

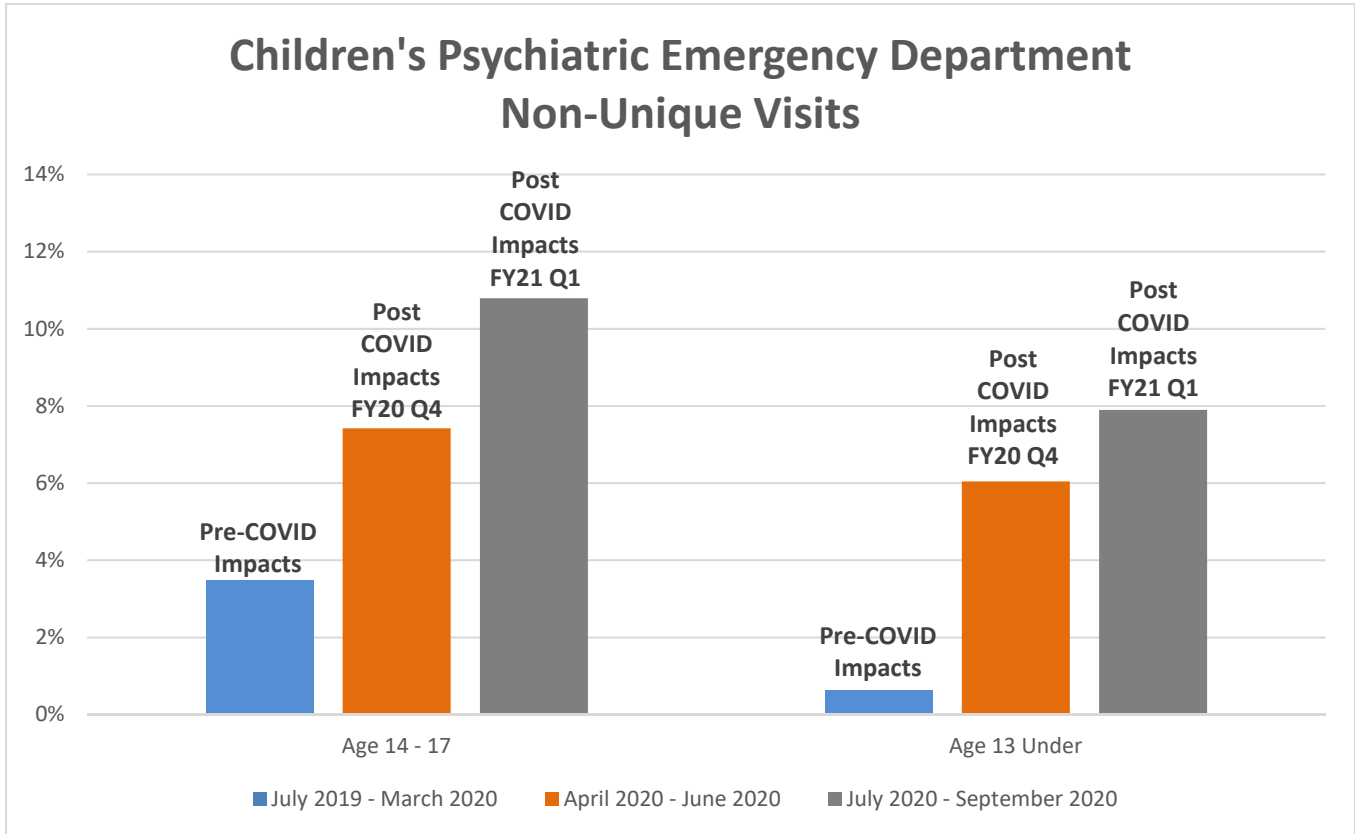
Bartlett Regional Hospital

3260 Hospital Drive, Juneau, Alaska 99801

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www.bartletthospital.org

Impacts of COVID-19 on Children’s Mental and Behavioral Health Update 11.5.2020



Age 13 and Younger	Number	Percentages	Monthly Average
July 2019 – March 2020 (3 Quarters)	6	1%	1
April 2020 – June 2020 (FY20 Q4)	22	6%	7
July 2020 – September 2020 (FY21 Q1)	30	8%	10
Age 14 – 17	Number	Percentages	Monthly Average
July 2019 – March 2020 (3 Quarters)	33	3%	4
April 2020 – June 2020 (FY20 Q4)	27	7%	9
July 2020 – September 2020 (FY21 Q1)	41	11%	14

