



# 2025 MEN'S & WOMEN'S VOLLEYBALL

Please notify the Parks and Recreation office of any changes to the information below by calling our office at 907-586-5226 or emailing [parks.rec@juneau.gov](mailto:parks.rec@juneau.gov). Thank you!

## Men's Division 2 - Fridays @ DZ

AMT Dirty Mike & the Boys	Karter Koelsch Chris LaVallee	specialkko@hotmail.com bigtallchris1@yahoo.com	907-321-1308 907-209-2821
Band of Brothers	Dalton Wellard Aaron Corcoran	daltoney23@yahoo.com	907-500-2524 907-209-3224
Imperial Grill SMASHERS	AJ Votion	ajvotion@gmail.com	907-209-9910
Mavericks	Edric Carrillo	edriccarrillo.8@gmail.com	907-321-1109
Southeast Electric Smash	Dave Jones Richard Hayes	davejonescell@gmail.com wiresoutheast@gmail.com	907-957-8599 907-723-8019

## Men's Division 3 - Wednesdays @ DZ

Alaska Communications	Mitchell Cabrigas Ethan Roemeling	mitchellcabrigas@gmail.com ecroemeling@gmail.com	907-723-2245 907-957-6109
Brute Squad	Dirk Miller Demian Schane	foymill@gmail.com dschane@gmail.com	907-957-0616 907-209-2632
ChewBlocka	Ben Freas Alex Valentine	bfreas37@gmail.com	208-818-1910 928-846-7622
Coastie Cutters	Tee Cruz Kinney Blas	teeandebcruz671@gmail.com blas.kinney@gmail.com	207-385-7892 310-489-4119
Deez Netz	Kirt Stage-Harvey Jeremy Weske	kirt.stageharvey@gmail.com jtweske@gmail.com	907-500-2129 907-957-0932
Morning Service	Lucas Webber John Dimond	lwebber1993@gmail.com jadimond2@gmail.com	907-957-9203 907-723-1357
Net Neutral	Daniel Michrowski Austin Godden	dmichrow@yahoo.com brocknotten@gmail.com	818-324-1213 443-248-1080
Panhandle Heat Pumps Chillkatz	Adam Weed Robert Lumba	adamweed@gmail.com robert.lumba@alaska.gov	907-723-4402 907-723-4751
Renegades	Shay Wilson Dom Pannone	shay.wilson@gmail.com dom.pannone@gmail.com	907-321-8947
The Red Team	Don Andrew Roguska Benjamin Roguska	donandrewroguska@gmail.com benjaminroguska@gmail.com	907-723-7710 907-723-8915
2 Bump Chumps	Craig Capizzi	craig.capizzi18@gmail.com	801-879-2387
Ube Club	Mark Abril Rejie Villasan	marklouiabril@yahoo.com	907-500-8072 907-957-1903

### Women's Division 1 - Tuesdays @ DZ

Alaskan Dames	Kylie Ibias	kylieibias@gmail.com	907-419-0347
No Diggity	Krista Webber-Bontrager	krista_bontrager1@hotmail.com	907-723-5757
	Kimberly Ferrin	morriss.kimberly@gmail.com	907-723-9069
Sandbar & Grill	Rizza Marvel	rsmarvel@outlook.com	907-465-7115
	Chala Giron	chalaling@gmail.com	907-713-7455

### Women's Division 2 - Tuesdays @ DZ

Jump Around	Elisa Carrillo	gaytan.elisa@yahoo.com	760-989-2568
	Rebeccas Mathews	rmathews667@gmail.com	231-629-9408
Mostly Soccer Players	Cindy Eriksen	eriksencindy@gmail.com	907-209-1457
Net Ninjas	Setsu Iputi	setsuiputi@gmail.com	907-419-4468
	Ceivarenn Isaako	cisaako@gmail.com	
Notorious D.I.G.	Robyn Ramos	robyn23ramos@gmail.com	907-321-3310
	Sandy Empson	sandy_empson@yahoo.com	907-957-9319
Shaw Dental	Karla Nash	karla.r.nash@gmail.com	907-723-0500
	Mindy Shaw	mindyjshaw@icloud.com	907-723-8440
Sugar & Spike	Hilary Martin	hilvmar@gmail.com	907-317-7851
	Summer Baxter	s_sperl_80@yahoo.com	907-518-0858
Team Imperial	Hannah Wilwert	hannah.wilwert@gmail.com	907-723-2227
	Danielle Larson	dmlarson85@yahoo.com	907-723-9226
Wolfpack	Julia Frost	juliamaryfrost@gmail.com	907-957-2249
	Katie Mae Harms	katie.m.harms@gmail.com	727-465-8063

