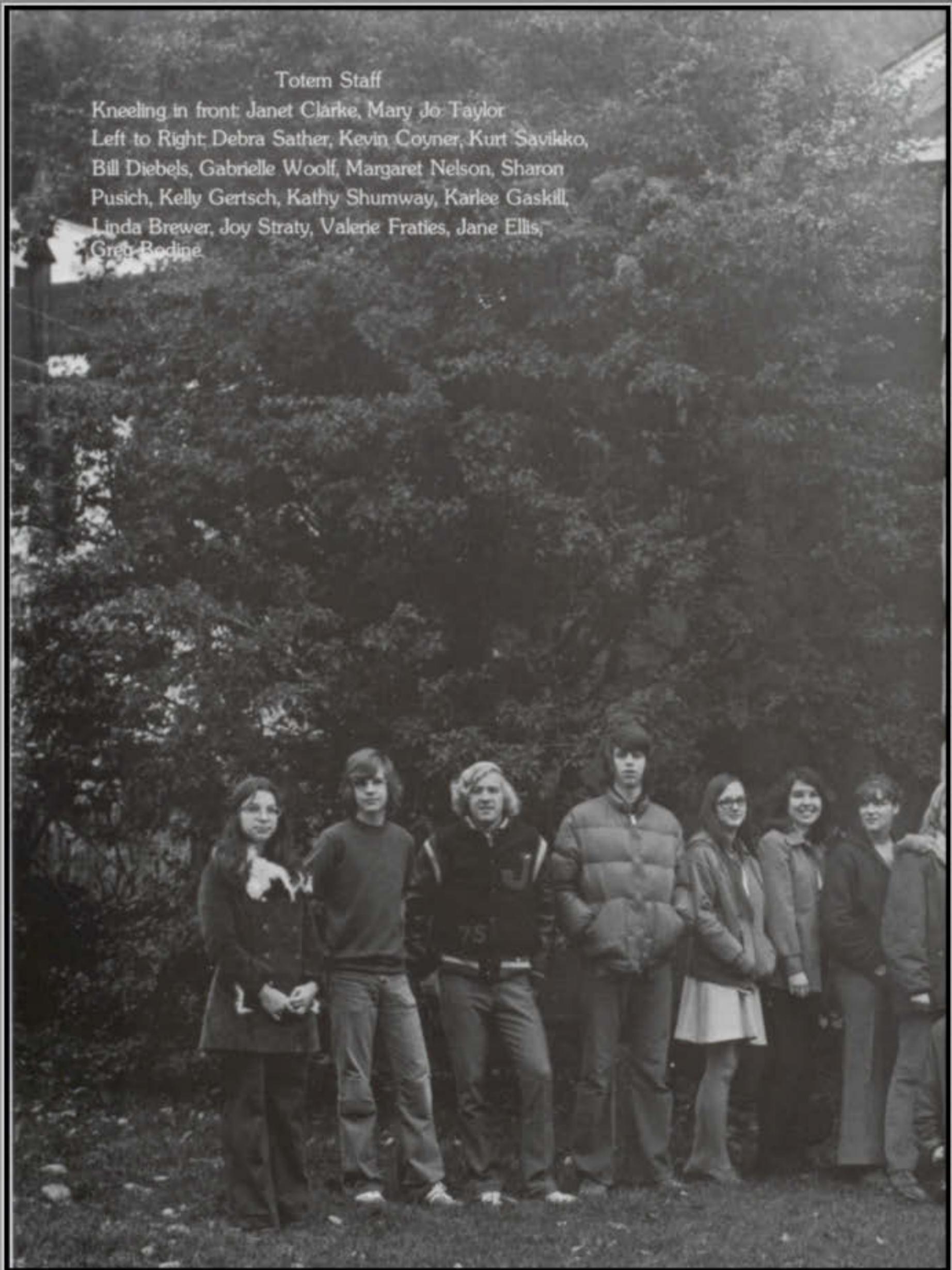
Left to Right: Debra Sather, Kevin Coyner, Kurt Savikko,

Bill Diebels, Gabrielle Woolf, Margaret Nelson, Sharon

Pusich, Kelly Gertsch, Kathy Shumway, Karlee Gaskill,

Linda Brewer, Joy Straty, Valerie Fraties, Jane Ellis,

Gret Bodine.



Juneau-Douglas City Museum



Jazz and Rock are main beat in Stage Band

Stage Band is a 22 member organization that plays jazz, rock, and popular music, with an emphasis on improvisation. They provide music at most of the concerts, play at assemblies, and perform for various clubs and organizations in town. This band meets at 8:00 A.M. each day, and like all the school's musical groups is led by Bernie Hendricks. It is open to all students, with permission of the instructor.



Juneau-Douglas City Museum



TOP LEFT: Gayle Callahan, Steve Schmelz, and Karl Shaw play during a section of their song "Early Morning".
TOP RIGHT: Joe Edwards on the guitar and Bill Peito on the piano make up an important part of the Stage Band.
BOTTOM RIGHT: Debbie Patrick and Dan Dunham play a saxophone duet during the Christmas Concert.
BOTTOM LEFT: Stage Band members from left to right are, back row: Randy Kendall, Steve Brown, Bob Marron, Pat Montgomery, Mark Masters, Greg Kendall center row: Jack Prescott, Mark Lehman, Mark Smith, John Whalen, Bernie Hendricks, Ward Lane, Stew Roland, Scott Kiefer; front row: Dan Dunham, Gayle Callahan, Steve Schmelz, Nancy Rigen, Karl Shaw, and Bill Peito.

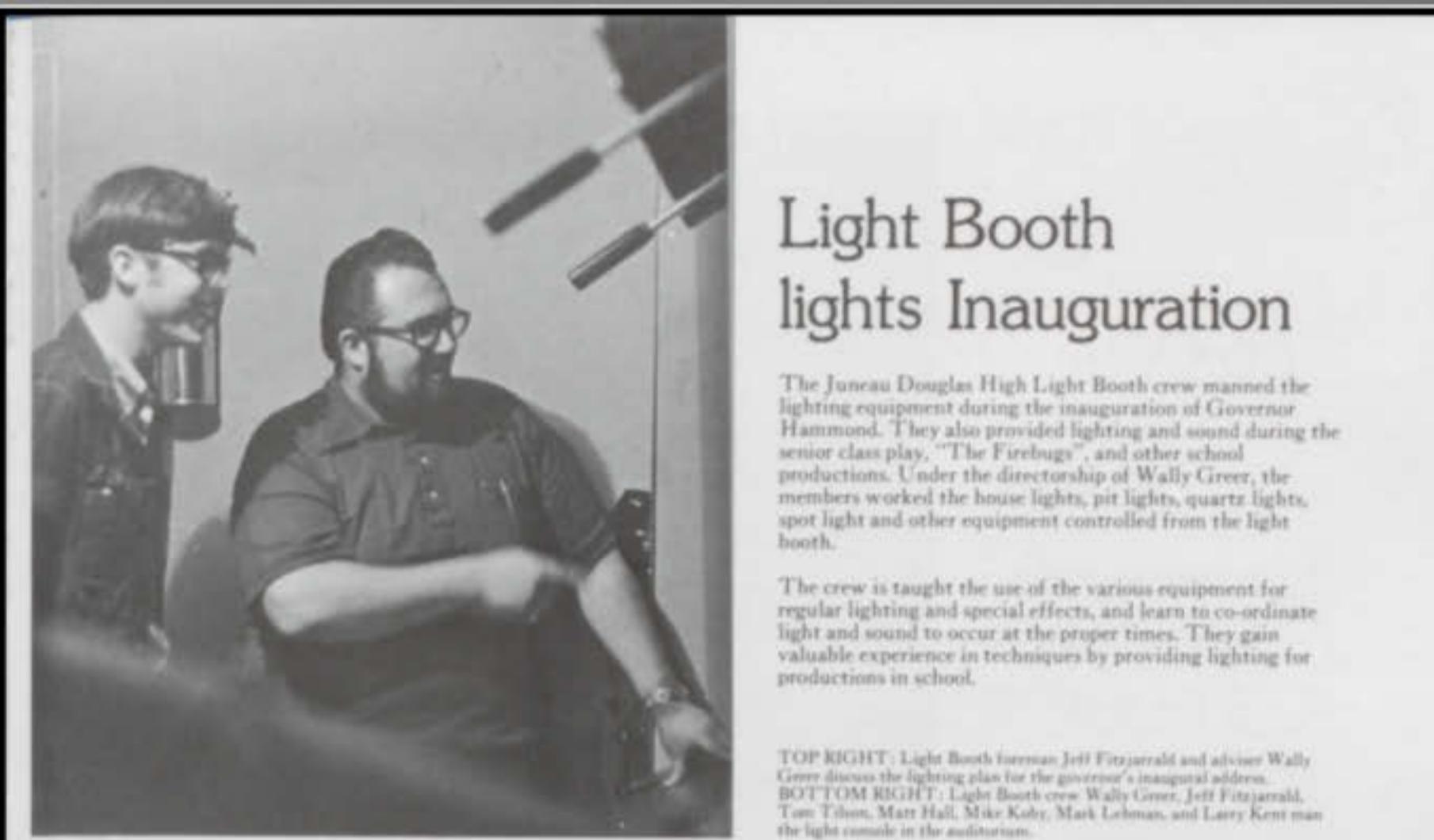
A. V. tapes tournament

The Audio-Visual Department headed by Sheila Gooding gained valuable experience in audio-visual technology when they were given the opportunity to film a production in Ketchikan. Jeff Fitzjarrald and Don Eilman flew to Ketchikan where they filmed a presentation to the City Planning Committee by a representative from Massachusetts Institute of Technology.

Other projects of the 20 or so members were the taping of sports events, including the Southeast Basketball Tournament, musical and play productions, and other school happenings. In addition they tilled T.V. spots for candidates Millie Banfield and Dorothy DeBoer during their fall campaigns.

TOP LEFT: Kelly Gertack films the closing seconds of the Sitka basketball game. BOTTOM LEFT: A.V. crew, top: Brad Austin, Rich Tyser, Joe Pagenkopf, Norm Miller, and Russ Barkay; bottom: Jeff Fitzjarrald, Don Erman, Sheila Gooding, Matt Hall, Kelly Gertack, and Dennis Hendrix. Not shown are Laurie Workman, Larry Kent, Dale Johnston, Ted Groves, Mike Miller, Roberta Hughes, Mike Leitz, Tom Tilson, and Jamie Freeman.





Light Booth lights Inauguration

The Juneau Douglas High Light Booth crew manned the lighting equipment during the inauguration of Governor Hammond. They also provided lighting and sound during the senior class play, "The Firebugs", and other school productions. Under the directorship of Wally Greer, the members worked the house lights, pit lights, quartz lights, spot light and other equipment controlled from the light booth.

The crew is taught the use of the various equipment for regular lighting and special effects, and learn to co-ordinate light and sound to occur at the proper times. They gain valuable experience in techniques by providing lighting for productions in school.

TOP RIGHT: Light Booth foreman Jeff Fitzjerald and adviser Wally Greer discuss the lighting plan for the governor's inaugural address.
BOTTOM RIGHT: Light Booth crew Wally Greer, Jeff Fitzjerald, Tom Tilson, Matt Hall, Mike Kohr, Mark Lehman, and Larry Kent man the light console in the auditorium.



CDAA strives to revive J-D High

The primary goal of the 30 to 40 members of CDAA, Chicks and Dudes Against Apathy, is to light the fire of spirit beneath the haitually dead student body. They are lead in their endeavors by President Sharon Pusich, Vice-President Kelly Gertack, and by faculty advisor Joanne Smatlan.

CDAA members support all athletics. Everyone has stepped over signs being painted during brunch and laughed raucously over CDAA skits. New this year, the Spirit Banner is awarded by the club to the class with the most spirit at each pep assembly. And they have sold 200 miniature megaphones in imitation of the two full-sized ones purchased to support teams during games. These are but a few of the never ending efforts of CDAA to stamp out apathy and make the school safe for the student with spirit.

TOP LEFT: CDAA members are Marianne Kelly, Sharon Pusich, Kelly Gertack, Rada Tauter, Kris Thompson, Leslie Burns, Terri Robbins, Marilyn Thibodeau, Rob Mourant, Kathie O'Rourke, Bob Mattson, Mike Kanlinger, Rick Thibodeau, Joe Knapp, Scott Macaulay, Larry Sullivan, Cindy Iatruso, Jeff Hart, Doug Peel, Bob Peel, Lisa Turner, Sherry Cleatham, Marilyn Twinnell, Sherrie Nickel, Bill Diebelis, Pam Sargent, Lori Larson, Suzy Thomas, and Nancy File. BOTTOM: CENTER: Squirted cub-cheers on the Bears during the game. BOTTOM LEFT: CDAA President Marianne Pusich and Vice-President Kelly Gertack discuss megaphone sales.





Societe'
de danse
in full swing

Interested in dance as a performing art? At least 20 people are. Referring, of course, to the members of the Societe de Danse. Meeting every day at 8:00 A.M., they practice modern dance routines and steps. The societe also finds time to do various performances for community groups, held a Christmas Dance Workshop, and make a trip to Ketchikan for another workshop there with the Utah Repertory Dance Theatre. The year's first dance was sponsored by the Dance Society as well as the Christmas Food Festival in conjunction with the opera "Amahl and the Night Visitors." These activities were planned under the direction of Co-Chairpersons Paula Veasey and Linda Johnson, with the help of faculty adviser Janna Brattain.

TOP RIGHT: Pam Reyer, Linda Monroe, Karen Hagerup, Dunnet Rowland, Annette Pedersen, and Paula Veasey participated in a performance at the Christmas Food Festival. BOTTOM RIGHT: Annette Pedersen, Pam Reyer, Laurie Sturt, Paula Veasey, Dunnet Rowland, Kathy Jones, and Karen Hagerup practise at Ms. Brattain's 8:00 dance class.



