

# **Zach Gordon Youth Center Climbing Wall**

## **Goal:**

To offer a safe and adventurous new sport for the people of Juneau.

## **Objective:**

To provide a facility and instructors to teach rock climbing skills in a supervised environment.

## **Instructors:**

The instructors will be responsible for the safety for the climbers. Instructors are required to have at least two years of climbing experience.

## **General Duties of instructor:**

1. Opening the climbing wall.
2. Keeping gym locked while unattended.
3. Checking all climbers liability release forms.
4. Making sure mats are secured on the floor for safety.
5. Checking climber's equipment.
6. Keeping an accurate and updated logbook of equipment.
7. Belaying the climber.
8. General cleaning.

## **Education & Experience:**

1. Standard First Aid.
2. Workplace CPR
3. Must have at least two years of consistent climbing experience.

## **Participants:**

Participants must be eighteen or older to climb without parent signature on liability release form. If under eighteen participant must have a parent or legal guardian signature on their liability release form. Liability release forms are only good for one year. Instructions on knot tying, harnesses and belaying will be given on participants first day.

## **Equipment:**

Zach Gordon Climbing Wall will provide ropes, shoes and belay devices harnesses.

## **Climbing Wall Rules:**

1. No one is allowed in climbing when not occupied by instructor.
2. Liability release form must be signed and dated before participant is allowed on climbing wall.
3. Instructor must check safety equipment.
4. Only four climbers are allowed on the wall at a time.
5. Every belay will be anchored to the floor and use of a Gri Gri and locking carabiner is required.
6. Damage of the equipment is intolerable. Participant is required to pay for all damages caused.
7. The participants must follow all directions from the instructor.
8. No other activity is allowed in the wall other than climbing!
9. Long hair must be pulled back.
- 10.No use of drugs or alcohol is allowed before climbing.