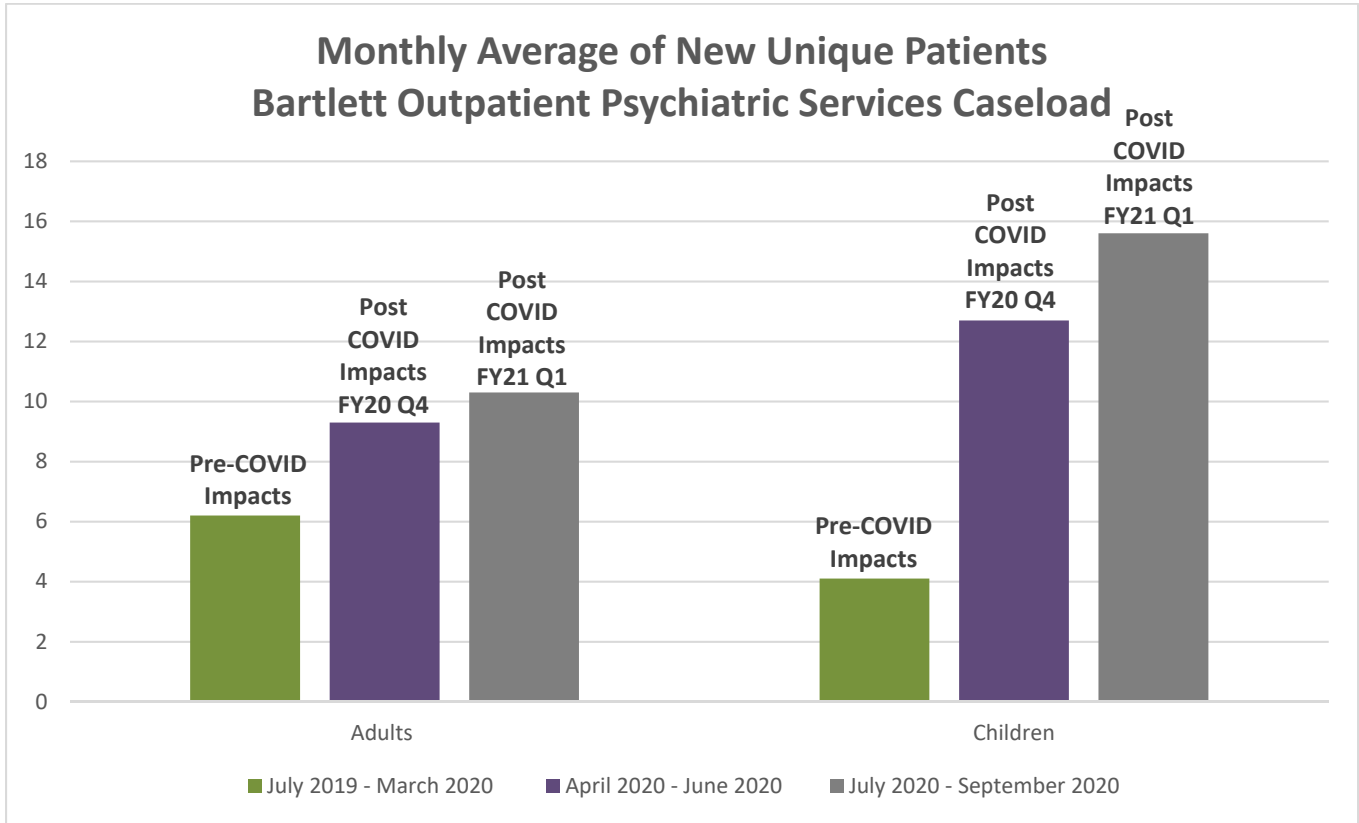
- A majority of the children and adult patients assessed during the April 2020 – June 2020 period expressed this was their first time experiencing a Behavioral Health Crisis. Patients communicated a sharp increase in depression, anxiety, and substance misuse due to stressors around their employment, housing, and family, due to impacts of COVID-19 on their lives.
- Stressors communicated by youth included isolation from their social support networks, lack of sports, and struggles with school during the academic year.