Format changes highlight J-Bird

EDITOR-IN-CHIEF

John Mulligan

NEWS

Debra Sather

EDITORIAL PAGE

Karlee Gaskill

ADVISOR

Ken Koelsch

REPORTERS

Toni Fretag

Ruth Harris

Mark Grieser

Karrie Olsen

Bob Peel

Stanley Teseneer

Tracey Miller

PHOTOGRAPHER

Peter Frank

SPORTS

Lorrie Hickok

Lewis Quinn

ADVERTISING MANAGER

Scott Swanson

TYPISTS

Ruth Harris

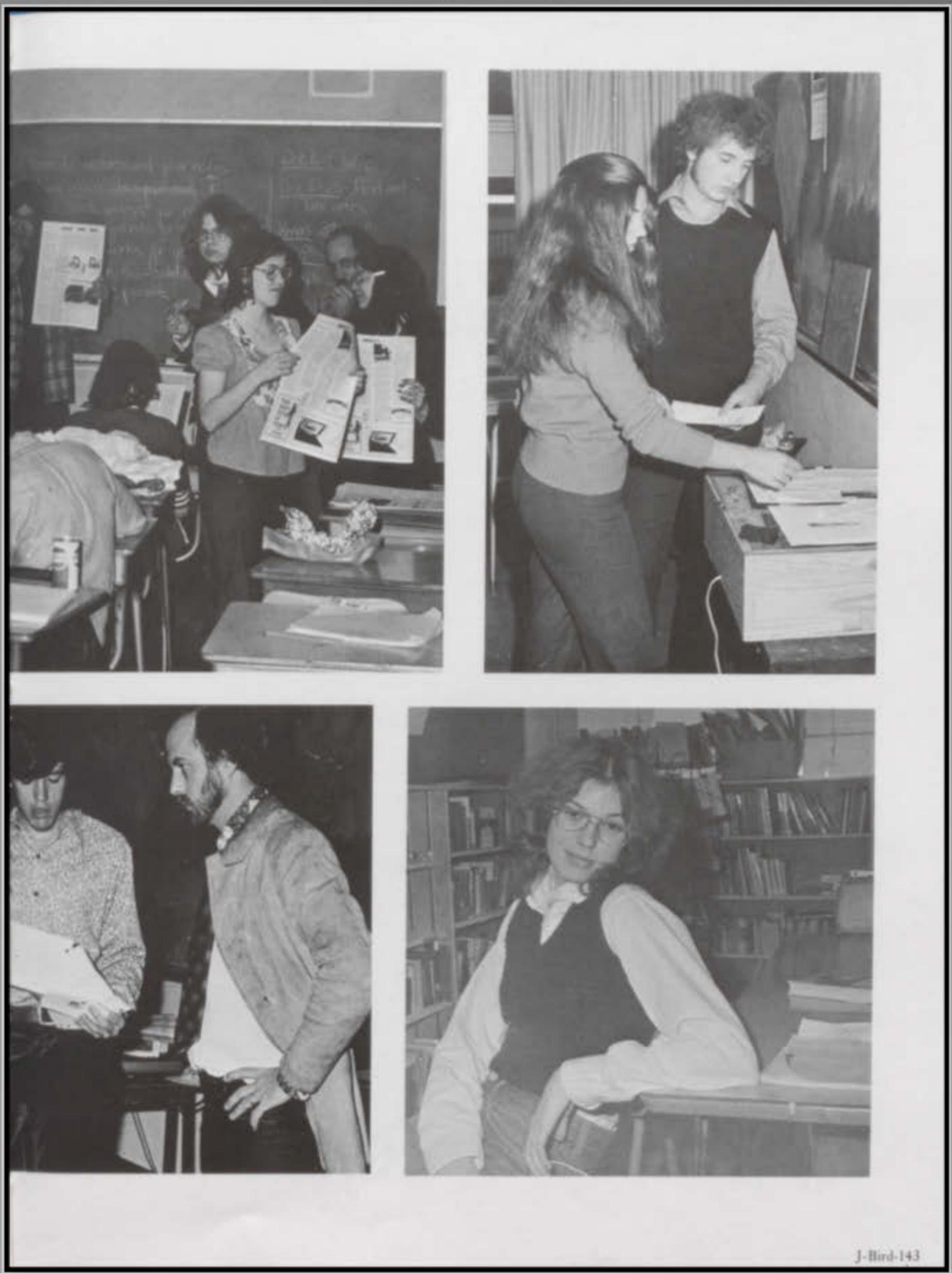
Tracey Miller

The J-Bird came off the presses every three weeks or so, under the direction of Editor-In-Chief John Mulligan, Co-Editor Karlee Gaskill, and faculty adviser Mr. Ken Koelsch. None of these people had ever headed a newspaper staff, so it was a new experience for each of them. They kept many previous traditions of the paper alive, such as the Christmas door decorating contest, while making new innovations of their own, such as increased letter columns and the Mystery Couple contest. They were aided in the actual printing by the use of the school's newly purchased composer, which justifies margins, creating increased neatness of columns and enabling the staff to go from a 3 column format to a more professional 4 column one.

TOP LEFT: J-Bird Staff unrates the newest edition of J-Bird, prior to distribution. Standing, left to right: John Mulligan, Stan Teseneer, Scott Swanson, Karlee Gaskill, Ruth Harris, Ken Koelsch, and Debra Sather. Sitting are Tracey Miller and Mark Grieser. TOP RIGHT: Photographer Peter Frank and typist Kathy James paste up an article on page three. BOTTOM RIGHT: Co-editor Karlee Gaskill enjoys a moment of relaxation after meeting her deadline. BOTTOM CENTER: Ken Koelsch and John Mulligan proofread an article by Debra Sather. BOTTOM LEFT: Editor John Mulligan and adviser Ken Koelsch discuss front page layout.



Juneau-Douglas City Museum



Juneau-Douglas City Museum



The way we were
SOPHOMORES



Sophomores carry on tradition of slave sale

The class of 1977 lead off its money making projects with the traditional slave sale. Auctioneers, Dick Gobble and Bob Peel auctioned off cords and guys to the highest bidders. The slaves were subjected to their master's bidding for one school day, doing jobs such as cleaning lockers, fetching lunches, scrubbing floors and cleaning the school dark room. The 340 member class was lead by President, Marilyn Thibodeau; Vice President, Richard Gobble; Secretary-Treasurer, Maryln Twitchell; Representatives, Darwin Walters and Doug Peel.





Darrell Ackerman
Kayla Ahrensfeldt
Karla Allred
Shannon Alps
Susan Anderegg
Dave Anderson
Doug Andrew



Clyde Anderssen
Mike Arkansas
Annette Arns
Jim Astenbrenner
Jack Austin
Laura Baker
Terry Bartlett



Scott Bates
Dan Baxter
Beverly Bay
John Beadle
Craig Beran
Butch Beran
Elgia Bickford



Peter Billings
Edward Birkell
Gretchen Bishop
Kirk Blumenshine
Charles Borbridge
Laura Brady
Ann Brady

TOP LEFT: Marilyn Twitchell stays up with her school work. TOP RIGHT: Marilyn Thibodeau relaxes from a hard run.

Juneau-Douglas City Museum

Paula Brewer
Debra Brockman
Jeff Brooks
Steve Brown
Steve Brown
Rosemary Burant
Sue Burgess



Bill Burns
Leslie Burns
Suzanne Butterfield
Mike Callahan
Pat Callahan
Doris Callaway
James Calvin



Richard Cameron
Robert Campbell
Collen Campbell
Alan Carey
Jeanne Cartwright
Rob Casper
Lorraine Chitton





"Shoe-in" begins initiation rites



Rich Clarissi
Linne Clarke
Mike Cooper



Debra Cribill
Pat Cropley
Kathy Cross



Chris Dargan
Paul Dau
Rich Daugherty



Laurie Day
Cindy Dean
Steve DeAis



Alan Dennis
Gretchen Dennis
Liza Dirhels

TOP LEFT: Sophomore boys prepare to make their contribution to the initiation shoe pile. BOTTOM CENTER: Kaelin Mahanek pays the penalty for neglecting to remove his shoes quick enough. BOTTOM LEFT: Sherill Landreschini, Erin Milles and other sophomores wait for the "okay" to go rumage through the shoe stack.

Sophomores enjoy a moment of freedom



Darryl Duland
Jerry Duncan
Linda Dupere
Ellen Eggleston
Cheryl Elsman
Dan Erismann



Debbie Fetter
Karen Ferris
Laurie Ferguson
Nancy File
Robert File
Ron Flint



Karen Ford
Ernestine Francis
Mike Frank
Jessica Fraties
Kris Freymuller
Julie Funk



Juneau-Douglas City Museum

Kathie Fries
Mike Garmers
Rich Gazaway
Marge German

Suzanne Gleisich
Dick Gobble
Dan Gowdy
Gerald Gray

Lisa Greenough
Jill Gross
Jack Haffner
Bryan Hall

John Hanlon
Chuck Harrigan
David Harris
Mark Heard

Lillian Herman
Debbie Hendry
Dave Hendrix
Frank Herrick

TOP LEFT: Kathy Jacobson and Dick Gobble confer on Algebra notes. TOP RIGHT: Bill Kimlinger perches perilously on the third-story stair railing. BOTTOM RIGHT: Craig Bezan whips his hair into shape. BOTTOM LEFT: Lynn Temple exhibits her unusual pet.

Sophomores-151



Sophomores learn the ropes

Adie Hicks
Janice Hill
Arnold Horn
Lisa House
Earl Hubbard
Beth Hughes
Pam Hunt



Mark Instress
Cindy Inturrisi
Shawn Iverson
Loni Jackson
Kathy Jacobsen
Linda Johnson
Kathy Johnson



Larry Johnson
Cyndi Johnson
Chuck Jones
Dan Kasten
Tex Kellogg
Marianne Kelly
Meg Kennedy



Kary Kirby
Kim Kieter
Bill Konlinger
Randy Kindall
Hesie Kirkevold
Ray Kirkham
Cindy Kiser



Eric Klinkhamer
Jerry Knapp
Jolene Koby
Phil Kurnhall
Kenny Labau
Sherill Lambuschini
Kathy Lancaster





TOP LEFT: Kim Garnero is kept busy answering the office telephone. TOP CENTER: Steve Brown and Darryl Doland compete in a game of mancala. TOP RIGHT: Julene Kols is kept an eye on by the librarian while she busily talks to Jim Haslin. BOTTOM RIGHT: Leslie Burns performs in a drill team routine. BOTTOM LEFT: Mark Lewis tired stops for a rest.

Class of 77 breaks from busy schedules



TOP LEFT: Cathy Lancaster takes advantage of brunch to finish her homework. TOP RIGHT: Grilling ranks high on Terry Rohlin's list of priorities. BOTTOM RIGHT: Linda Clarke and Tess Kellogg take advantage of the privileges the library has to offer. BOTTOM LEFT: Ruth Green relaxes in the outdoor smoking area with a friend.



Juneau-Douglas City Museum



Lori Larson
Leslie Lauher
Wendy Leach
Christopher Leach
Carol Leaf
Judy Leamer
Mike Lentz

Mark Lewis
Glenn Lindquist
Gretchen Long
Marlin Lowe
Dave Lowry
Kaelin Mahnke
Mary Kay Major

Jamie Martin
John Marshall
Michele Martin
Charlie Marvin
Robert Matthias
Pat McCordle
Joy Lynn McGee

Jim McHanley
Jean Mell
DeAnne Mowring
Dianna Michael
Jacoby Mullik
Kevin Millar

Travis Miller
Mike Miller
Shelley Miller
Bob Milton
Sue Mitten
Cindy Moss



Sophomores strive to develop talents

Randy Mountant
Mark Mow
Velma Mullin
Linda Munson



Lori Murray
Mike Murray
Kris Nayau
Sue Nelson



Joe Pageski
Heather Nickel
Don Nowlin
Mark O'Brien



Liz Olson
John Parada
Al Pace
Brian Parker



Virginia Patrick
Rich Pauls
Carey Pavitt
Sandy Peck



Doug Peel
Loire Pennoyer
Erik Peterson
John Phillips



Mike Pusich
Linda Pusich
Martha Quinn
Debbie Rawnsland



Juneau-Douglas City Museum



Joe Reidekopp
Kari Reppings
Lonta Riley
Mike Ritter

Jeanne Roberts
Gavin Rogers
Terri Robbins
Debbie Rohrman

Tan Rohrman
William Russell
Mike Schmitz
Eliisa Scott



TOP CENTER: Paul Ferne and his best friend. TOP RIGHT: Joy McGee mans the new library checkout desk. BOTTOM CENTER: Hearley Nickel surveys the library's lists-of magazines for the one she needs.

Juneau-Douglas City Museum



Karl Shaw
Betty Shelley
Sharon Shoup
Liz Sims
Lori Smith



Mark Smith
Janet Smith
Steve Stanley
Debra Statler
Lisa Stevenson



Cindy Stoen
Brent Stuhldorf
Tera Stuart
Brannon Suttle
Shelly Swank



Margaret Swanson
Robin Sylvester
Herb Smyrk
Joe Taylor
Lynn Temple



Kathy Terrell
Marilyn Thibodeau
Tom Tilson
Sue Thomas
Terry Thomas



TOP LEFT: Jessica Frates takes a breather from her homework assignment. TOP CENTER: Tom Cochran is busy creating a plan for his art project. BOTTOM CENTER: Tami Hickok pauses during a lull in business for a moment of peace.



