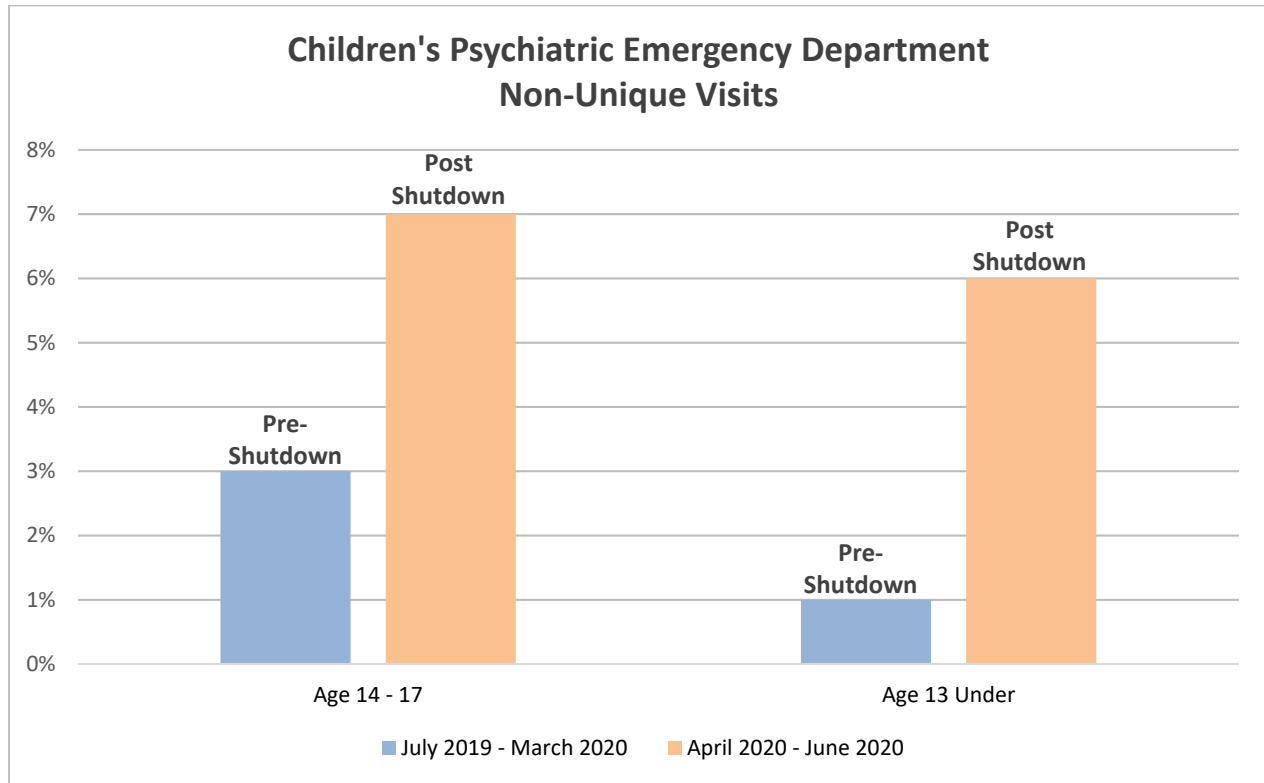
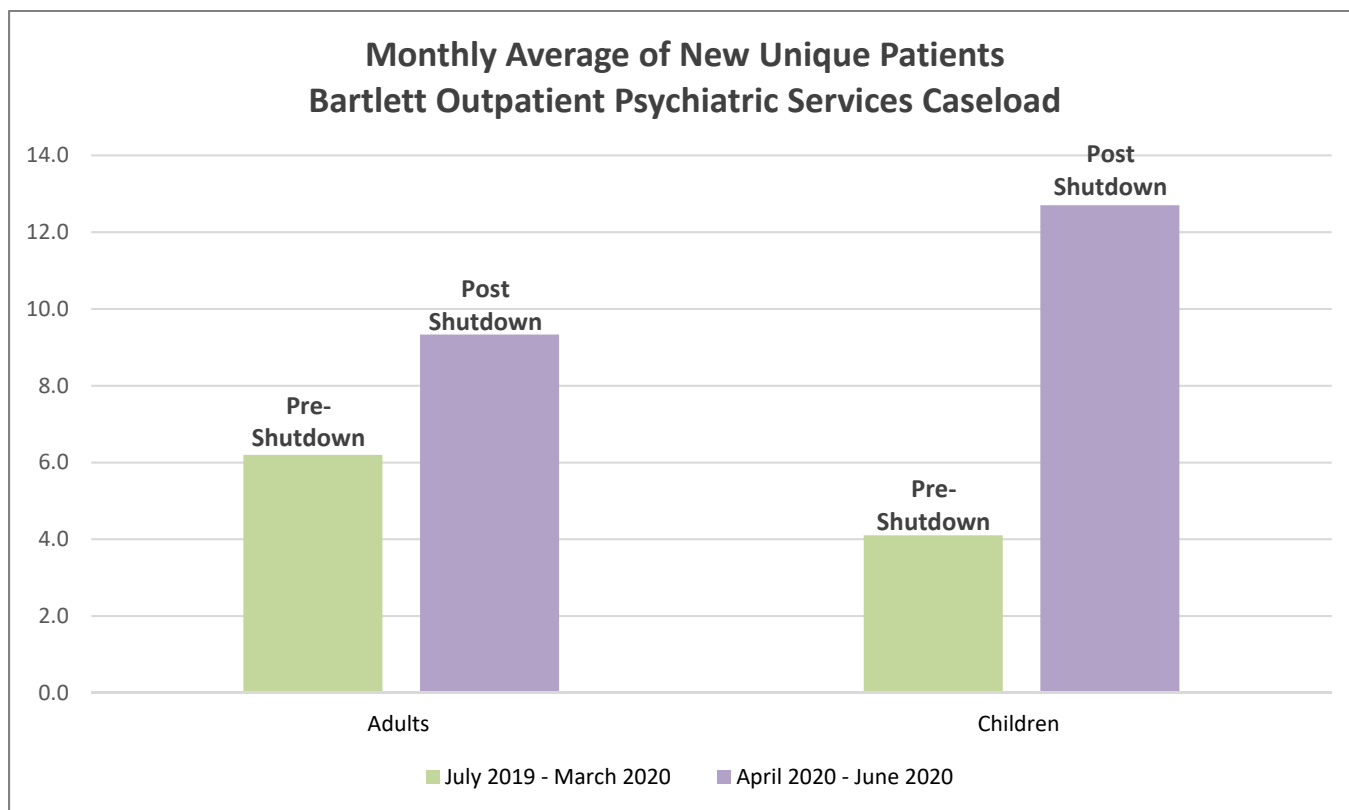