### Women's Division 3 North - Thursdays @ DZ

Bumpin' Ugliers	Sydney Akagi	spakagi@gmail.com	907-209-8779
	Riley Stadt	stadtriley01@gmail.com	907-723-5855
Busta Spike/ Spearfish Coffee Co.	Krista Staveland	kbell6@yahoo.com	907-723-1445
	Jonelle Staveland	jstaveland@yahoo.com	907-723-3879
Emerald Glass Kickers	Kaili Nielsen	kailimae@hotmail.com	907-738-6099
	Amanda Triplett	iamatriplett@gmail.com	907-500-8283
Hot Shots	Cassandra Chase-Wilson	cassandra.a.chase@gmail.com	907-723-8539
	Jeana Varney	jeanavarney@gmail.com	417-349-0906
J&J Cleaning	Jennifer Katzeek	ajkatzeek@gmail.com	907-209-9322
	Margaret Katzeek	katzeekm@hotmail.com	907-723-3695
Taku Aceholes	Jessica Liska	86liska@gmail.com	907-209-8489
	Suzanne Trucano	suzannebavard@hotmail.com	907-209-3264
That's What She Set	Trisha Lee	lipperbb@yahoo.com	907-209-2355
	Alice Johnson	alee_05_bball@yahoo.com	907-957-1249
Volley Vixens	Sarah Murray	saracrearick@gmail.com	907-957-2351
	Keri Mell	kerimell@hotmail.com	907-209-1602

Women's Division 3 South - Mondays @ FD

Hammer Hitters	Ilea Belcourt Rebecca Miller	belcourt.ilea@gmail.com bec99801@gmail.com	907-796-8769 907-723-1102
Massage Anew: Team Titans	Samantha Cabrigas Donna Bauer	smcabrigas2011@hotmail.com donnafaybauer@gmail.com	907-209-8869
McDiggin's	Jemaica Bernaldo	tabbadajemaica@hotmail.com	907-723-4062
Mountainside Mavens	Barb Lake Tina Peyerk	barb.lake18@gmail.com tina.peyerk@gmail.com	907-500-2078 907-957-7522
Pass & Hitties	Rylee Landen Ruth Roys	carmacklanden@gmail.com rutha.roys@gmail.com	907-500-2393 907-723-9941
The Grind	Brianna Rusanowski	brirusanowski@gmail.com	907-723-6197
Ube Squad	Clare Punongbayan Divina Rotano	agnes.punongbayan@hotmail.com divinamarie.rotano@gmail.com	907-957-8434 907-957-9128

Women's Division 4 - Sundays @ DZ

Aurora's Services	Alisha Sell Kassie Struble	alaskarose@hotmail.com kassiestruble@gmail.com	907-321-2563 907-723-5117
Balls Deep	Jessica Krueger Kylee Clauder	krueger.jessica2013@gmail.com kyleeclauder@hotmail.com	701-690-6490 907-723-8067
Blister Sisters	Adela Florendo Rose Foley	delaflorendo@yahoo.com fairweatherfireweed@yahoo.com	907-723-2395 907-723-8802
Flying Squirrels	Toi Gile Amanda Swanson	tazmans@gci.net amandalynn1@gci.net	907-321-9775 907-723-9739
Free Ballin'	Casandra Markovich Ana Corcoran	casandra.markovich@gmail.com ana.corcoran@hotmail.com	907-321-1102 907-957-5011
Hard Hittin' Mamas	Rachelle Cummins Tiffany Listberger	rachellecummins@outlook.com	907-500-5460
Healing Hustlers	Meghan Dihle Jandi Love	meghandihle@gmail.com jandi_kay@outlook.com	907-500-3821 907-723-4339
Kiss My Pass	Nickie Saceda-Hurt Alyssa Storbeck	ncsacedahurt@yahoo.com alyssa.storbeck@gmail.com	907-209-0982 973-459-0909
My Lovely Lady Bumps	Maureen Michrowski Wendy Byrnes	maureen.lare@gmail.com wendybyrnes.31@gmail.com	614-531-6656 907-723-6248
Setsy Ladies	Joyce Anne Carlson Winneth Ramirez	joyceanne.carlson@yahoo.com w1nn3th143@yahoo.com	907-209-9598
Spikers Anonymous	Rachel Gearhart JoLynn Shriber	roach808@hotmail.com jolynnshriber@gmail.com	907-401-0139 907-957-7955
Volleykyries	Rebecca Gaguine Margaret Shorey	poppymonkey@gmail.com margaret.shorey@gmail.com	907-723-3015 907-209-5823