Lowerclassmen adjust
to high school life





Ben Tolson
Stacy Toner
Eric Trout
Derrick Trumble



Marilyn Twitchell
Trina Tyler
Steve Styron
Paula Vexsey



Fredricka Vincent
Susan Vuille
Sydney Wagenius
Virginia Waketfield



Class of 77 find many facets to school life

TOP LEFT: Trina Tyler and Karen Kirby try to avoid getting kicked while playing soccer. TOP RIGHT: Chuck Harrigan, tired of continuous practicing with Laurel Ferguson decides his apple has more to offer. BOTTOM CENTER: Terry Bartlett, Tracy Withers, Sue Mottin, Velja Mullin, Sandy Hansen and others line up for the school bus lunch.

Studies are challenging to J-D High's newest class

Joyce Walker
Dale Wallinette
Darwin Walter
Lisa Weber



Dorothy Webster
Cassandra Weiss
Valerie Westcott
Richard Whitehead



Velma Whitefield
Thelma Whitefield
Kurt Williamson
Shelly Winegar



TOP CENTER: Bob Peel auctions off Darwin Walter and Suzy Gertsch during the Sophomore show sale. BOTTOM RIGHT: Rodney Stay becomes absorbed in an Encyclopedia Americana. BOTTOM CENTER: Debbie Ferro and John Beadle find that working together is a lot better than working alone. BOTTOM LEFT: Laurent Day has discovered that the hall is a lot quieter place for reading than is the library.

Jeanette Winter
Tracy Withers
Gay Wollenberger

John Yatchmanoff
Janice Young
Mike Zagors

Sophomores-163

Juneau-Douglas City Museum



TOP LEFT: Joe Pelozza and Mike Corpuz find that their history class is not as easy as they thought. TOP CENTER: Suzy Thomas's artistic talent is recognized as she paints a sign for CDAA. TOP RIGHT: Stacey Brown gets in the bear. BOTTOM RIGHT: Kim Southard talks to a friend while starting her lunch. BOTTOM CENTER: Linne Clarke enjoys her meal at the Big Little Sister Banquet. BOTTOM LEFT: Debra Reinwand and Leslie Burns stop for a bite to eat during brunch.



Sophomores reflect various moods



Juneau-Douglas City Museum



The way we were
TAUGHT



Administrators plan future goals

This year the administration worked closely with students, teachers the community, and the Northwest Accrediting Association to evaluate the school.

Goals and objectives were discussed by students and teachers in an effort to better educate the students of Juneau-Douglas High School.

TOP LEFT: Dr. Robert Weiss takes time out from a busy day to confer with students. BOTTOM CENTER LEFT: Tom Newell and Bob Weiss discuss proposed curriculum changes. BOTTOM LEFT: Vice-Principal Tom Newell is always willing to help students.





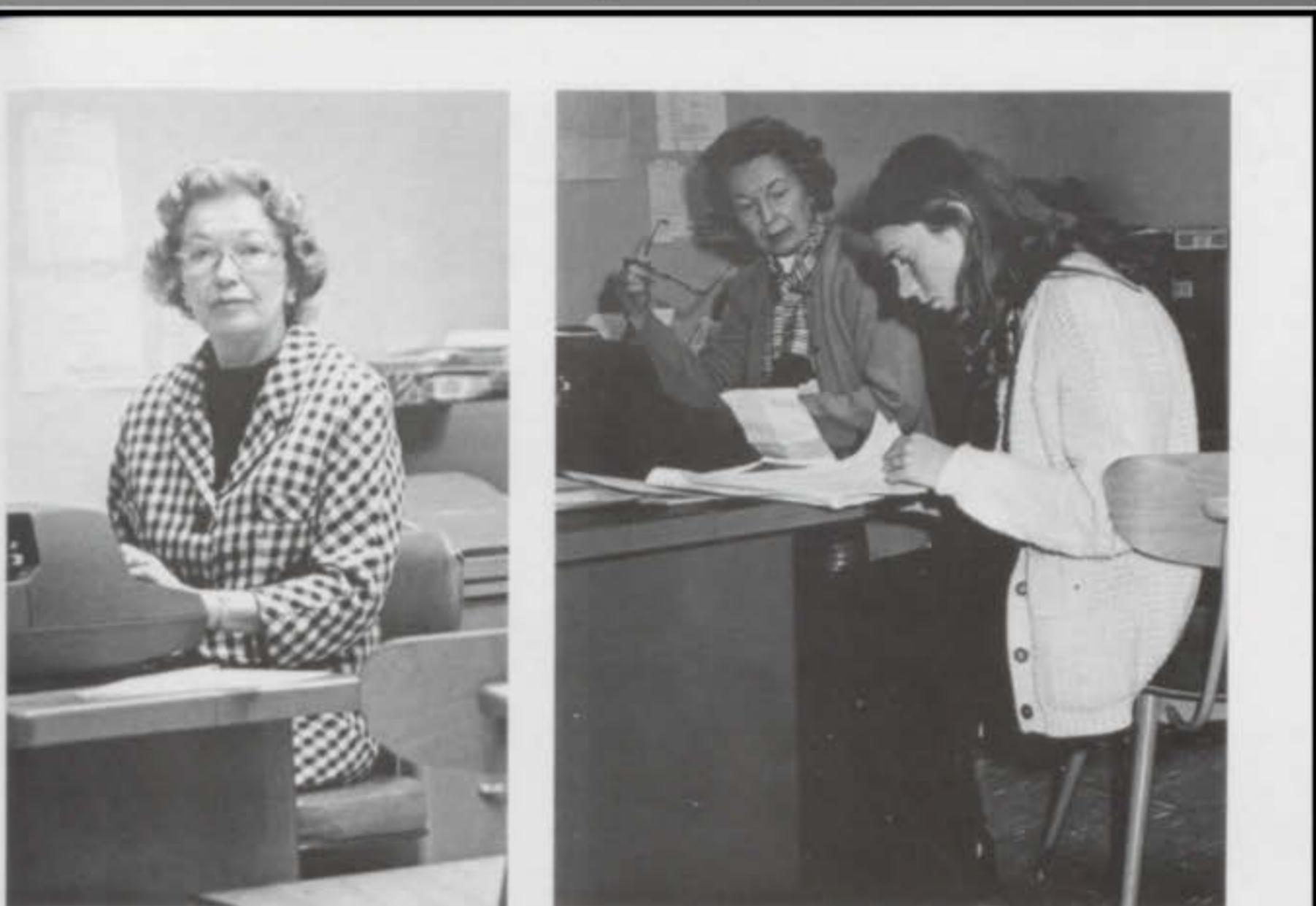
TOP RIGHT: Ed James, Vocational Education Coordinator, keeps a neat desk as he works. BOTTOM RIGHT: Gen Whiting, secretary to Ed James is always busy with telephone calls. BOTTOM CENTER FRONT: Roberta Freer, secretary to Dr. Weiss, types a letter for the principal.

Guidance emphasizes career selection

The main goal of the Guidance Department is to provide educational services to students. The department offers guidance in making decisions about high school, college, and career choices. Another service of the department is the administration of the P.S.A.T., S.A.T., and A.C.T. tests. A resource center in the office provides students with information regarding colleges and career choices.

Don Szepanski, a newcomer to the Guidance Department, is working closely with the D.E. Department on a career experience program. The program will enable students to go out into the community for the purpose of working with a professional in a field which they are considering as a career. The students will not be paid for their work, but this experience will give them an opportunity to find out about careers they are considering.





TOP LEFT: Jeanie McVey and Barbara Ferran relax while working in the Guidance Department. TOP CENTER: Mrs. Strandberg, Guidance secretary, pauses while at work on her typewriter. TOP RIGHT: Mrs. Strandberg helps Janet Long with her class selections for the new quarter. BOTTOM RIGHT: Mr. and Mrs. Meeker, Guidance counselors, working hours on the problems of students. BOTTOM CENTER: Dorothy Blaine helps students going into Project Careers. BOTTOM LEFT: New to the High School Mr. Szepanski takes time to help students.

Students find office staff helpful



TOP LEFT: Katie Young, Attendance Clerk, greets many a student in the morning with her smiling face. TOP CENTER: Office aids Lori Workman, Mary Stewart, Mark Jones, Elva Scott and Edna Corpus learn how to run a high school office. BOTTOM LEFT: Helen Hall, secretary to the Assistant Principal, explains the school rules to a student. BOTTOM CENTER LEFT: Jill Thompson, Clerical Aid, is kept busily typing at her job.



New Faces Places and Things

With some remodeling and expansion the library took on a new image this year. The expansion incorporated the A-V department with the library into a multi-media resource center. This new center made the A-V materials more accessible to the students for production work.

Alice Branton was also new in the library this year. She joined the library staff as a library technician.



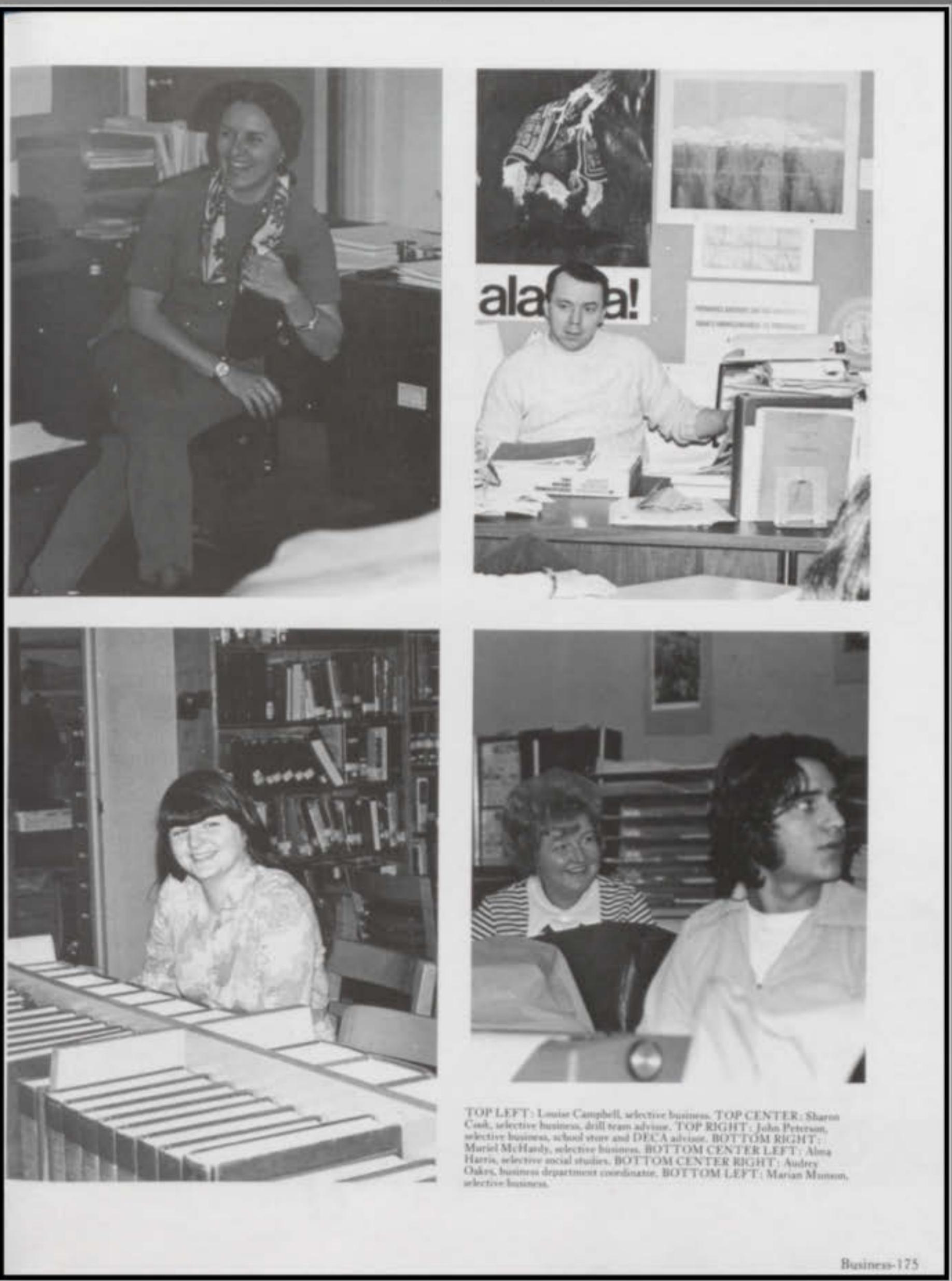
TOP RIGHT: Alice Branton, the new Library Technician, and Kay Masters, Clerical Aide, pause a moment from their many chores. BOTTOM CENTER RIGHT: Beth Bellflower, Librarian and Junior Varsity Cheerleading Advisor, watches over her domain perched on top of the card catalog. BOTTOM RIGHT: Library Aids Barbara Ferrari, Cherry Cheatum, Jeff Morgan, Jamie Mielke, Jack Cockran, Donny Corpus, Kates Hagerup, Tom Phonney, Melanie Mitchell, Lisa Greenough, Bob Mattson, Gail McNabb and Joy McGee help Beth Bellflower in the library during their classes in Library Science.

Business Department keeps pace with newest equipment

In an effort to further student's skills and knowledge in business, the department acquired new adding machines, keypunch and composer. Business classes are very popular because they teach students many skills needed for job qualifications.



Juneau-Douglas City Museum



TOP LEFT: Louise Campbell, selective business. TOP CENTER: Sharon Cook, selective business, drill team advisor. TOP RIGHT: John Peterson, selective business, school store and DECA advisor. BOTTOM RIGHT: Muriel McHandy, selective business. BOTTOM CENTER LEFT: Alma Harris, selective social studies. BOTTOM CENTER RIGHT: Audrey Oakes, business department coordinator. BOTTOM LEFT: Marian Munson, selective business.

