



Families –

I am sending out some reminders to help our outdoor soccer season get underway safely. If you have questions, please let me know!

- 1) **Illness & Covid-19:** if you or your child are sick, please stay home! If you or your child test positive for Covid-19, you will need to contact P&R within 24 hours
- 2) **Shin Guards:** Shin guards are required for a child to practice or play. Children without shin guards will not be allowed to participate in either games or practices.
- 3) **Fire lanes:** Please do not park in the fire lanes. I know that parking can be a hassle, but keeping those lanes clear will ensure that emergency vehicles can access the schools quickly and safely. We have had to call for emergency services at games and the vehicles could not park in the fire lanes due to cars parked there.
- 4) **Coaching from the sidelines:** Parents should refrain from coaching from the sidelines. Coaches should be the only voice giving direction to the players on the field. Parents should yell positive encouragement and cheer loudly for both teams.
- 5) **Rainy weather and cancelling games/practices:** As we all know, our summers can have a lot of rain. Games will continue unless cancelled by a referee or the Recreation Coordinator III. If a coach feels the field is unsafe, they may discuss it with the referee and other coach and cancel a game. Cancelling practices is up to the coach for that specific day.
- 6) **Shoes:** gym shoes or rubber-molded cleats are the only shoes allowed on the fields for practice or games.
- 7) **Jewelry and hats:** please remove all jewelry before play, including earrings. If your child's ears were recently pierced, please cover with athletic tape. Hard brimmed hats are not allowed on the fields.
- 8) **Seating at the fields:** Most fields will have bleachers for families. If your child is at JDHS turf or TMHS, you may bring a lawn chair. Please respect the boundaries of play and do not go onto the field unless a coach has asked you to.
- 9) **Pickup and drop off:** Please make sure a coach is at the field when you drop off your child. Occasionally, coaches run late and there may not be an adult waiting at practice or game time. Please make sure you are able to pick your child up within 5 minutes of the end of practice or games.
- 10) **Helping with the team:** Our coaches are volunteers and may ask the families on the team for help. Every team will be asked to supply a linesman for games. You may also be asked to help on the sidelines with getting the team ready or snack schedule. Thank you in advance for doing this!
- 11) **Youth Games officials:** our referees are all kids. If they miss a call, please do not yell or boo at them. We have a zero tolerance policy for yelling or harassing referees.
- 12) **Code of Conduct:** There is a standard of conduct expected from every person associated with the Juneau Parks & Recreation youth sports program. Game and league rules control

participant conduct on the field during league play. Participants must also be responsible for their conduct during practices and when not actively participating in a game. Appropriate conduct also relates to coaches, parents, referees, and P&R staff. Inappropriate conduct can be any of the following but is not limited to: hitting, pushing verbal abuse, intimidation, alcohol or drug use prior to/during games and practices and poor sports conduct.

- I will not yell at officials, coaches, other adults or my child while they are playing
- I will not ridicule anyone involved in a youth sporting event
- I will not curse or use abusive language
- I will not coach from the sidelines
- I will not use any form of electronic media (Facebook, Twitter, etc) to harass, verbally assault or bully any member of the Parks & Recreation program
- I will not disrupt coaches during meetings, games or practices
- I will demonstrate good sportsmanship by being supportive of all players, coaches and officials at every game, practice or youth sport event.
- I will remember that this program and game is for kids, not ADULTS

Thank you all! We are so excited for this season!

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