## Player Advisory Board

The Player Advisory Board was established to serve the league as a catalyst for organizing players and to provide assistance to the Department. If you, as a player, have comments or questions about the league, the 2024 Player Advisory Board members are:

Chris Brown	907-209-8552 907-586-1075	Chris Hustman	907-321-1341
Hilary Martin	907-317-7851	Scott Jordan	907-465-5723 907-523-5203
Vacant Position		Vacant Position	

## Facility Rules

Please treat all facilities appropriately and abide by the rules below:

1. Enter and exit from the main entrance only. First game; enter no more than ten minutes prior to scheduled match time.
2. Park only in approved areas. Illegally parked cars may be towed at owner's expense.
3. All children under the age of 9 brought to the gym must be closely supervised by an adult not participating in any capacity in the program. All children are to remain in the area designated for spectators while any games are in progress. Failure to comply with this rule will be addressed to the team manager.
4. After the last game of the evening, the winning teams must take down nets and put away equipment. Please leave gym in as good of condition as you found it in. This should be done immediately after completion of the last game.
5. No glass containers are allowed in the gym.
6. NO EATING OR DRINKING INSIDE THE SCHOOL. Exception: Water either from the fountains or brought to the gym in a plastic container.
7. No smoking is allowed inside the school or on school grounds.
8. Participants must wear court-approved shoes. Black or blue-soled running shoes, street shoes, hiking boots, or any shoe that marks the court surface are not allowed on the court.
9. Be considerate of groups using the facility before and after your scheduled time.
10. Please dispose of all litter properly. Let's keep our facility clean!!
11. No chewing tobacco and/or spitting of any kind in the gymnasium.

## Additional Information

**AWARDS** - T-shirts for league champion and t-shirts for post-season tournament champions will be awarded.

**ADDITIONS** - Players may be added to rosters by registering online at [bit.ly/registerCBJparks](http://bit.ly/registerCBJparks) and paying the \$55 + tax player fee. No registration can be taken at the gym. Players are eligible to play the same day they register.

**REGISTRATION DEADLINES** – October 10, 2025 is the last day to add players, switch rosters, or change divisions.

**SECOND OFFICIAL** - The column on the right-hand side of the game schedule signifies which team will provide the second official for that game. Officials should be at the matches 10 minutes early. Teams only officiate their own divisions. The second official will be in charge of keeping score and calling the line, and helping the lead official with calls at the net and within the 10-foot area. With your help, teams can monitor the second official and report to Parks and Recreation any no shows or complaints about the second official. There will be a \$15 per match fee assessed to teams that do not provide this second official, which is to be paid at Parks and Recreation by 2:00 p.m. the day of the team's next scheduled match. Failure to pay the fine will result in the team forfeiting that evening's matches.

**OFFICIALS (DIVISION 1 and 2)** - Division 1 and 2 teams provide the official and second official for their division. The column on the right-hand side of the game schedule signifies which team will provide the officials for that game. Officials should be at the matches ten minutes early.

**GAMES OFFICIALS** - Games officials are needed. If you are interested in becoming a volleyball official, please contact Juneau Parks and Recreation at 907-586-5226.

## Additional Information (cont'd)

**CANCELED GAMES** - When a team has given two business days (15 working hours) advance notice to the Parks and Recreation office that they are unable to play a scheduled game, the forfeit fee is waived and the game is not rescheduled.

**FORFEITS** - Teams that forfeit a match for lack of the required four players necessary to start the game will be fined \$15 per match. Forfeit fees must be paid by 2:00 p.m. the day of a team's next scheduled match. Forfeit fees are paid to the opposing team at the end of the season.

**GAME BALLS** - Each time you are home team, you are to provide the game ball.

**SCORES** - The manager of the winning team is responsible for emailing in a photo of the final scoresheet to [game.scores@juneau.gov](mailto:game.scores@juneau.gov).

**PUTTING UP NETS** - On the schedule, those teams designated with an asterisk (\*) will be responsible for putting up the nets. The winning teams playing the last match will be responsible for taking the nets down and putting the equipment away in its proper place.

**GAME NIGHTS** - Each division will be scheduled to play one set night throughout the season. If a scheduling conflict occurs, games will be placed in other available times.