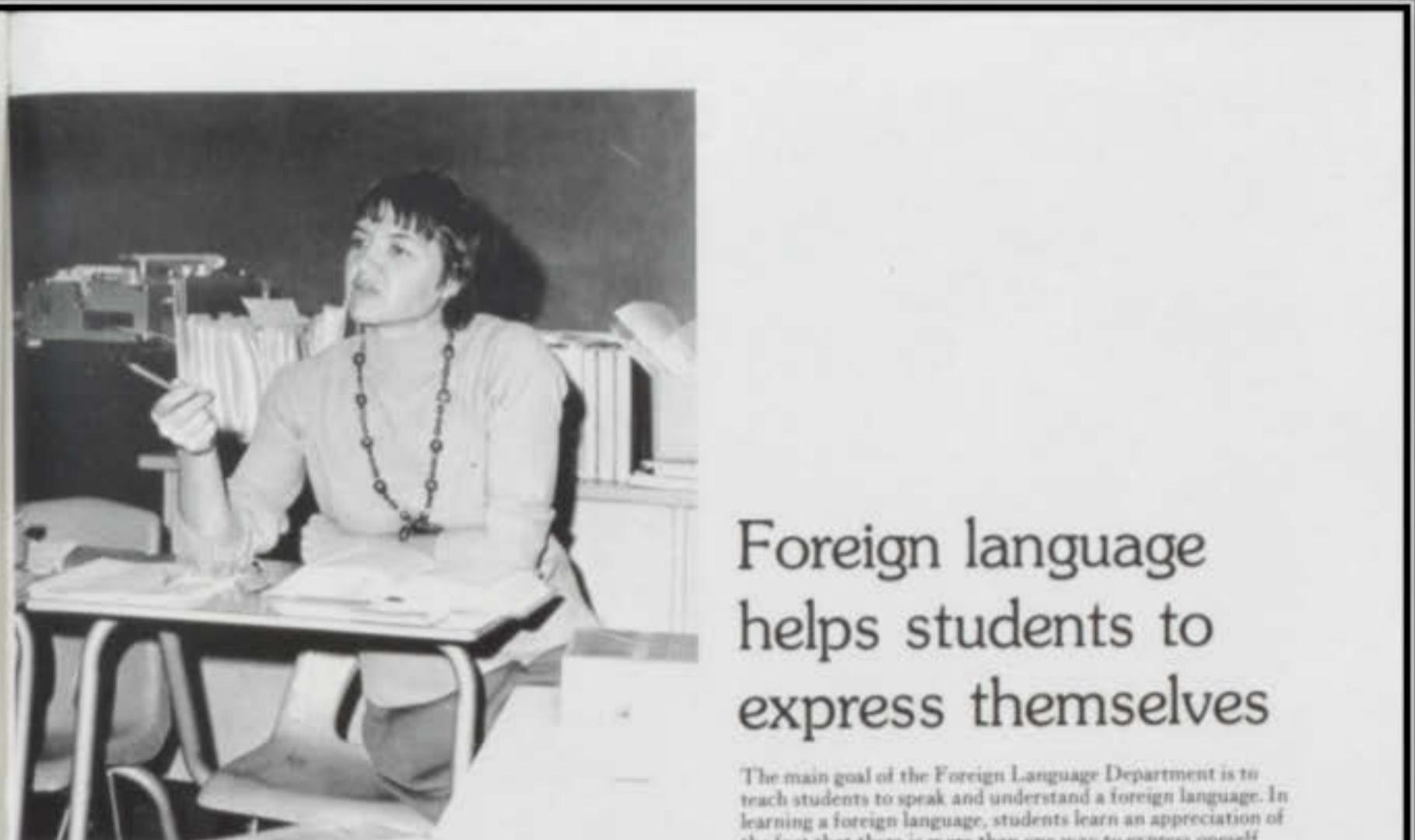
Home Economics adds fashion class

A new class in fashion merchandising was added to the many course selections of the Home Economics Department. The students in the class learned about textiles, techniques in successful salesmanship, and careers available in fashion.

Students in Interior Design II have decorated a house built by the carpentry class. This is the second year this has been done and it provides students the opportunity to put their knowledge to use.

The Home Economics Department experienced an estimated \$10,000.00 worth of vandalism this fall. Burned draperies, broken windows and severed sewing machine cords somewhat hampered the department's accessibility to its facilities.





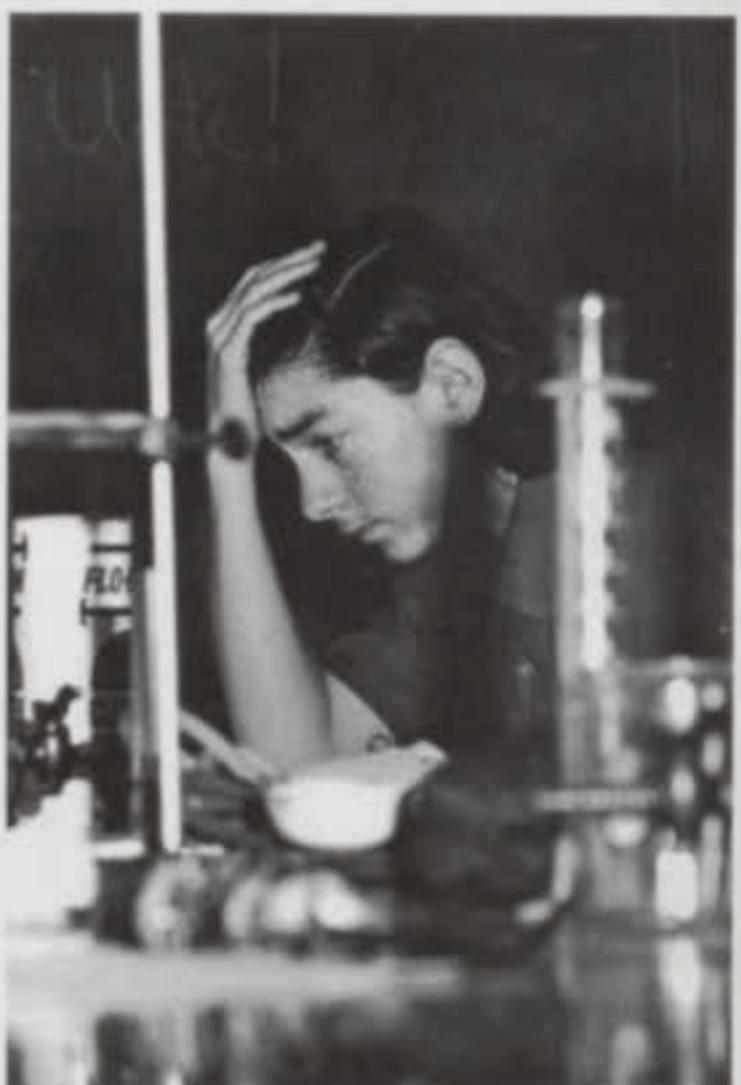
Foreign language helps students to express themselves

The main goal of the Foreign Language Department is to teach students to speak and understand a foreign language. In learning a foreign language, students learn an appreciation of the fact that there is more than one way to express oneself.



TOP LEFT: Bev Kelton, Selective Home Economics and Varsity Cheerleading Advisor, judges the light, crispy crust of an apple pie made in her Chef class. TOP RIGHT: Ethel Nayash, Foreign Language and Language Club Advisor, corrects the pronunciation of one of her French students. BOTTOM LEFT: Cynthia Morris, School Nurse, Health Instructor, and Candy Striper Advisor, prepares her office for the student's eye and ear tests. BOTTOM CENTER: Marge Schmeige, Selective Home Economics and Department Coordinator, looks on as one of her students carefully follows instructions. BOTTOM RIGHT: Pat O'Grady, Foreign Languages, uses visual aids to help her students in learning foreign languages.

Juneau-Douglas City Museum



TOP LEFT: Russ McDowell lectures on the verinum intestinal tract. TOP CENTER LEFT: Elton Dennis, Chemistry and Physics instructor, Department co-chairman, Senior class advisor and JEA president, explains the fundamentals of the stroboscope to Evelyne Tassart. BOTTOM CENTER LEFT: Al Murray shows us the classic "thinking man" pose. BOTTOM LEFT: Betty Daugherty and Scott David begin a dissection in class.



Math, Science Depts. combine into resource center

Biology, chemistry, oceanography, and physics provide a varied curriculum for the Science Department. This year the department worked closely with the Math Department in the development of a Math-Science Resource Center. Students can receive help from teachers and calculators are available for the students use.

TOP RIGHT : Larry Sullivan makes use of graphs to solve physics problems. BOTTOM RIGHT : Chris Braderson, the Biology replacement for Chuck Jotax explains the reproductive cycle of an animal. BOTTOM CENTER RIGHT : Joe Heersink, Biology, Sociology, Scuba diving instructer, and Cross-Country running and skiing coach.



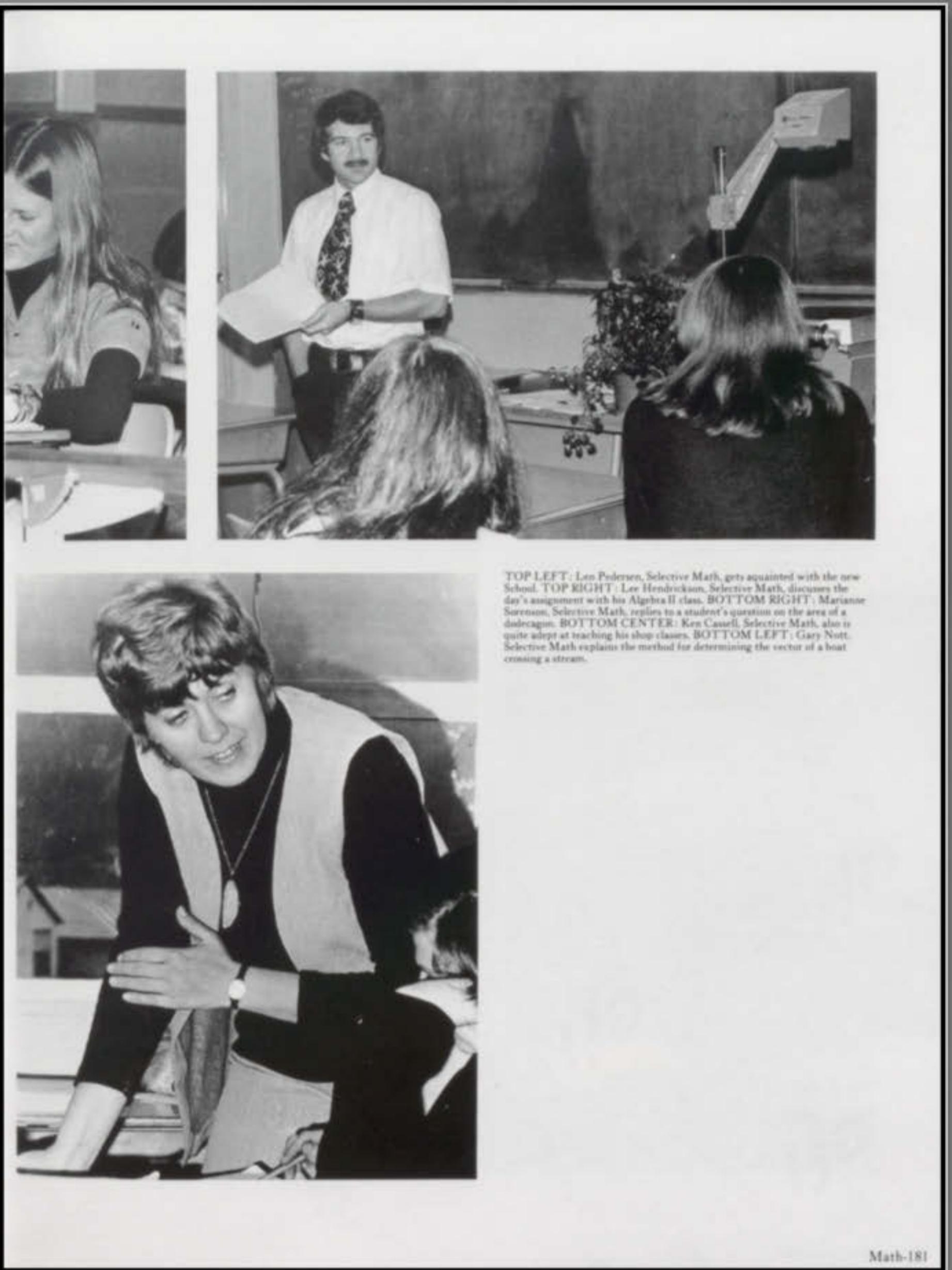
Curriculum expanded in Math Department

The key word in the Math Department was expansion. To accommodate the increasing number of students the Math Department added six General Math Sections this year.

From Marie Drake Junior High came Lenard Peterson, a new addition to the department. He teaches Algebra II, Geometry and Consumer Math.

The Math Department was able to buy three new Hewlett-Packard Calculators which are commonly used in the Senior Math and Algebra II classes. The Math-Science Lab also contains a calculator for the students to use.





TOP LEFT: Len Pedersen, Selective Math, gets acquainted with the new School. TOP RIGHT: Lee Hendrickson, Selective Math, discusses the day's assignment with his Algebra II class. BOTTOM RIGHT: Marianne Sorenson, Selective Math, replies to a student's question on the area of a dodecagon. BOTTOM CENTER: Ken Cawell, Selective Math, also is quite adept at teaching his shop classes. BOTTOM LEFT: Gary Nott, Selective Math explains the method for determining the vector of a boat crossing a stream.

P.E. provides variety of classes

The Physical Education Department's main objective is to provide each student with the opportunity to participate in a variety of recreational and physical activities that will contribute to his or her health and well being, now and later.

The department has two full time instructors and two part time instructors to meet the large demand for P.E. classes. One class was also taught in the evenings.