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Adults 18 and Older	Number of New Patients	Monthly Average
July 2019 – March 2020 (3 Quarters)	56	6.2
April 2020 – June 2020 (FY20 Q4)	28	9.3
July 2020 – September 2020 (FY21 Q1)	31	10.3
Children 17 and Younger	Number of New Patients	Monthly Average
July 2019 – March 2020 (3 Quarters)	37	4.1
April 2020 – June 2020 (FY20 Q4)	38	12.7
July 2020 – September 2020 (FY21 Q1)	47	15.6

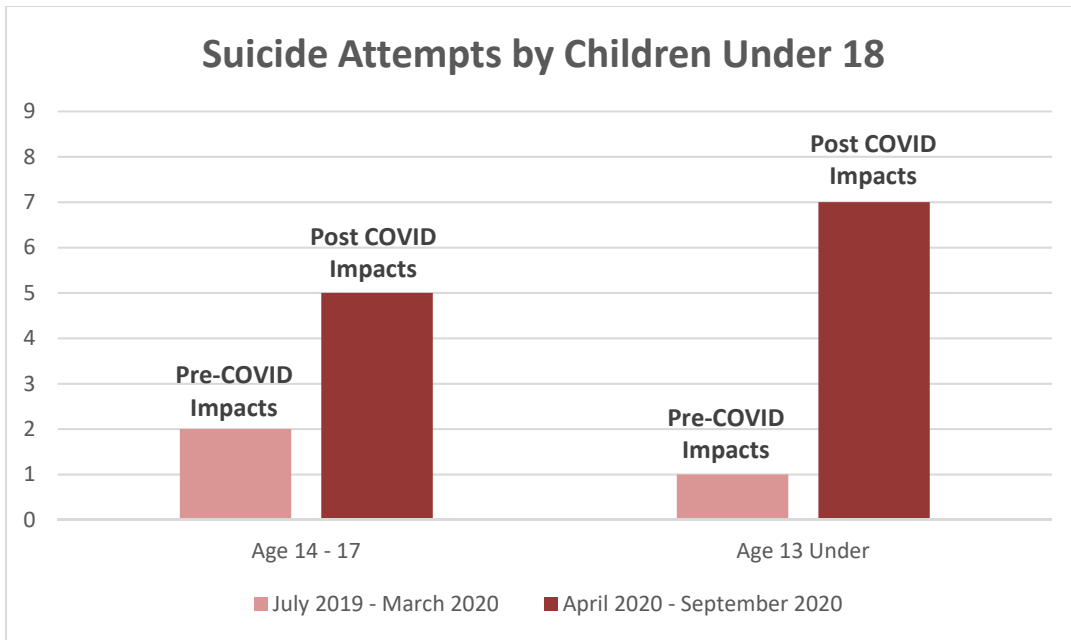
- During the July 2019 – March 2020 pre-COVID period, Bartlett Outpatient Psychiatric Services evidenced an average of 4 new child intakes per month (ages 17 and under).
- During the April 2020 – September 2020 post-COVID Impacts period, Bartlett Outpatient Psychiatric Services evidenced an average of nearly 13 new child intakes per month in FY20 Quarter 4, and nearly 16 new child intakes per month in FY21 Quarter 1. (ages 17 and under).
- Stressors communicated by youth included isolation from their social support networks, lack of sports, and struggles with school during the academic year.

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Suicide Attempts in Children 17 & Younger	Age 14 – 17	Age 13 and Under
July 2019 – March 2020 (3 Quarters)	2	1
April 2020 – September 2020 (2 Quarters)	5	7

Data represents patients seen in the Bartlett Regional Hospital's Emergency Department and Bartlett Outpatient Psychiatric Services, and is not inclusive of other mental and behavioral health providers in Juneau. Data sourced from Bartlett Behavioral Health.