## Impacts of COVID-19 and the Related Shutdown on Children's Mental and Behavioral Health



July 2019 – March 2020	Number	Percentages	Monthly Average
18 and Above	911	96%	101
14 – 17	33	3%	4
13 and Under	6	1%	1
April 2020 – June 2020	Number	Percentages	Monthly Average
18 and Above	315	87%	105
14 – 17	27	7%	9
13 and Under	22	6%	7

- Nearly 50% of the children and adult patients assessed during the April 2020 – June 2020 period expressed this was their first time experiencing a Behavioral Health Crisis. Patients communicated a sharp increase in depression and anxiety due to stressors around their employment, housing, and family stress, due to impacts of COVID-19 on their lives.
- Stressors communicated by youth included isolation from their social support networks, lack of sports, and struggles with school during the last quarter of the 2019 – 2020 academic year.



July 2019 – March 2020	Number of New Patients	Monthly Average
Adults 18 and Above	56	6.2
Children 17 and Under	37	4.1
April 2020 – June 2020	Number of New Patients	Monthly Average
Adults 18 and Above	28	9.3
Children 17 and Under	38	12.7

- During the July 2019 – March 2020 period, Bartlett Outpatient Psychiatric Services evidenced an average of 4 new child intakes per month (aged 17 and under).
- During the April 2020 – June 2020 period, Bartlett Outpatient Psychiatric Services evidenced an average of nearly 13 new child intakes per month (aged 17 and under).
- Stressors communicated by youth included isolation from their social support networks, lack of sports, and struggles with school during the last quarter of the 2019 – 2020 academic year.

*Data represents patients seen in the Bartlett Regional Hospital's Emergency Department and Bartlett Outpatient Psychiatric Services, and is not inclusive of other mental and behavioral health providers in Juneau. Data sourced from Bartlett Behavioral Health.*