TOP LEFT: Cindy Daniels, selective physical education, Go!s Basketball, volleyball and track coach, waits at the finish line for the end of the relay race. TOP RIGHT: Mr. Bradner, Auto Shop, emphasizes a point to Jeff Fisk. BOTTOM RIGHT: Wally Green, Electronics, light booth adviser, explains a question from one of his students. BOTTOM LEFT CENTER: Robert Peel, carpentry, wood and metal shop, discusses a question with Pete Bibb, drafting and carving arts. BOTTOM LEFT CENTER: Jim Haney, driver's training, Varsity basketball coach, urges his team to victory. BOTTOM LEFT: Dennis Dail, selective physical education, wrestling coach, sits with Russ Barkey while working on class attendance.





Industrial Arts gives students opportunity for practical experience

The Industrial Arts Department set out to acquaint students with possible career choices and to teach them enough skills so that they can get a job.

The department taught a new class this year called Trades and Industries. The class covers five different areas: auto shop, woods, metals, drafting and electronics.

The carpentry class and the house wiring class got together to build a house. This is the second year this project had been done.



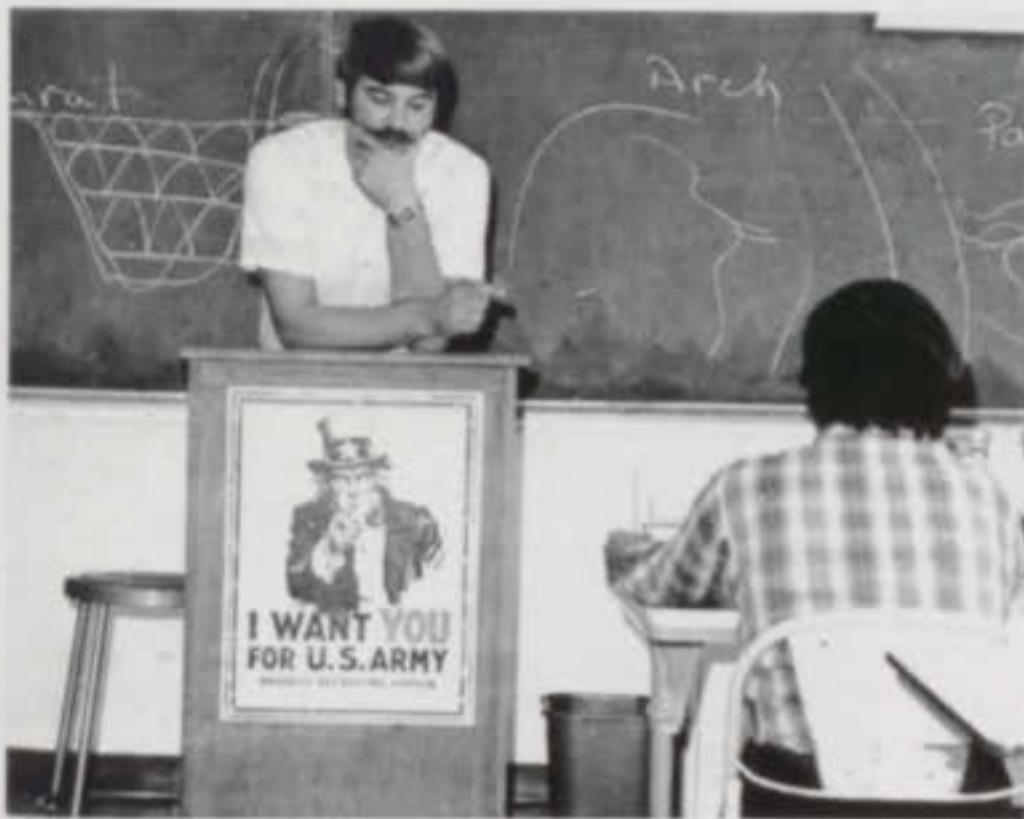
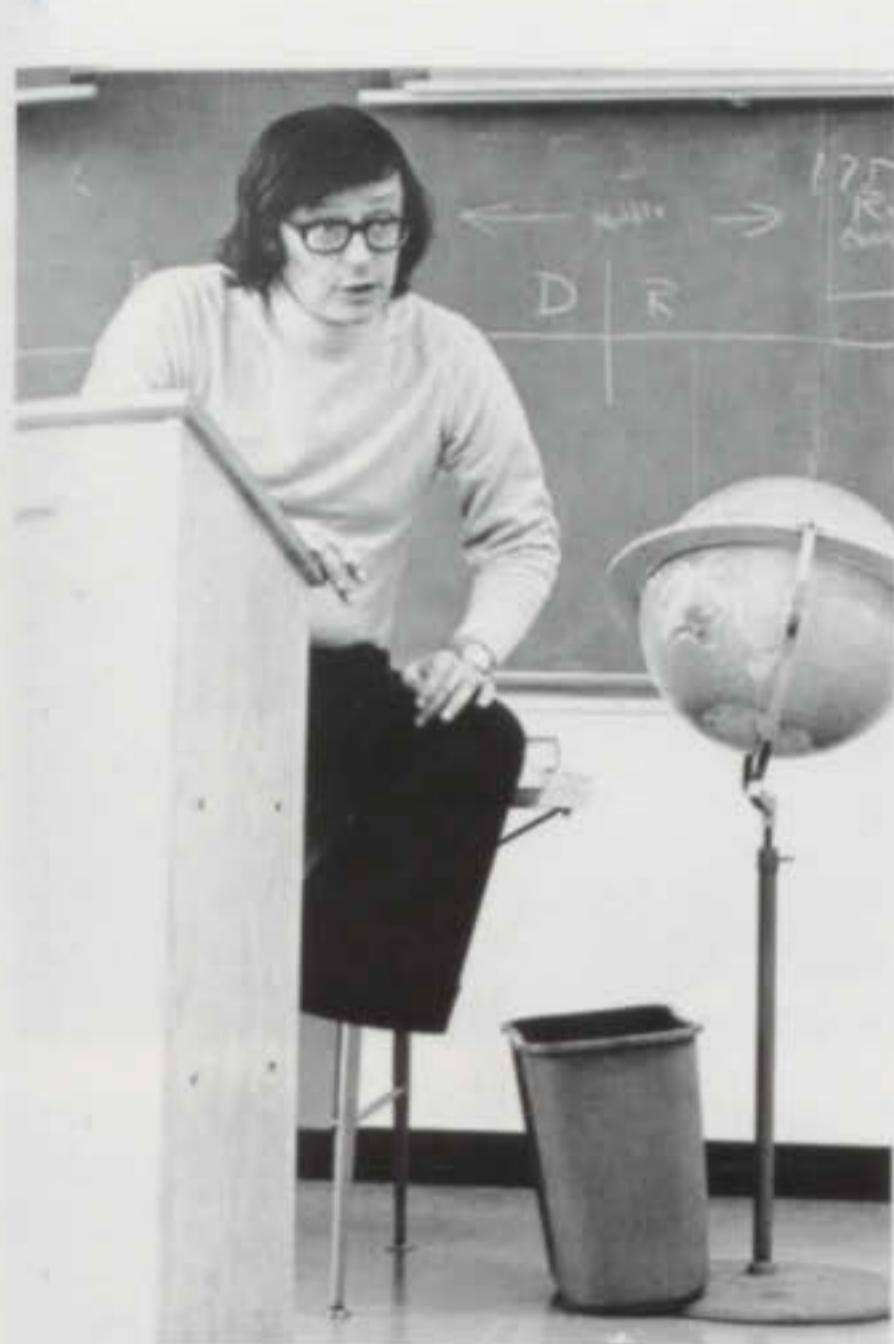
Class format changes in Social Studies department

The Social Studies Department provides the largest selection of classes, of any department.

With the new Sophomore program, a year long class in Western Civilization was taught. Juniors as well as Sophomores took advantage of this, and several other classes which were also lengthened.

The department also welcomed the return of Bill Potter.





LEFT: JoAnne Smarlan, Activities Director and Selective History instructor, glances up from consulting her activities calendar. TOP CENTER LEFT: Paul Simic, Selective Social Studies, dons authentic African apparel. TOP CENTER RIGHT: Bill Partier, Selective Social Studies and Department Coordinator, underlines the differences between the Democratic and Republican Policies. TOP RIGHT: Janus Brattain, Selective Social Studies and Dance instructor, exercises with her students. BOTTOM RIGHT: Roe Metzgar, Selective Social Studies and Track Coach, contemplates a difficult question. BOTTOM LEFT: Karyn Price, Selective Social Studies and A.S.B. Advisor, pauses before verbally attacking a Sophomore.

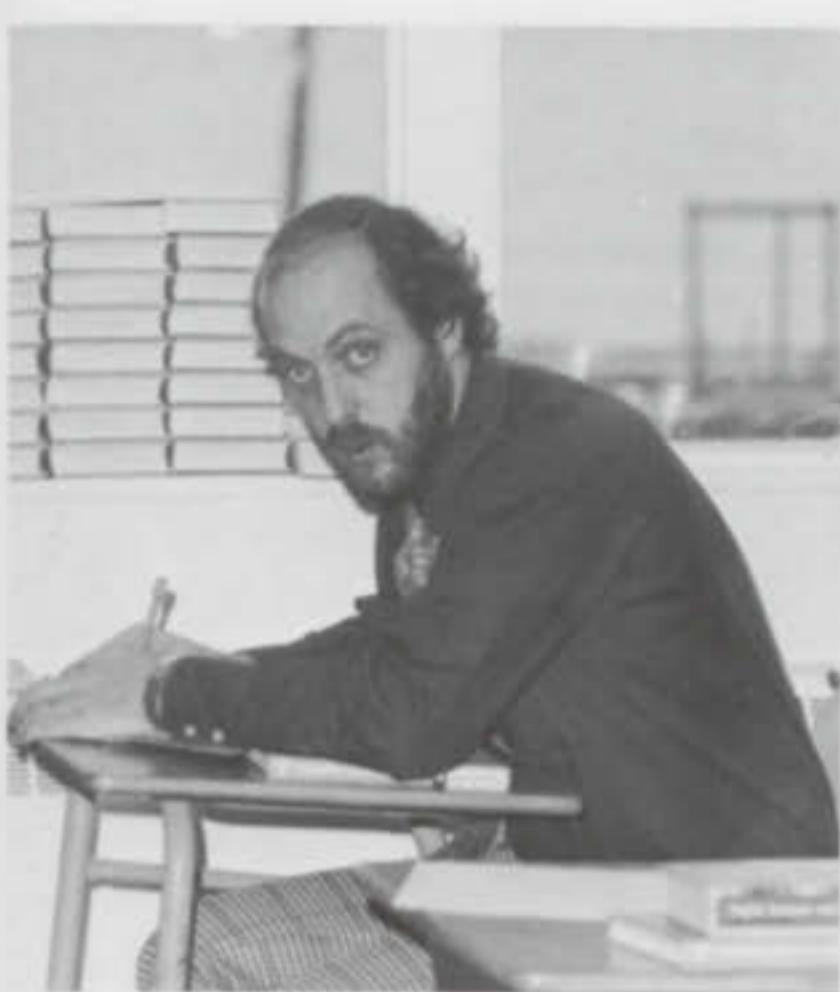
English department develops reading program

The English staff met during the summer to develop the new reading program. This program provides for the learning of English skills on an individual basis. In class students work on reading comprehension and discussion skills. Students read on such universal topics as justice, the meaning of life, and cultural values. The department offers students over fifty book titles to choose from.



TOP LEFT: Shirley Carlson, selective english, N.H.S. advisor. TOP CENTER: Ken Koelich, selective english, advisor for J-Bird, glances up from proofreading an article. BOTTOM CENTER: John Wyatt, selective english and Radio club advisor. BOTTOM LEFT: Ed Ferrill, selective english and Yearbook advisor, shows the parts of a camera.

Juneau-Douglas City Museum

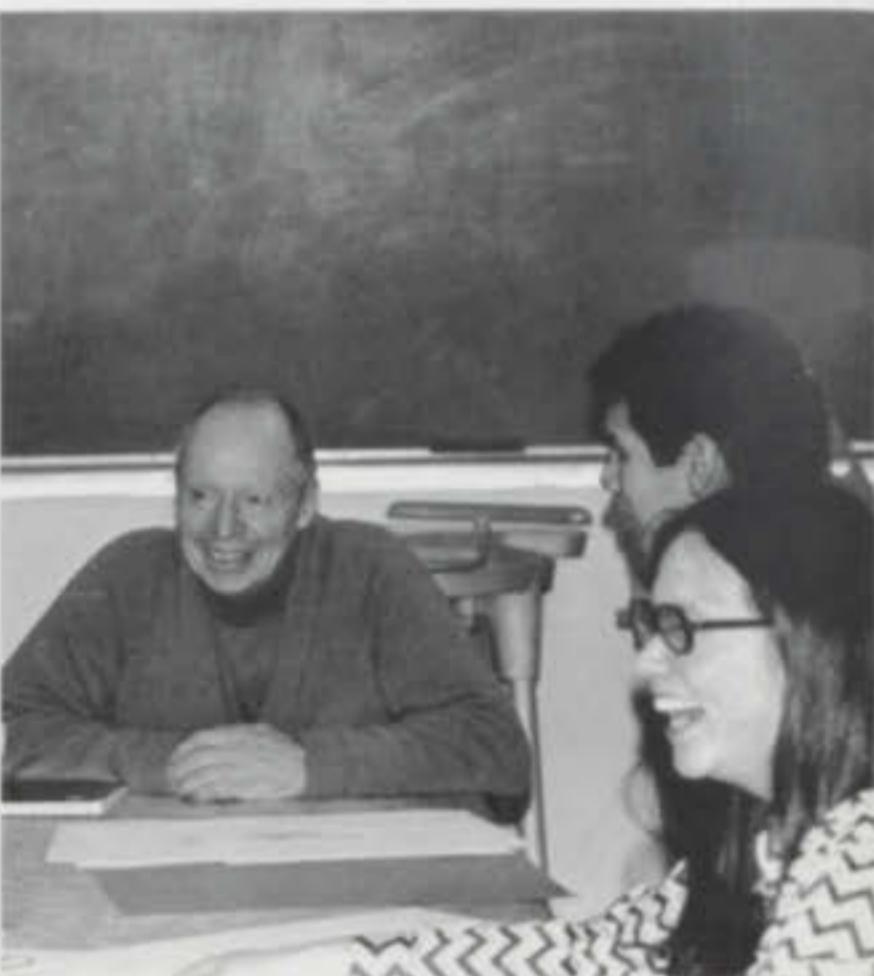


TOP RIGHT: Tom Kollin, selective english, rifle club advisor. BOTTOM
RIGHT: Jim Barton and Jim Carroll, special education, work together also.
BOTTOM RIGHT CENTER: Betsy McHugh, selective english, girls club
advisor, files the day's work in the filing cabinet.

Chorus and Band under one director

This year the entire Music Department was under the direction of Bernie Hendricks due to the retirement of Doris Cranfill. Two classes were taught in band and two in chorus.

The Art Department provided many new experiences for students taking art classes. A jewelry corner was established and students were able to work with leather, silver, metals and industrial ceramics.



TOP LEFT: Max Lewis, selective art, art and alpine club advisor, smiles as a joke is told in one of his classes. BOTTOM CENTER: Bernie Hendricks, Chorus and Band, Pep band and stage band advisor. BOTTOM LEFT: Jerome Hansen, selective english, Drama club advisor, grades papers in his office.





Lunch and
Maintenance
keep school
going



TOP RIGHT: Nick Yukio, head of maintenance department. BOTTOM RIGHT: The lunch staff: Lisa Ihss, Pauline Satter, Lillian McLaughlin, Betty Hill, Joan Terrell, and Irene Mainwaring.



The way we
ADVERTISED





TOP CENTER: Linda Brewer models clothes at ROBINSON'S MEN'S WEAR, where everything from formal to the outdoors mens clothing needs can be found. TOP RIGHT: Greg Kondal and Susie Grotch greet you with a smile when you shop at DON'S PHOTO AND JEWELRY. Where you will always find an abundance of gift ideas. BOTTOM LEFT: Vic Walker, Doug Larsen and Ann Hull, will go to any length to ensure your money's safe, when you bank at ALASKA FEDERAL SAVINGS AND LOAN.



Juneau-Douglas City Museum

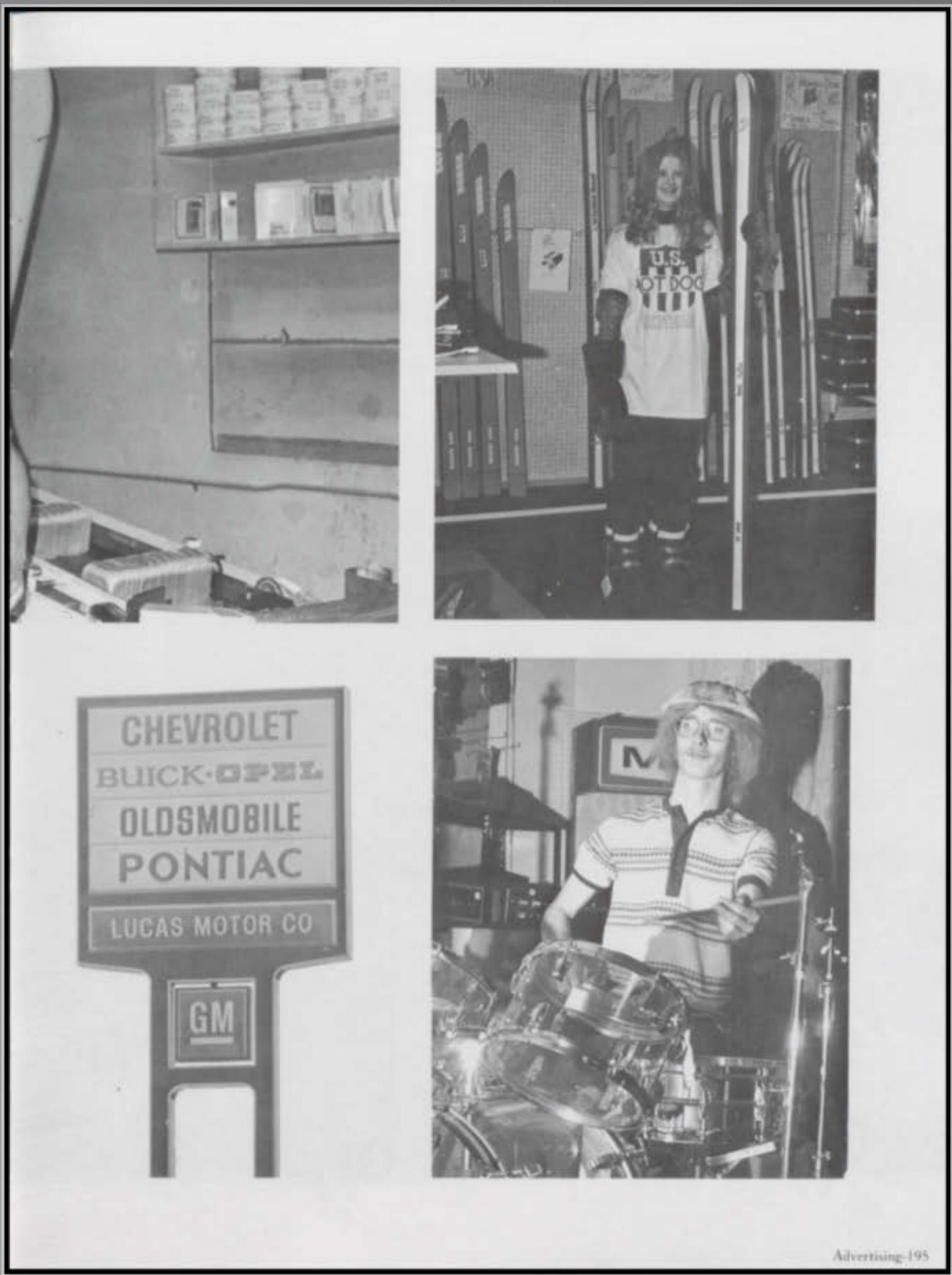


BOTTOM RIGHT: Margaret Nelson peruses over the wide selection of shoes at HUDSON'S SHOES, located at 109 Seward Street. BOTTOM CENTER: Marcy Kehfeld is caught by surprise while looking over the variety of books at the BARANOF BOOK SHOP.



TOP CENTER: Steve Meierschmidt demonstrates the bread making talents possessed by PURITY BAKERY. TOP RIGHT: For all outdoor enthusiasts, Kristie Pace included, you can find all your equipment at CHANDLER'S SPORTING GOODS AND HARDWARE. BOTTOM RIGHT: Stew Rawland tries out the drums at ALASKA MUSIC, where the beat buys on instruments and records can be found. BOTTOM CENTER: LUCAS MOTOR COMPANY, located at 9-mile Glaciar Highway has exactly what you've been looking for. Come out and see them for all your car needs. BOTTOM LEFT: A pajama party? No, it's just Karlee Gaskil and Linda Brewer testing the beds out at "LYLE'S THE FRIENDLY FAMILY STORE".





Juneau-Douglas City Museum

TOP CENTER: Let your imagination run wild with the variety of textures and colors of fabric at FASHION FABRICS. May they make your wildest dreams come true. BOTTOM RIGHT: Tom Stewart knows where you can get the best buys from panty hose to quality meats at 29th CENTURY MARKET. BOTTOM CENTER: Sharon Pasich knows your money is always safe when you bank with B.M. BEHREND'S BANK, Alaska's first. BOTTOM LEFT: Cris Mill and Vic Walker shop at the JEWEL BOX for that special purchase that will last a lifetime.



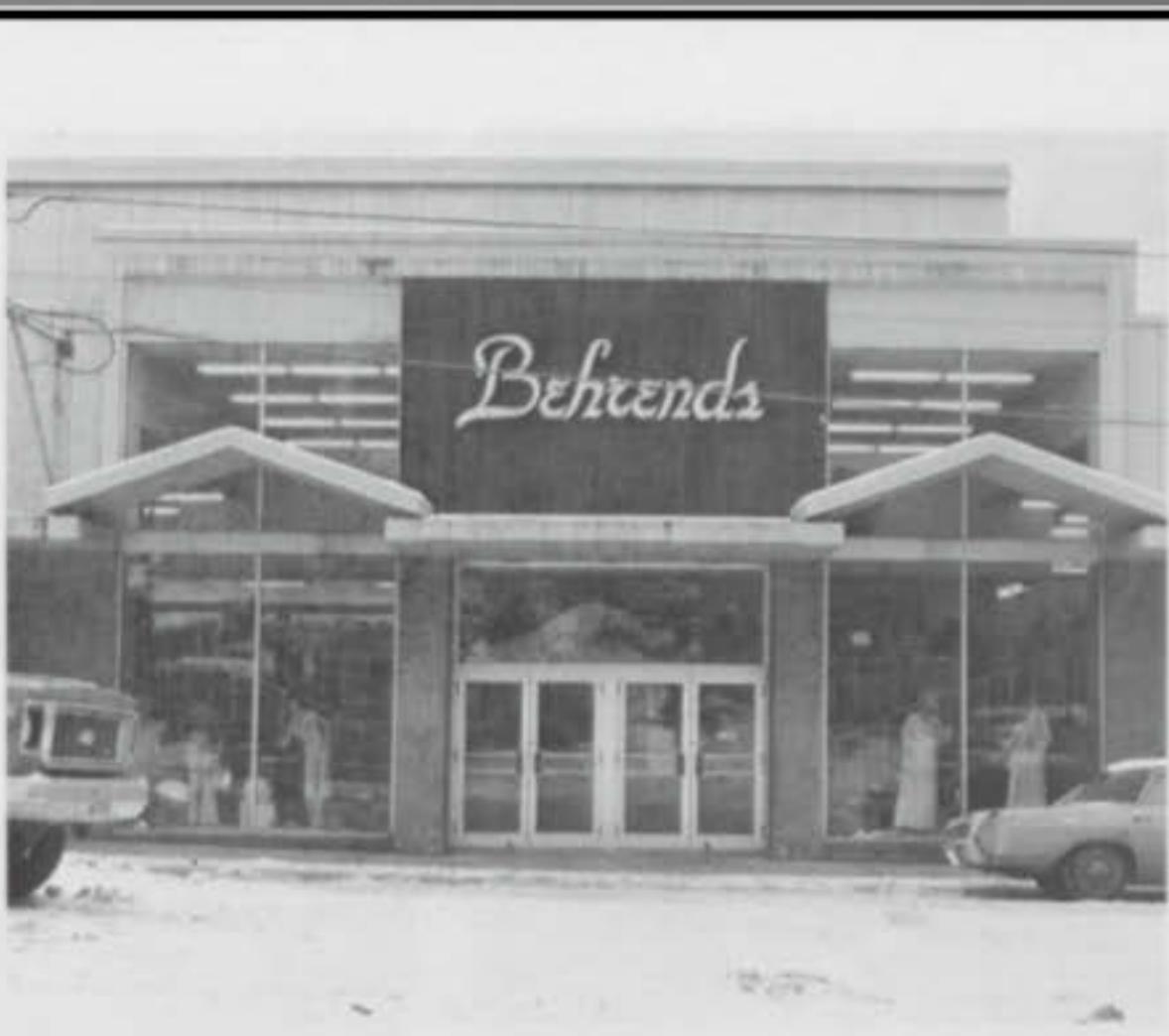


Juneau-Douglas City Museum

TOP LEFT: If you want convenience and top quality foods shop FOODLAND, in the Foodland Shopping Center. TOP CENTER: CASLER'S MEN'S WEAR, a Juneau tradition in fine clothing buys. RIGHT: Greg Bodine toasts with Bullwinkle at BULLWINKLE'S PIZZA PARLOR. BOTTOM CENTER: Carolyn Thibodeau and Eric Johnson enjoy a snack as Mrs. Thibodeau looks on at SALLY'S DELICATESSEN. BOTTOM LEFT: Robin Heard is always ready to serve you when you shop at ANN'S JUNIOR SHOP.



Juneau-Douglas City Museum

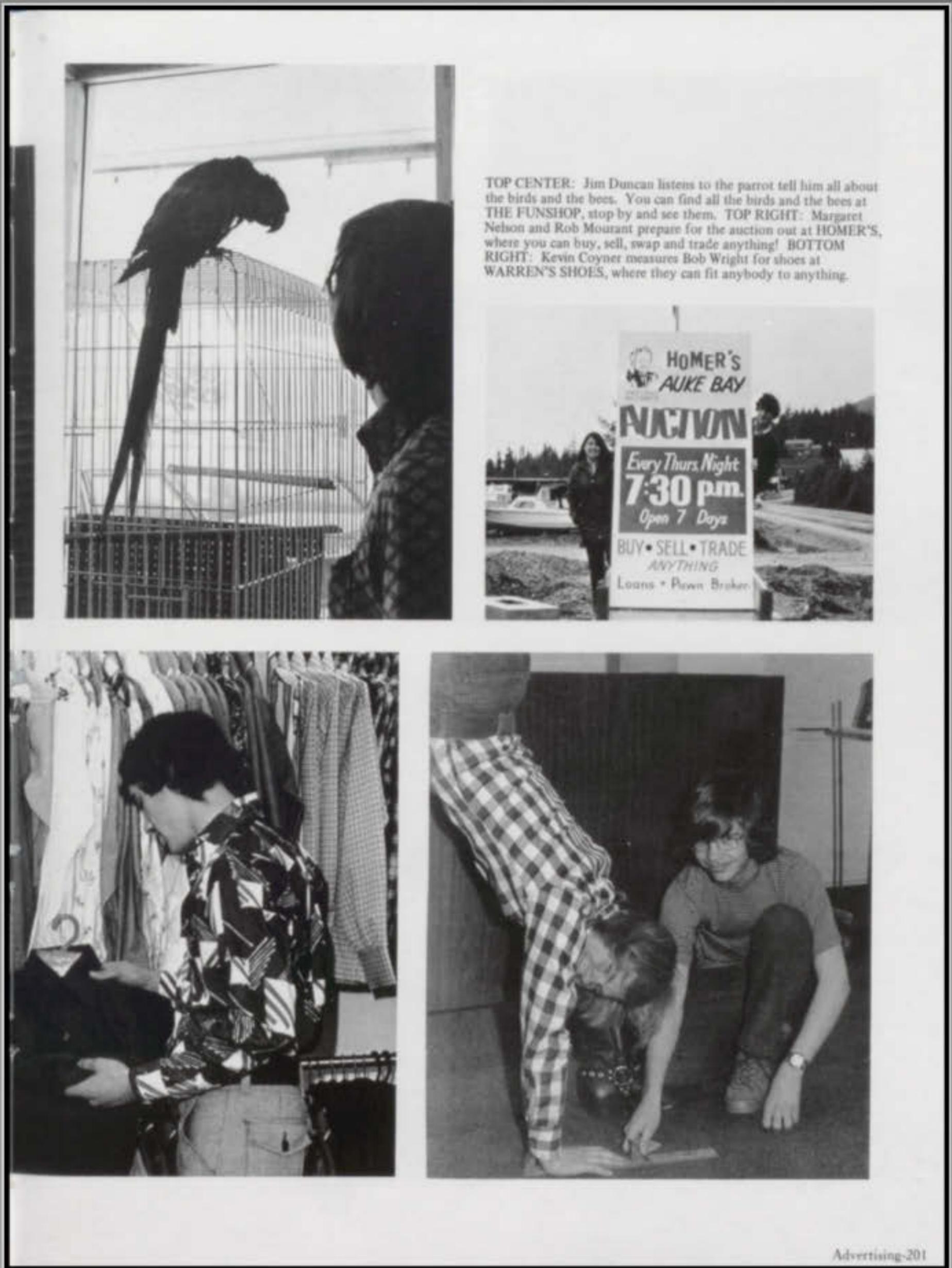


Juneau-Douglas City Museum



TOP LEFT: Everything is coming up roses for Heather Houston. The same can happen for you when you buy flowers at the NOSEGAY. TOP CENTER: Vicki Brown is caught while shopping at VICTORIA'S, where everything for that special occasion can be found. BOTTOM CENTER: Ron Jones helps Mike File select an outfit at THE NUGGET, Juneau's newest department store. BOTTOM LEFT: Bill Diebel sinks his teeth into that "Finger licking good" KENTUCKY FRIED CHICKEN.

Juneau-Douglas City Museum



Juneau-Douglas City Museum



TOP LEFT: Janna Gould models clothes at THE HAMLET, where all the now fashions can be found to today's girl. BOTTOM LEFT: Jeff Hart, Marisa James, Sevie Wagenius, Les Hillman and Joe Belzak play under the wish tree at SEARS, located at the foodland Shopping Center.

Juneau-Douglas City Museum



Juneau-Douglas City Museum

TOP CENTER: Bob Varness, Linda Pusich and Sharon Pusich survey the situation at CHILKAT FUEL, where they won't let you down when you need them the most. TOP RIGHT: Ernie Carrillo demonstrates the talent and skill you too can master when you bowl at CHANNEL BOWL. Stop by and bowl a few games. BOTTOM RIGHT: AUTOMOTIVE PARTS, located at 9 mile Glacier Highway has everything for your car needs. BOTTOM LEFT: Russ Barkey, Tracey Miller, Carrie Zagars, Lori Alexander, Mike Kimlinger, and Rene Thomas check out the power plant down at ALASKA ELECTRIC LIGHT & POWER.





TOP CENTER: THE NEW MINUTE MEN date back to the Citizen Soldiers of the Colonial days and today it is the biggest backup force for the army. But the National Guard is something special. It is the only military organization trained to aid in Alaskan emergencies. When the chips are down, it is the Army National Guard that Alaska can depend on. If you are a high school senior, call today and find out how you can get paid for being one of the New Minute Men while in school. Find out how other Alaskans "belong" and how you can belong to this select group of Alaskan volunteers.



Juneau-Douglas City Museum

TOP CENTER: Kurt Savikko and Linda Brewer enjoy dining at MIKE'S. For that special occasion try MIKE'S for the best food and most pleasant atmosphere in the Juneau area. TOP RIGHT: Kevin Coyner demonstrates a test print at F-STOP PHOTO FINISHING, where you will always receive quality pictures and fast service. BOTTOM RIGHT: Mike Kimlinger and Carrie Zagars look over the wide selection of products at HARRY RACE DRUGS, located at 254 Front Street. BOTTOM CENTER: Bob Wright stretches out on the comfortable shag carpets available at ARTIC CARPET in the Glacier Village Shopping Mall. BOTTOM LEFT: Save those precious moments with a picture taken at ALEXANDER'S PHOTOGRAPHY. TOP LEFT: Bob Varness and Linda Pusich can fix anything when it comes to cars at LARRY'S UNION.

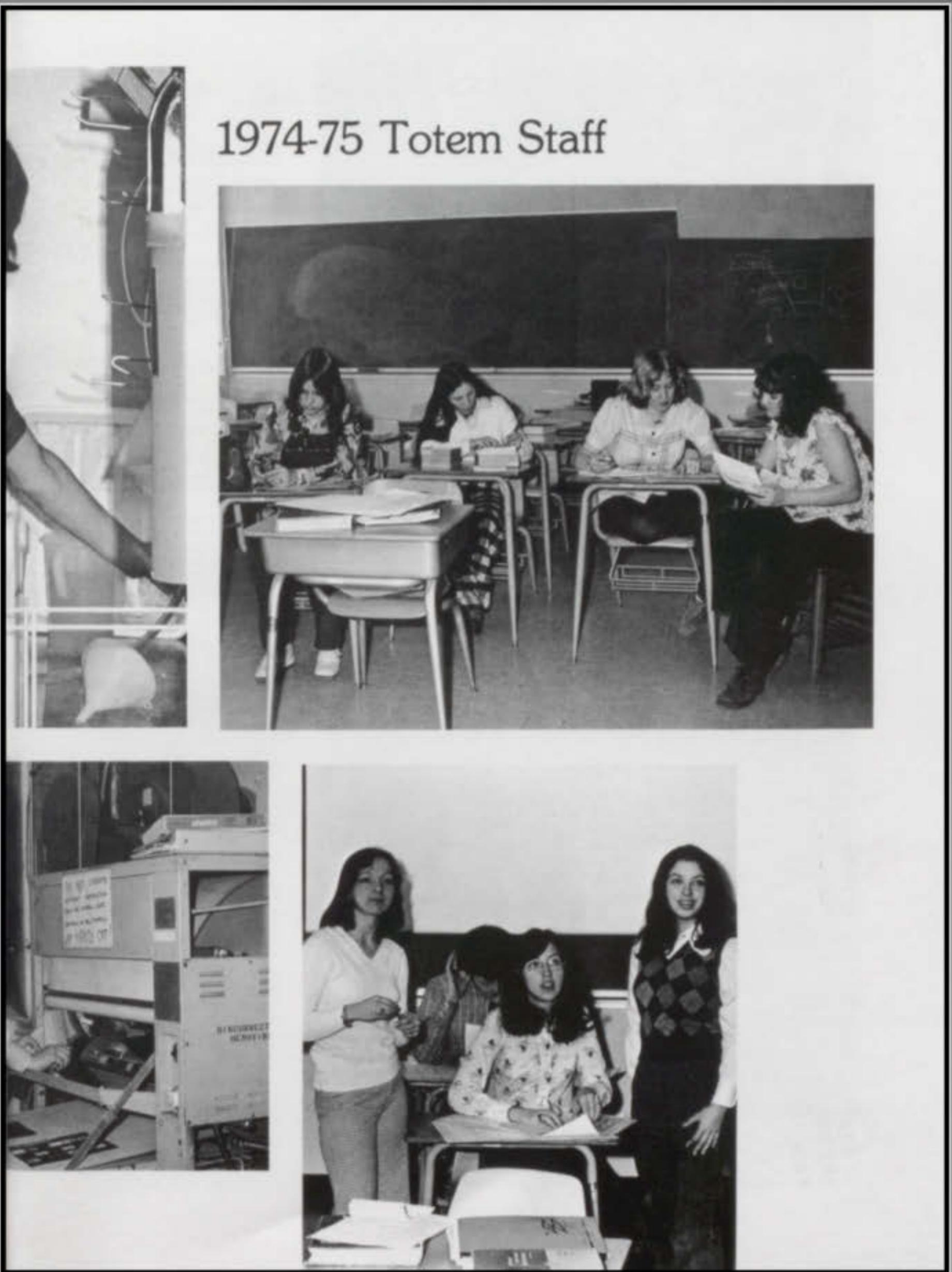
Juneau-Douglas City Museum

Advisor	Ed Ferrell
Editors	Janet Clarke
Sports	Mary Jo Taylor
Seniors	Linda Brewer
Student Life	Gabrielle Woolf
Juniors	Valarie Fraties
Organizations	Kathy Shumway
Sophomores	Greg Bodine
Faculty	Kelly Gertsch
Advertising	Joy Straty
Index	Jane Ellis
Chief Photographers	Karlee Gaskill
Staff Photographers	Margaret Nelson
Cover Photo	Sharon Puscich
	Kathy Shumway
	Bill Diebels
	Kurt Savikko
	Margaret Nelson
	Kevin Coyner
	Pete Frank
	Mark Masters
	Mark Smith
	Debra Sather
	Joe Alexander



TOP CENTER: Bill Diebels, one of the chief photographers for the TOTEM prepares to mix chemicals for printing. TOP RIGHT: Valarie Fraties, Kathy Shumway, Kelly Gertsch, and Sharon Puscich work on their individual sections in a typical day in yearbook class. BOTTOM RIGHT: Editors Mary Jo Taylor and Janet Clarke help sports editor Linda Brewer fit copy and captions. BOTTOM CENTER: Greg Bodine and Margaret Nelson wait for pictures to come out of the dryer. BOTTOM LEFT: Margaret Nelson listens to advisor Ed Ferrel as he shows his wit in a classroom discussion.







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TOP LEFT: Mac and his friend the bear, wave to a friendly crowd of students. BOTTOM RIGHT:
The famous prowler of J-D High is caught in the act by a photographer.

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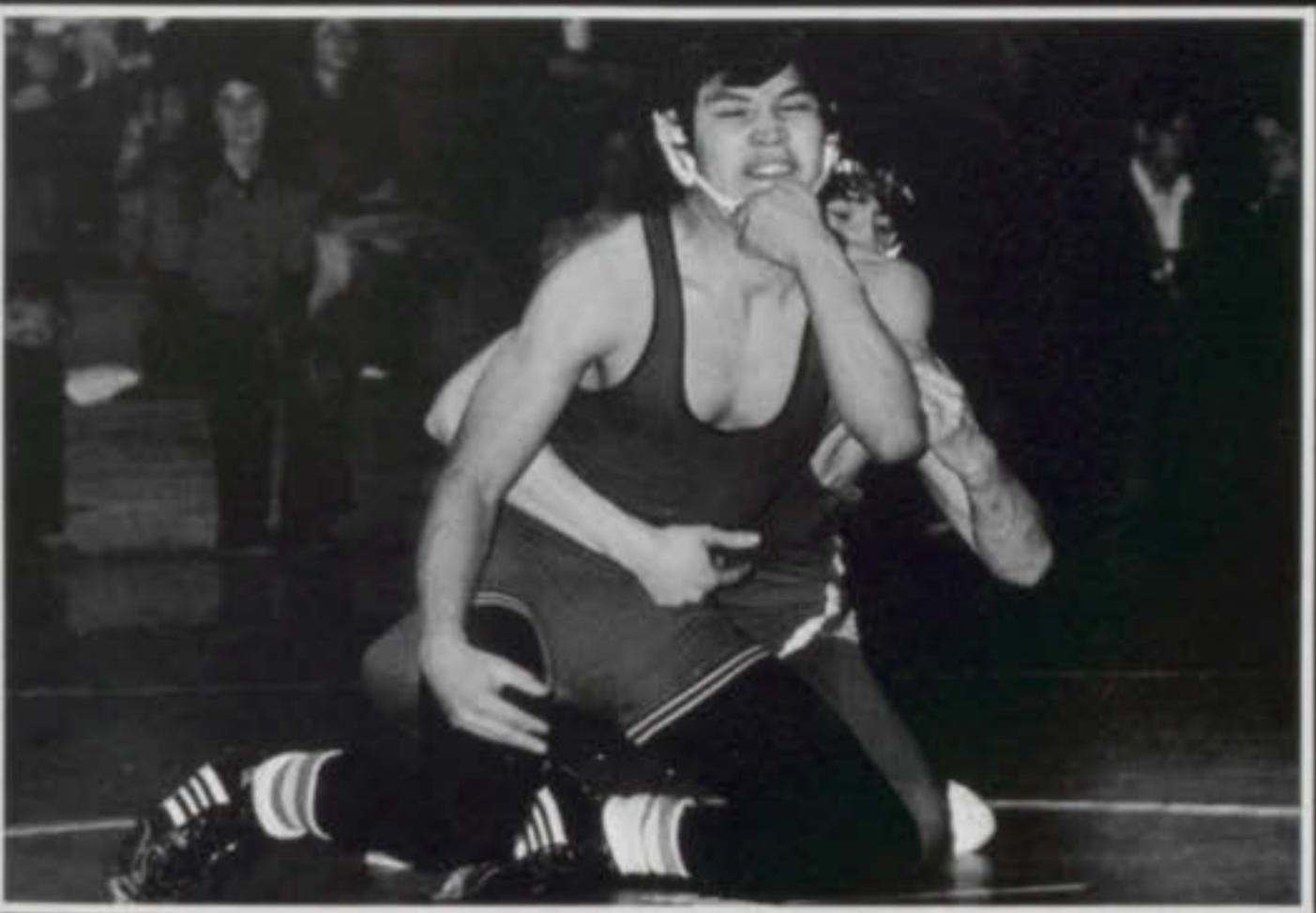
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Memories may be beautiful and yet





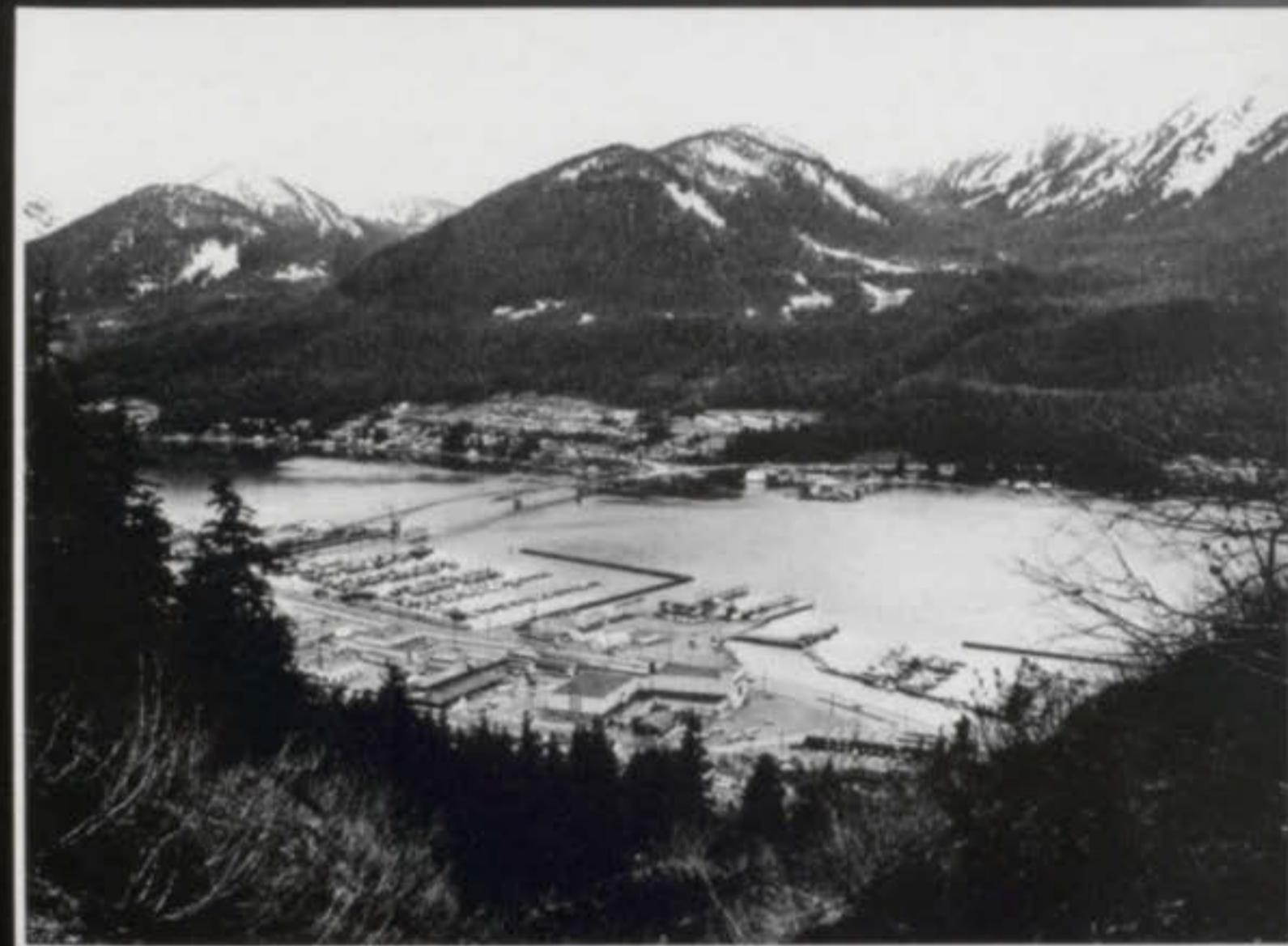
what's too painful to remember
we simply choose to forget

Juneau-Douglas City Museum



So it's the laughter we will remember,
whenever we remember the way we were





Memories light the corners of my mind
Misty watercolored memories of the way we were
Scattered pictures of the smiles we left behind
Smiles we gave to one another for the way we were
Can it be that it was all so simple then, or has time rewritten every line?
If we had the chance to do it all again tell me would we, could we?
Memories may be beautiful and yet,
What's too painful to remember, we simply choose to forget
So it's the laughter we will remember whenever we remember the way we were
The way we were.

Marvin Hamlisch-1973



Juneau-Douglas City Museum

Well gang! Things seemed to start off very slowly this year. We had our problems, boy did we ever have our problems! But you all came through beautiful when it came down to that last crucial deadline-everybody pitched in and spent a lot of extra time working on yearbook we thank you all.

We survived through all the crisis-missed deadlines, late mug shots, mixed-up names, lost color transparencies; you name it and we had it but here it is in final form and isn't it beautiful. It's when you first look at this yearbook that you realize that all of the time spent is really worth it. We know that you can all be proud of it and can call this your book.

Mr. Ferrell you are always so calm, cool and collected. How do you survive every year? We would have been crazy if it weren't for you. You deserve all of the praise in the world.

Kurt and Bill and all of the other photographers - you all really know how to come through when it counts, thanks for all the beautiful pictures!

Our theme this year was taken from a popular song sung by Barbara Streisand. Marvin Hamlisch wrote the words in 1973 and the song became known in 1974. In many years to come this book, we hope, will show you as it does now the way we were in 1974-75.

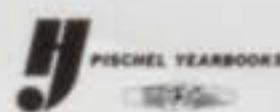
Your Editors,
Janet & Mary Jo



Juneau-Douglas City Museum



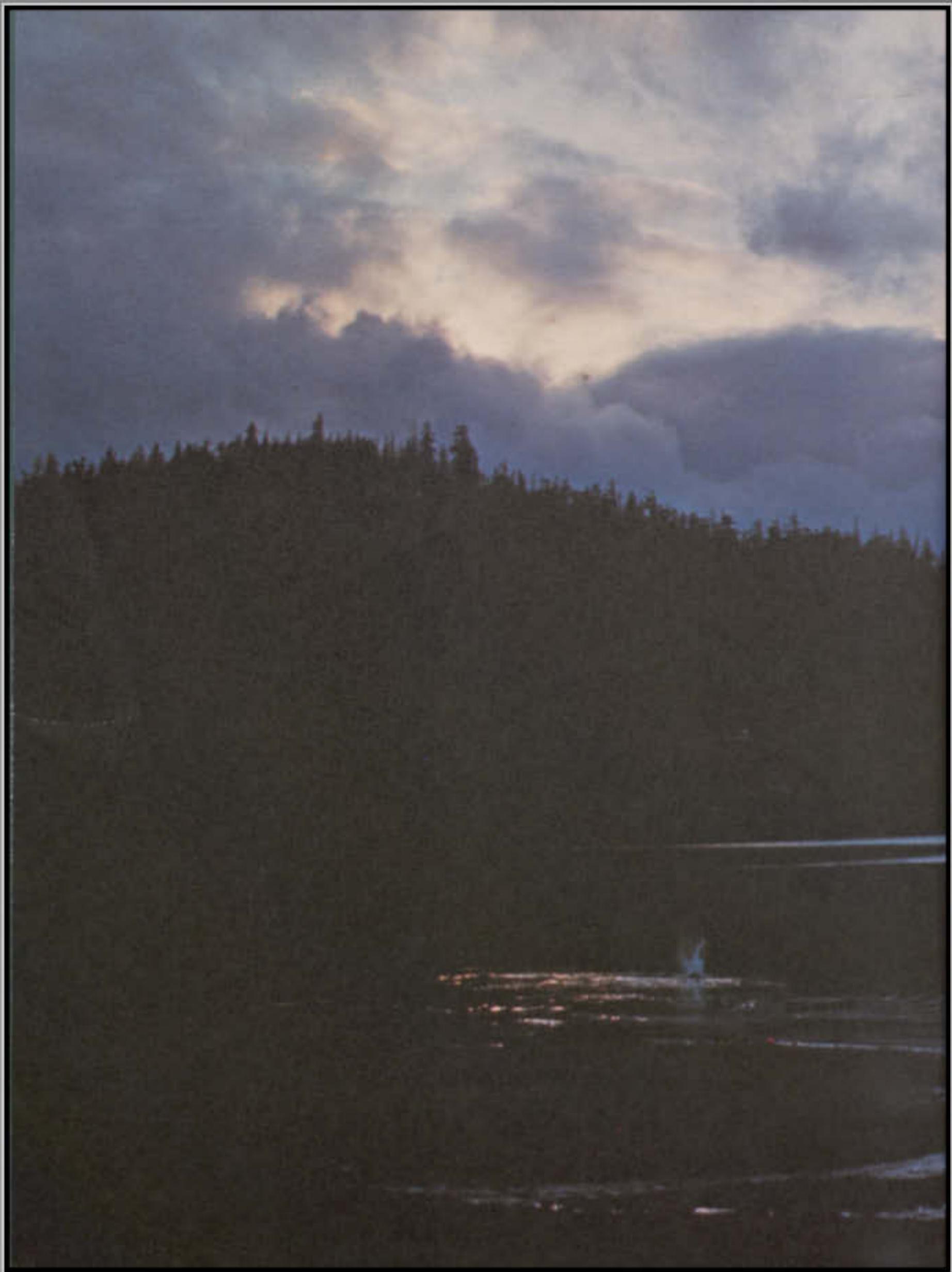
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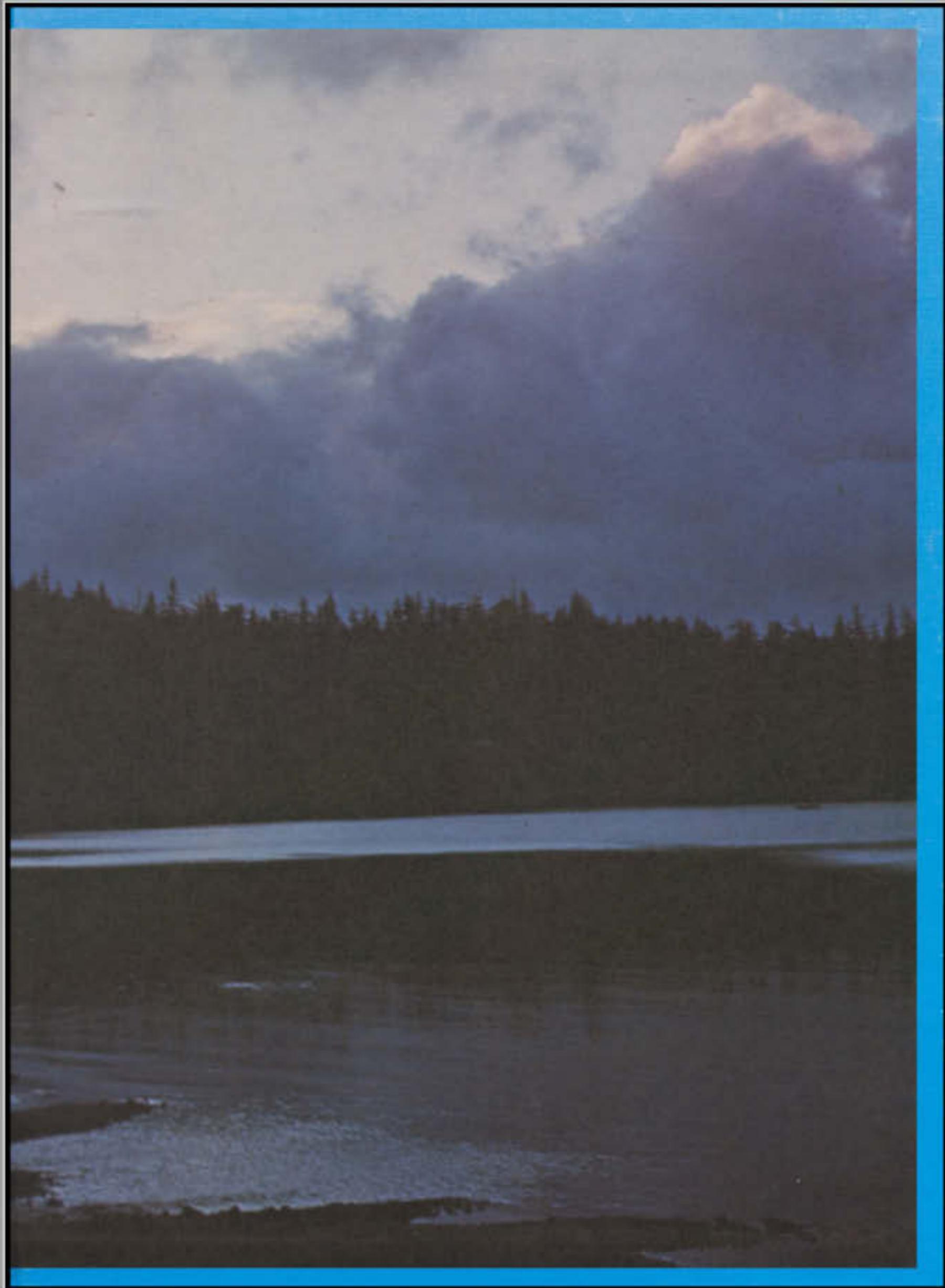


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